

FEEDING BRAINS

Why Studious Children Always Crave Oatmeal

Nature gives oats more organic phosphorus than to any other grain she grows. And phosphorus is the brain's main constituent. Brains can't grow, brains can't work without it.

Oats also contain more lecithin—the nerve food—than any other grain. They form our greatest energy food.

That's why growing children love oatmeal. Some instinct within them calls for these elements, and woe to the child who doesn't get all it wants.

The right oats for food are the rich, plump grains. In the choicest oats there are but ten pounds to the bushel. In making Quaker Oats these choice grains are selected by 62 separate siftings.

Quaker Oats—just the cream of the oats—costs but one-half cent per dish. One dish is worth two dishes of common oatmeal. Don't you think it would pay to serve your children such oats?

Made in Canada. (172)

Don't Wear A Truss

Ten Reasons Why You Should Send For My New Appliance

I Send It On Trial

It is absolutely the only Appliance of the kind on the market to-day, and in it are embodied the principles that inventors have sought after for years.

The Appliance for retaining the rupture cannot be thrown out of position.



The above is C. E. Brooks, of Marshall, Mich., who has been curing Rupture for over 30 years. If ruptured write him to-day.

Being an air cushion of soft rubber, it elings closely to the body, yet never blisters or causes irritation.

Unlike the ordinary so-called pads, used in trusses, it is not cumbersome or ungainly.

It is small, soft and pliable, and positively cannot be detected through the clothing.

The soft, pliable bands holding the Appliance do not give one the unpleasant sensation of wearing a harness.

There is nothing about it to get foul, and when it becomes soiled it can be washed without injuring it in the least.

There are no metal springs in the Appliance to torture one by cutting and bruising the flesh.

All of the material of which the Appliances are made is of the very best that money can buy, making it a durable and safe Appliance to wear.

My reputation for honesty and fair dealing is so thoroughly established by an experience of over thirty years of dealing with the public, and my prices are so reasonable, my terms so fair, that there certainly should be no hesitancy in sending free coupon to-day.

Remember I send my Appliance on trial to prove what I say is true. You are to be the judge. Fill out free coupon below and mail to-day.

FREE INFORMATION COUPON

C. E. Brooks, 5295 Brooks Bldg., Marshall, Mich.

Please send me by mail in plain wrapper your illustrated book and full information about your Appliance for the cure of rupture.

Name.....
 Street.....
 City.....State.....

TRADE TOPIC

A DIFFICULTY OVERCOME—In the last few years, swinging stanchions have come to be recognized as the ideal tie for cows. While allowing them the maximum of freedom and comfort, they keep cattle better in place in their stalls than any other form of ties. A cow is free to lie down on either side, and to card herself without hindrance, but she cannot move to or from the gutter, so that the part of the floor, on which she is, will remain practically clean. Stanchions are also the quickest ties to operate, as cattle can be tied or untied in one-sixth the time necessary with chain ties. One difficulty, however, has arisen with the use of steel stalls and stanchions, namely, that of getting the cows to put their heads into the open stanchions, and not to the one side of them when entering the stalls. When they enter to the wrong side or to the back of the stanchion, considerable time is lost in getting them into their right places. Owing to the openness of the construction used with steel stalls and swinging stanchions, a frightened animal would sometimes enter its stall to the wrong side of the stanchion, and then crowd right on through into the manger and feed alley. To overcome this difficulty, some firms have adopted double-post stalls, but these double-post stalls are objectionable, as they prevent the cow from turning her head around to card herself, or to bring it round on her side when she is lying down. An entirely new idea that overcomes the difficulty splendidly, has just been placed on the market by Beatty Bros., of Fergus. A swinging post, or sure-stop post, as they call it, stands between the stanchion and the stall post, making it impossible for the cow to put her head anywhere but in the stanchion. It makes it entirely impossible for any animal to get into the feed manger or feed alley. After all the stanchions are closed, with one pull of a lever, all the sure-stop posts are swung back against the partitions, so that they in no way interfere with the freedom of the cows. The swinging sure-stop post adds very little to the cost of the stall, and is considered by all who have seen it, a necessary part of a stall. See Beatty Bros.' advertisement on another page in this issue.

GOSSIP

At the dispersal sale of the flock of Lincoln sheep, the property of J. E. Caswell, at Laughton, Lincolnshire, March 30th, the average for 127 head sold was \$22.50. The first pen of five ram and ewe lambs brought \$55 per head. A pen of five yearling ewes made \$21.50 each.

Eight imported Clydesdale stallions, three to seven years old, bred in the purple, good doers and in ideal condition for the season, are offered in his advertisement, by T. H. Hassard, Markham, Ont., at moderate prices, and on easy terms. These are good, big horses, of desirable type and quality, and by some of the best sires in the Old Country. Markham is easy of access, twenty miles from Toronto, on the C. T. R., and three miles from Locust Hill, C. P. R., and visitors will be met at either station on shortest notice. Mr. Hassard invites inspection of these horses, and is confident they will give satisfaction to purchasers.

Bishop Watterson, of Nebraska, was never at a loss for an answer to impertinent questions. One day he met a man on the train who mistook him for a travelling salesman, and started in to quiz the Bishop.

"Do you represent a big house?" he began as an opener.

"The very biggest on earth," replied the Bishop with a twinkle in his eye.

"What's the name of the firm?" continued the questioner.

"Lord and Church," smiled the Bishop, pleasantly.

"Hum! 'Lord and Church!' Never heard of it. Got any branch houses anywhere?"

"Oh, yes, indeed, branch houses all over the world."

"Hum! That's queer! Never heard of them. Is it boots or shoes?"

"Neither."

"Oh, I see; dry goods, I suppose."

"Well, yes; they do call my sermons that sometimes."

Peerless Fences cost the least per year of service

THE longer a fence lasts the less it costs you. That is why Peerless Fence is the cheapest you can buy. It is made right in the first place. Heavy steel wire, well galvanized so that it cannot rust. Each intersection is held firmly together by the Peerless lock. Peerless Poultry Fencing is made to give long and satisfactory service. It is strong enough to keep the cattle out and close enough to keep the chickens in. It requires few posts, because it stands stiff and taut. Peerless Lawn Fence will add to the appearance of any property. It is attractive and strong—will last for years.



I have compared some of your Peerless Fencing that I put up the first year with other fences put up the same year and I find that Peerless Fencing shows no sign of rust, and the galvanizing looks as good as when erected, and I think you have been successful in turning out a good fence.

—Mack Lillis, Glenburnie.

Comparing your fence with other makes it is not hard to tell which is the best. There is no sign of rust on the first Peerless Fencing I put up here, and there are some other makes that were put up about the same time that are rusted in spots now. Where I have sold fencing once I can go back and sell to them again.

—G. A. Peraplect, Oxford Mills.

We manufacture a full line of farm and ornamental fencing and gates.

THE BANWELL HOXIE WIRE FENCE CO., Ltd.
 Dept. B, Winnipeg, Manitoba Hamilton, Ontario

Sharp, Stiff Discs and Sure-Cleaning Scrapers

When you require a Disc Harrow, be sure and examine the "Lion." It is one of those famous Frost & Wood machines that work so satisfactory. The sharp, stiff discs will pulverize and loosen the surface of the land just exactly right. Even if the soil is sticky the "Lion" works O.K., because it has sure-cleaning Scrapers that absolutely prohibit the discs from getting clogged. Two horses handle the "Lion" comfortably and there is no side draft. It is built of the very best materials throughout, as is all Frost & Wood farm machinery.

Frost & Wood Co., Ltd., Smith's Fall, Canada

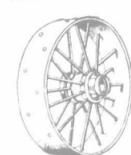
Please send for catalogue F 42 and get complete particulars about Frost & Wood in-throw and out-throw harrows.

Frost & Wood "Lion" Disc Harrow

This Wagon Will Carry Heavier Loads At a Saving of Time and Horses



T-K Wide-Tire Steel Wheels Make Farm Work Lighter



The farmer who investigates at once sees points of great superiority in these wheels. He sees the reason for wide steel wheels, staggered spokes and indestructible hub. He sees why, under any road condition, there is no danger of accidents, side strain or wear on his farm wagon, and how it is possible to haul 25 to 50 per cent. greater load without tiring the horses. There are other points of superiority. Write for catalogue, and learn how farm work is made profitable with our vehicles and equipments.



TUDHOPE-KNOX CO., LTD., ORILLIA, ONT.