

# Fresh Meat

Meat, when used fresh, is more palatable and desirable than when salted or cured. On the farm, where there is no ice or cold storage of any kind, it is very difficult to keep meat fresh during the summer months, and only a small amount can be handled at a time. It may, however, be kept for a few days, or even a week, in a cool cellar, where there is a free circulation of dry air, and flies and insects cannot get at the meat.

A very convenient means of keeping a supply of fresh meat, most of the time, is where two farmers kill a veal or sheep every week or so, and divide the carcass. After the meat is cut into convenient-sized pieces, it may be sprinkled with salt, which will greatly add to its keeping qualities.

During the winter months there is usually no difficulty in keeping fresh meat. It can be frozen in packed in snow, and kept in good shape. The most convenient way is to cut the carcass into desirable pieces for home use, and then put them out to freeze. Lay each piece out separately, so that it will freeze thoroughly. After this it may be packed in a box or barrel and kept frozen.

To freeze a quarter of beef, and hang it in some place where it will remain frozen solid, is not so satisfactory as cutting it into small pieces, because it is more difficult to handle when a piece of meat is desired. Avoid alternate freezing and thawing of meat, as that makes the meat flabby and also makes it lose its flavor.

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## Opinions on Referendum Results

Just Fanny, Peterboro Co., Ont.  
Here I am again! You see, I don't believe in letting the grass grow under my feet, but drop in occasionally to remind Farm and Dairy Home Department readers that I am interested in what is going on in this department.

I was quite pleased to read the results of Farm and Dairy's Referendum in the March 19th issue, which showed that 360 of my sisters voted on the important questions contained therein. It seems to me that that was a fairly good representation from the women folk, considering that there were only 510 ballots cast by the men. This is just the beginning, and if Farm and Dairy makes the Referendum an annual affair, as they evidently intend doing, we will be prepared to cast our votes in larger numbers next year.

Before leaving the family circle I would like to leave an idea with the readers which I read a few days ago, and it struck me as being a splendid labor-saver. It was this: Secure a shallow market basket of unyielding splints, and having a reliable handle, to be used when setting and clearing away the table. Line the basket with fresh papers from day to day to ensure cleanliness.

By means of the basket one trip to the cellar or store room will suffice in getting and in putting away the food. The basket is much handier than a tray for this purpose, because it can be hung on the arm, leaving the hands free to open and close doors or to hold other necessities for the meal. After the meal is over the basket can again be put to good use in carrying the soiled dishes to the kitchen sink and can be returned after being washed in the same way.

Of course, the dinner wagon, which is ever growing in popularity, is a much more convenient contrivance; but for those of us who cannot at present see our way clear to have a dinner wagon, we can make good use of the market basket idea.

I would also call to the attention

of the women folk a special bulletin which has recently been published, entitled "Sewing, Darning and Patching," compiled by Miss Della Hughes of Toronto. This bulletin contains much valuable information along all lines of sewing, and would be well worth careful perusing by everyone. In her introduction, Miss Hughes says, "In sewing as in every other work, perfection, beauty and endurance depend upon a thorough knowledge of the rudiments, as well as the details of construction." This bulletin may be secured on application to the Institutes Branch of the Ontario Department of Agriculture at Toronto. Mine only cost me a post card, and I consider myself well paid for the trouble.

Sometimes in severe illness, the hair cannot be combed and becomes so matted it is difficult to comb the tangled locks. When this occurs saturate the hair with alcohol, and the tangles will disappear under brush and comb, like magic.

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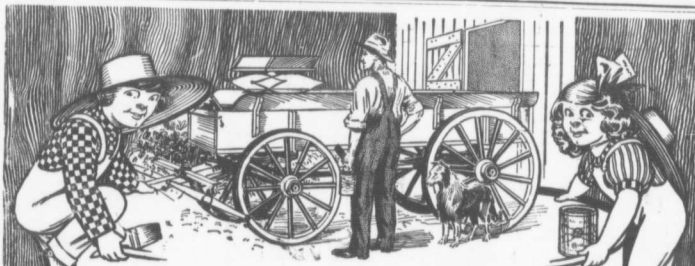
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