

World of Missions.

Wherahiko Rawel, the native Maori of New Zealand, who lectured on Maori land in America last year, was converted at the age of twelve, and has been led to seek the uplifting of his people. He is an eloquent and successful evangelist, and has now undertaken to establish an orphanage in a very simple and inexpensive way, in hope that by bringing Maori children under the influence of both the best physical and spiritual conditions he may not only save them, but help to save the Maori race from extinction. At present the race seems open to many hostile influences, which prey upon their bodies, by exposing them to epidemic diseases, etc. Proper sanitary conditions and habits are as indispensable to their physical well-being as a pure Gospel is to their spiritual progress.

How the Gospel Ends Strife.

Between the people of Toro and Bunyoro, neighboring countries in Central Africa, there has long been enmity. This unhappy division has now been righted in a remarkable way. Recently a missionary from Bunyoro visited Toro and appealed to the Christians for volunteer workers for their less fortunate neighbors the Bunyoro, and 10 young men immediately came forward. Four were chosen and sent at once, and afterward the Christian king, Kasagama, and several big chiefs, went themselves to Bunyoro. Later a special service was held, 800 being present. After the ordinary service opportunity was given to the Toro Christians to give a few words of testimony. One man said: "The last time we came to you here, in this country, we came with shields and spears in our hands and hatred in our hearts; now we stand before you with God's Word in our hands and His love in our hearts. We ask you, our brothers, to lay down your burdens, as we have done, and to trust in Jesus Christ our Savior."

Protestantism in France not Decadent.

Pastor Charles Merle-D'Aubigné replies to Mr. Richard Heath's article on the decay of Protestantism in France in *The Contemporary* for last November, and cites encouraging figures to the contrary, which show that in the centers of population it is increasing. In 1835 Paris had only 10 Protestant churches, to day there are 105 in the city and suburbs. In 1857 there were only 738 pastors in France, now there are more than 1,200. Whole villages have here and there come over to the Protestant faith, and have been found faithful; while they have never had so many candidates for the ministry, the theological halls having double as many students under instruction as was the case thirty years ago. Though the whole of French Protestants number less than the population of Glasgow, they contribute £267,000 annually toward the support of religious and charitable institutions, and there is a growing tendency to supply and support men for the foreign mission field. Besides, there is a Protestant press which is more fully equipped than that of any other Church of equal size. "We support 1 daily political, 4 large weekly religious papers, 3 monthly reviews, besides 162 smaller papers. Finally, our foreign mission. Our Church has sent 18 missionaries at one time to the Zambesi, 40 to Madagascar, doubling the mission contributions in three years."

Health and Home Hints.

Add a few drops of ammonia to the blue water to whiten the clothes.

It is claimed by a physician of Italy that the fumes of petroleum will cure whooping cough.

A sprig of parsley with a dash of salt taken after one has eaten onions will entirely remove the disagreeable odor from the breath.

Cooking two small onions with a quart of canned tomatoes will, it is said, remove all that unpleasant tinny taste, yet leave no onion suggestion behind.

No person should ever eat heartily when very tired. The wisest thing to do is to drink a cup of hot water with three teaspoonfuls of milk in it, sit down for five minutes, and then begin slowly to eat, masticating thoroughly. In a little while all will be well.

Hunger frequently causes restlessness and wakefulness. This often may be avoided by taking a glass of milk—preferably hot, but not boiled, or a cup of cocoa, or even a light sandwich before going to bed.—*Ladies' Home Journal*.

Fruit for Rheumatism.—The use of fruit diminishes the acidity of the urine, and antagonizes rheumatism. The acid in fruits undergo changes which diminish the acidity of the blood and aid in the elimination of uric acid. The most digestible fruits are ripe grapes, peaches, strawberries, apricots, oranges, very ripe pears, figs, dates, baked apples and stewed fruits. A dietary consisting wholly of fruits is a valuable means of overcoming biliousness. Such a dietary may be maintained for one or two days or a week. A modified fruit dietary is highly beneficial. The most laxative fruits are apples, figs, prunes and peaches.

Dainty Dining-room—A Mark of Quality.—"By their dining rooms ye shall know them," said the elderly woman. "No other room in the house is to me so sure a test of housewifely character. So long as a drawing-room or parlor is not in bad taste it is enough. Its elegance or its being fashionable are matters regulated by the purse alone. Even a library, so long as the books be of good quality, is no true index of a family. But a household stands or falls by its dining-room. Its furnishings, its appointments, its service—or the lack of all these things—stamp the house for what it is and the dwellers therein for what they are. Expense may or may not enter into dining-room standards, daintiness, exquisite neatness, beauty and a larger outlay of money there than elsewhere are imperative. I remember so well when I was a young matron and just beginning housekeeping, how I was inclined to be supercilious toward a woman whose parlor didn't appeal to me particularly. It was old-fashioned and shabby and not at all attractive, I thought, and I said as much once to a third woman. 'Ah, but you should see her dining-room,' said this third woman. 'It's one of the most perfectly appointed in this town, and let me tell you, my dear,' with a quizzical glance, 'a housewife should be judged by her dining-room. Any parvenu can make a good showing in her parlor; only a gentlewoman of high breeding and long accustomed to the best traditions can keep a dining-room up to the standard it deserves.'"

Poor Digestion

RENDERS THE LIFE OF THE DYSPERIC MISERABLE.

FOOD BECOMES DISTASTEFUL AND A FEELING OF WEARINESS, PAIN AND DEPRESSION ENSUES.

From LeSorelois, Sorel, Que.

Of the diseases afflicting mankind dyspepsia is one of the worst to endure. Its victims find life almost a burden. Food becomes distasteful; they suffer from severe pains in the stomach; sometimes excessive heart palpitation, and a general feeling of weakness and depression. Though this disease is one of the most distressing, it is one which, if the proper remedy is employed, can be readily cured. Thousands throughout this country bear testimony to the efficacy of Dr. Williams' Pink Pills as a never failing cure. Among them is Mrs. Adolphe A. Latrousse, a well known and highly esteemed lady residing at Sorel, Que. She says:—"For two years I was a constant sufferer from bad digestion and its accompanying symptoms. Food became distasteful and I grew very weak. I suffered much from pains in the stomach and head. I could not obtain restful sleep and became unfit for all housework. I tried several medicines without finding the least relief and I continually grew worse until in the end I would vomit everything I ate. I had almost given up hope of ever being well again when one day I read of a case similar to mine cured through the use of Dr. Williams' Pink Pills. I determined to give these pills a trial and am happy to-day that I did so, as by the time I had taken eight or nine boxes my strength had returned, the pains which had so long racked me disappeared, my stomach would digest food properly and I had fully regained my old time health, and have not since had any return of the trouble."

Dr. Williams' Pink Pills are a purely tonic medicine and unlike all purgatives do not weaken the system, but give life and energy with every dose. They are a certain cure for anaemia, dizziness, heart troubles, rheumatism, sciatica, indigestion, partial paralysis, St. Vitus dance and the functional ailments that make the lives of so many women an almost constant source of misery. Sold by dealers in medicine, or sent post paid at 50 cents a box or six boxes for \$2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

The Rev. John Kelman, M. A. who recently declined the call to Cambridge in order to continue his work among the students of Edinburgh, where he has won an influence among University men second only to that formerly wielded by Henry Drummond, has been making investigations into the literary sources of the "Pilgrim's Progress," and has found some interesting materials which he is preparing to publish. As a result one or two volumes may be added to our Bunyan literature.

TO CONSUMPTIVES.

The undersigned having been restored to health by simple means, after suffering for several years with a severe lung affection, and that dread disease Consumption, is anxious to make known to his fellow sufferers the means of cure. To those who desire it, he will cheerfully send (free of charge) a copy of the prescription used, which they will find a sure cure for Consumption, Asthma, Catarrh, Bronchitis and all throat and lung Maladies. He hopes all sufferers will try his remedy, as it is invaluable. Those desiring the prescription, which will cost them nothing, and may prove a blessing, will please address.

Rev. EDWARD A. WILSON. Brooklyn, New York