#### **28-THE BRUNSWICKAN**

# **Rowing team off to Conneticut**

water with ease, powered only by the powerful strokes of the rowers pulling in unison. Rowing is not an easy sport.

The athletes of the Fredericton/UNB-STU rowing club practice and work out almost excessively. They practice on the water Monday through Friday at dawn and dusk in addition to 45 minutes of lifting weights and running.

This weekend, Saturday through Monday, the rowing club will be travelling to Conneticut to compete in a major international tournament. To illustrate the meaning of "major", ivy league schools such as Harvard will be present, representatives from the U.S. Marines, and other assortments of talent.

A total of 80 shells will be racing, and if you think our team will be blown out of the water, you're dead wrong. The gaining a silver and two bronze club comprises champions; medals last summer at the Panthey've won the Canadian Am games in Indianapolis, and championship four times.

expensive; unlike most sports Yugoslavia. that use the university name,

The shells glide through the support from them; not even funding for tournaments.

> The athletes' themselves have to pay entrance fees, transportation, and lodging; an inordinate amount. They also have to buy their own shells, a cost of about \$18,000 U.S.

Of course, as well as hard work and financing, coaching is an important aspect of rowing. Head coach Kim Norris and assistant coach Matias Uhlenbruck must spend as much or more time than the athletes preparing for a competition.

Coach Norris, who started rowing in 1974, had a small club of only seven people when he joined. It has since blossomed to allow as many as 8 shells to be rowing in the upcoming tournament. Since taking over the coaching duties, Norris has been extremely successful, coaching the Canadian squad Of course, this is all rather at the World Student Games in

While rowing is an intensely the rowing club receives no physical sport, it also is con-

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ducive to mental harmony and discipline. The mind must be under the total control of the rower during a race which carries over to other pursuits. As one rower said, "it's not just a sport, it's a way of life."

If you want to see the rowing team in action, be on the riverbank of the St. John River

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on October 24th. It's bound to be an enlightening experience.

If you've even swum competitively before and have some free time this year, why not come and have a look at our program - we sure could use your help. Coach Fisher can be reached through the

Phys-Ed Dept. at 453-4579, or drop by and see him in room 205 in the Phys. Ed building.

9 October, 1987

The Beavers' first meet is an intersquad Red vs. Black meet at the SMA pool on Oct. 14th at 5:30 p.m. If anyone is interested in watching the team compete, why not drop by and have a look!

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