

PARTICIPATE

The Intramurals program

has something to offer.

Come on and get involved!

SWIMMING

Fall Program Schedule Sept. 22 - Dec. 13

NOTE: If you wish to take lessons once per week from Sept. to Dec., choose your classes from this page. These lessons start on the day you chose, during the week of September 22 - 27 and end the week of December 8 - 13.

POOL DESIGNATION East (E) West (W)
CLASS DESIGNATION Adults (Ad)
Children (C)

Mondays

7:00-8:30 p.m. RLSS Bronze Medallion (W),
Award of Merit (W)
7:00-11:00 p.m. Instructor Course (RLS &
Red Cross)
7:00-11:00 p.m. Scuba Certification (ACUC &
ASDC)
7:00-11:00 p.m. Scuba Master Diver/Instructor
Course, ASDC, ACUC Certification (Sept.
15 - Dec. 8)
4:00-6:30 p.m. Pool Managers Course

Wednesdays

7:00-7:40 p.m. Ad. Swimmers Ad. Non-
Swimmers (E)
7:40-8:20 p.m. Ad. Swimmers Ad. Non-
Swimmers (E)
7:20-9:00 p.m. Ad. Swimmers Ad. Non-
Swimmers (E)
7:00-11:00 p.m. National Lifeguard Course
(W)
9:00-11:00 p.m. RLSS Bronze Cross (W)
Distinction (W)

Fridays

7:00-7:40 p.m. Beginners, Junior, Intermediate
(E)
7:40-8:20 p.m. C - Beg., Ad.-Non swimmers,
Ad-Swimmers (E)
8:20-9:00 p.m. RLSS Fitness Award, Ad. -
Stroke Improvement

Saturdays

9:00-9:45 a.m. Pre-Beginner, Beginner, Junior
9:45-10:30 a.m. Beginner, Intermediate, Senior
10:30-11:15 a.m. W.O. 5 & 6, Pre. Beg., RLSS
Life Saving I (W)
11:15-12:00 noon W.O. to 4 yrs., Pre. Beg.,
Advanced Aquatics

Sundays

10:00-10:45 a.m. Beginner, Junior, Senior
10:45-11:30 a.m. W.O., 5 & 6, Pre. Beg.,
Intermediate
11:30-12:15 noon RLSS Life Saving II, Junior,
Beginner (W)
12:15-1:00 p.m. Competitive Swim, Seniors,
W.O. to 4

Fall Recreational Swim Times

Adults
Mon to Fri 12:00-1:00 (W)
Mon to Fri 4:00-5:00 (W)
Mon, Tues, Thurs 7:00-9:00 (E)
Wed and Fri 7:00-9:00 (W)
Sat & Sun 2:00-5:00 (W)
6:00-9:00 (W)

Family

Mon (E) Wed & Fri (W) 7:00-8:00 p.m.
Sat & Sun (W) 2:00-4:00 p.m.
6:00-7:30 p.m.

Scuba

Wed & Fri (W) 8:00-9:00 p.m.
Sat & Sun (W) 8:00-8:45 p.m.

Golden Bear Football Schedule 1975-1976

Sept. 13	U of A at U of Man.
Sept. 20	U of A at U of C
Oct. 4	U.B.C. at U of A
Oct. 11	U of A at U of Sask.
Oct. 18	U of Man. at U of A
Oct. 25	U of C at U of A
Nov. 8	U of A at U.B.C.
Nov. 15	Western Bowl
Nov. 22	College Bowl

Golden Bear Hockey Schedule 1975-1976

Oct. 17, 18	U of Winn. at U of A
Oct. 24, 25	U of A at U of Denver
Oct. 31, Nov. 1, 2	Tournament at U of A
Nov. 7, 8	U of C at U of A
Nov. 14, 15	U of A at U.B.C.
Nov. 21, 22	U of Sask at U of A
Nov 28, 29	U of C at U of A
Jan. 2, 3	U of A at U of C
Jan. 4	U.B.C. at U of A
Jan. 9, 10	U of A at U of Sask.
Jan. 16, 17	U of A at U of C
Jan. 18	U of Sask. at U of A
Jan. 23, 24	U.B.C. at U of A
Jan. 30, 31	U of A at U of Sask.
Feb. 6	U of Sask. at U of A
Feb. 7	U.B.C. at U of A
Feb. 13, 14	U of A at U.B.C.
Feb. 20, 21, 23	CWUAA Play-Offs
Feb. 27, 28, 29	CWUAA at GPAC
March 5, 6	Western Winner at QUAA
March 12, 13	CUA champs at home of Eastern winner

Golden Bear Basketball Schedule 1975-1976

*Exhibition Game(s)

*Sat., Oct. 25		
Grad Game		at Edmonton
*Oct. 31 - Nov 1		
Tri U Classic		at Lethbridge
*Fri. Nov. 7		
U of Manitoba		at Edmonton
Nov. 14-15		
U.B.C.		at Edmonton
Nov. 21-22		
U of A		at Lethbridge
Nov. 28-29		
U of Calgary		at Calgary
*Sun. Dec. 14		
U of Winnipeg		at Edmonton
*Sun. Dec. 21		
U of Winnipeg		at Winnipeg
*Mon. Dec. 22		
U of Manitoba		at Winnipeg
*Dec. 27-30		
Klondike Classic		at Edmonton
*Jan. 2-4		
Calgary Classic		at Calgary
Jan. 9-10		
Victoria		at Edmonton
Jan. 16-17		
Saskatoon		at Saskatoon
Jan. 23-24		
U.B.C.		at Vancouver
Jan. 30-31		
Lethbridge		at Edmonton
Feb. 6-7		
Calgary		at Edmonton
Feb. 13-14		
Victoria		at Victoria
Feb. 20-21		
Saskatoon		at Edmonton
Feb. 27-28		
C.W.U.A.A. finals	home of league winner	
March 5-7		
C.I.A.U. Championships		

Panda Basketball Schedule 1975-1976

Oct. 31, Nov. 1	WIT Tournament
Nov. 7, 8	Bisonette Tournament
Nov. 14, 15	U.B.A. at U of A
Nov. 21, 22	U of A at U of Leth.
Nov. 28, 29	U of A at U of C
Jan. 2, 3	Sask. Tournament
Jan. 9, 10	U of Vic. at U of A
Jan. 16, 17	U of A at U of Sask
Jan. 23, 24	U of A at U.B.C.
Feb. 6, 7	U of Leth. at U of A
Feb. 13, 14	U of A at U of Vic.
Jan. 30, 31	U of Leth. at U of A
Feb. 6, 7	U of C at U of A
Feb. 13, 14	U of A at U of Vic.
Feb. 20, 21	U of Sask. at U of A
March 5, 6	CWIAU championship

1975-76 Tournament Sports

Date	Activity	Location
Oct. 17, 18	Rugby	U of Vic.
Oct. 31, Nov. 1	Soccer	U of A
Feb. 7	Judo	U of Leth.
Feb. 21	Wrestling	U of A
Oct. 17, 18	Field Hockey (Women)	U.B.C.
Nov. 1	Cross Country	U of A
Feb. 19, 20, 21	Swimming	U of C
Feb. 20, 21	Gymnastics	U of C
Feb. 27, 28	Track & Field	U of S
Feb. 28, 29	Fencing	U of A
March 4, 5, 6	Curling	U.B.C.