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It is of but little use to try to doctor the kid-neys themselves. Such treatment is wrong. For the kidneys are not usually to blame for their weaknesses or irregularities. They have no power—no self-confrol. They are operated and actuated by a tiny shred of a nerve which is largely responsible for their condition. If the Kidney nerve is strong and healthy the kidneys are strong and healthy. If the Kidney nerve goes wrong, you know it by the inevitable re-sult_kidney trouble. This tender nerve is only one of a great system of nerves. This system controls not only the ktomach. For simplicity's sake Dr. Shoop has called this great nerve system the "Inside Nerves." They are not the nerves of feeling— not the nerves that enable you to walk, to talk, to act, to think. They are the master nerves and every vital organ is their slave. The com-mon name for these nerves is in such close sym-pathy with the others, that weakness anywhete usually results in weakness everywhere. The one reme 'y which aims to treat not the itolame, is known by physicians and druggists or Liquid.) This remedy is not a symptom temedy-it is strictly a cause remedy. While it usually brings speedy relief, its effects are also in the you would like to read an interesting book

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Sweetest Things'

What are the sweetest things of earth? Lips that can praise a rival's worth; fragrant rose that hides no thorn; Riches of gold untouched by scorn;

A happy little child asleep; Eyes that can smile though they can weep; A brother's cheer; a father's praise; The minstrelsy of summer days.

A heart where anger never burns; A gift that looks for no returns; Wrong's overthrow; pain's quick release; Dark footsteps guided into peace.

The light of love in lover's eyes; Age that is young as well as wise; A mother's kiss; a baby's mirth-These are the sweetest things of earth.

-The Farm and Ranch Review.

The Sailor's Christmas.

Blow, wind, blow, Sing through yard and shroud; Pipe it shrily and loud, Aloft as well as below;

Sing in my sailor's ear The song I sing to you. "Come home, my sailor true, For Christmas that comes so near."

Go, wind, go, Hurry his home-bound sail, Through gusts that are edged with hail, Through winter, and sleet, and snow; Song, in my sailor's ear, Your shrilling and moans shall be; For he knows they sing him to me And Christmas that comes so near.

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