First Food Cooked At The Diet Kitchen

Not Great Many Calls for Help But Professional or Experienced Nurses Are Wanted - Many Families Need Attention.

Yesterday the first food cooked at the Diet Kitchen this year for the use of influenza patients was delivered. There are not a great many calls, it is stated, but the need for help in the



City Cornet Band High Class Concert Healthy Life

Excellent Programme Fully Enjoyed in St. Vincent's Auditorium Last Evening - Every Number Proved Very Satisfactory.

Grove's O-Pen-Trate Salve Opens the Pores and Penetrates

A Remedy for Chest Colds, Head Colds, Sore Throat, Stiff Neck, Earache, Spasmodic Croup and kindred ailments. Apply freely to the skin just over the affected parts and rub it in.

GROVE'S O-PEN-TRATE SALVE

is also an Excellent Germicide for the Nose and Throat.

Throat.

It should be applied to the nostrils so that you will be continually inhaling the vapors while in the presence of patients who are sick with contagious diseases, or when you are entering crowded cars or other public places during an epidemic of Grip or Influenza. Any Grip or Influenza germs breathed through the nose are destroyed by this germicide salve before the germs can reach the throat.

FOR THE SICK

Place One Level Teaspoonful of GROVE'S O-PEN-TRATE SALVE in a hot saucer in the sick room. The Antiseptic Vapor rising from the heated salve makes breathing easy for the patient. It induces sleep and is a great comfort to anyone suffering with Spasmodic Group, Asthma, Bronchitis, Sore Throat, Coughs, Colds, Whooping Cough, Diphtheria or Pneumonia. The Healing Effect of the Vapor relieves the patient and is very comforting. Price 35c perbox. If your Druggist hasn't any, send 35c in postage stamps to Paris Medicine Company, 193 Spadina Ave., Toronto, and a full-size box will be mailed to you promptly.

Healthy Liver

EXCHANGE RATE

evening a reliapse of maving a movivelege of tilineas would spare even few hours each day much relief affath be given.

The Board of Heafth put a sleigh at the disposal of the St. John Ambulance Brigade and packages of food and bottles of soup were distributed. Wide-mouthed bettles are asked for for soup and stows. Application for food from the Dief Kitchen must come food from the Dief Kitchen must come food from the doctor, nurse or district unress attending the case.

Mrs. G. A. Kuhring as commandam is at the head of this work. Miss Jeanette Bullock, officer of stores, is in charge at the Kitchen, assisted by Miss Gertrude Fleming and others of the Brigade.

PREDICT LOWER

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PRICES IN EGGS

Application for the vening several noted singers added to the evening several noted singers added to the eveni

PREDICT LOWER
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Expert in Poultry Matters
Says Production Will Soon
De Far in Excess of the Demand.

Blandfor, Prib. 11—A boundful sup
Bgr. of season in the soon framework and the Poultry Deckson of the Agricultural College of th When you know what Sloan's Liniment will do, as thousands of men and women the world over know, you, too, will keep it handy. You will use it for those "twinges of rheumatiz," for refleving that lame back, muscle stiffness and soreness, aches, all sockes, all soften and the soreness, aches, all sockes, and soreness, aches, all soften and the stiffness and soreness, aches, all soreness, aches, all soreness, aches, all soreness, the congestion, bringing mereful reflet to the throbbing, jumping part.

Three stree—36c., 70c., \$1.40. Any drugglet has it. If not, we'd like to to firsh nationality in their adherence to the Belfast Ideal of Ireland a nation joined to the British Empire.

Toronto Catholic Register is a foct of fish nationality in its adherence to the Dublin ideal of Ireland a papal state subject to the see of Rome.

"My wife doesn't understand me."

Soldier Flame Throwers Attacked Several Hundred Feet of Snow But Proved of Little Use in Day's Warfare.



To Relieve Catarrh, Catarrhal Deafness And Head Noises

conditions are causing New Zealand to support British manufacturers in preference to others, according to W.

BE CHIEF TOPIC

HIGH COMMODITY

New York, Feb. 9—More than 13,700 snow shovellers, 1,000 emergency trucks and a steamshovel made up the army which today forced a retreat of much of the snow and ice which has choked New York's streets for nearly a week. Two soldier flame throwers, attacked several hundred square feet of snow in a test at 59th Street and Central Park, but proved of licile use in the day's warfara.

All traffic, except of an emergency nature, was banished from numerous thronoughfares while the battle with the snow continued but by nightfull, approximately normal conditions prevailed. With the exception of Manhattan's "third rafl" surface cars, put out of business by cloged "slots" in the streets, trolley transportation was resumed generally.

Thousands of persons watched the unsuccessful attempt to melt the snow and fee in Central Park with flame throwers of the Lawrence type which were successfully used against the Germans.

Ordinarily the flame thrower shoots out spasmodic bursts of fire, but the two soldiers carrying out the experiment, adjusted thort weapons so that they would emit one long sustained burst. The gas was turned on and the mozzle of the thrower was directed on a large delift of ice and snow. A spurt of fire flashed out leaving a smudge of black where it touched but did not melt the snow.

Lord d'Abernon has recently production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than ever. Experts in many important lines of production are higher than e

NO PARTICULAR CHANGE IN CONTROL OF LIQUOR TRAFFIC

roposed Legislation in England Involves Only Minor Changes in Present Hours of Sale.

OBITUARY

After Cuticura

PUT CREAM IN NOSE AND STOP CATARRH

Tells How To Open Clogged Nos trils and End Head-Colds.

Cocoanut Oil Makes A Splendid Shampoo

AFTER INFLUENZA

MARRIED.

SANDALL—In this city, on the 10th inst., Edward Sandall, in the 77th year of his age. Funeral from the residence of Mr. A. O. Skinner, Coburg street, on Thursday, at 2.30 p. m.

February Sale

omplete lines of Suits and Odd Suits.

A good thing to remember about clothes buying is this: The only clothes to buy in a sale are those for which you would gladly have paid the regular season prices.

With this in mind see these suits we are clearing at \$20, \$25 and \$30-Savings of \$5 to \$10.

Regular model coats and young men's models,

Gilmour's, 68 King St.



try it yourself

DIRECTIONS-

numerous other delightful dishes are made by using



Send for recipe booklet to THE COWAN COMPANY LIMITED TORONTO