

OUR HOME PAGE



HOUSEHOLD NOTES

EARLY CABBAGE SALAD.

Chop a small crisp head of cabbage with one onion. Fry until brown a slice of salt pork cut into cubes, using as much fat as is needed for the dressing. Season with salt and pepper and pour the hot fat and pork cubes over the salad. In the frying pan heat enough vinegar to the boiling point to season the salad and pour that boiling hot over the salad. Mix well, keep warm and serve while still warm.

CHEESE DISH.

This is very substantial, good and easy to prepare, only requiring about ten minutes. Grate into a lined saucepan one-half pound cheese, over the cheese sprinkle one-fourth teaspoonful each of ground mustard, salt and bicarbonate of soda, one teaspoonful flour, a dash of red pepper and then add one-half pint of milk; mix well, place over a slow fire to melt; allow it to cook, stirring all the time, until like nice thick cream. Place slices of thin brown toast on a warm plate, pour the cooked cheese over it and serve hot. The flour keeps the cheese from curdling or becoming stringy.

YOU-AND-I SPONGE CAKE.

Beat the yoke of two eggs till light. Add one-half cupful of sifted sugar and one-eighth teaspoonful of cream of tartar dissolved in one teaspoonful of cold water. Beat again till very light. Add the grated rind of one-fourth of a lemon or orange. Then add alternately one-half cupful of sifted flour and stiffly-beaten egg-whites. Bake in a lightly greased and floured pan for forty minutes or in pattypan.

THE EDICINE BOTTLE.

Always pour medicines from the side of the bottle opposite to that on which the directions are printed. Then there will be no difficulty in reading the label in case of renewal.

TO REMOVE GRASS STAINS.

When children get grass stains on white linen trousers or dresses, if the garments are put into kerosene and washed until the stain is removed, they may then be laundered and will come out white and clean.

HOME HINTS

Sandpaper the soles of baby's new shoes before they are worn and save the child a nasty fall.

When putting away stores for the summer, apply kerosene with a cloth and it will prevent rusting.

Do not allow the sun to beat upon your mirror. It will become dull. Heat causes a chemical disintegration of the quicksilver.

Perspiration stains may be removed from white clothes by dampening the garment with lemon-juice and salt before it is put into soap and water.

Nickel trimmings on the gas stove will look much brighter if washed with warm water in which two table-spoonfuls of kerosene have been stirred.

When whipping cream, if you add about seven drops of lemon-juice to a pint of cream, it will beat up firm in about half the time otherwise required.

By using wax crayons, while the jars are hot you can label your fruit. It will not rub off when cold but can be washed off with hot water when you wish.

To clean polished floors, sprinkle thickly with fine cornmeal. Use clean mop and scrub meal vigorously over floor. Then sweep off and the floors will look like new.

Asparagus should always be cooked without a cover on the utensil which hold it. This also applies to green peas the reason being that the color is well preserved in this way.

For savory sandwich fillings—in an emergency—try mashing together oil sardines and hard-boiled eggs. Use beet-juice to reduce the mixture to a consistency or spreading and add pink color.

The blackest mildew stains can be removed from white goods by boiling in water to which two table-spoonfuls of peroxide have been added for each quart of water. It will remove almost any other stain as well.



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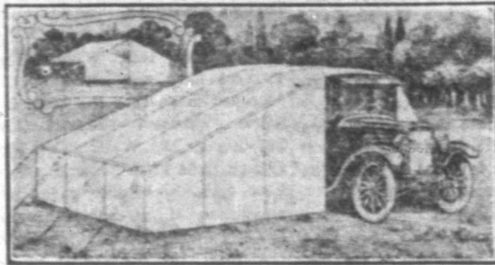
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"The Twilight of the Gods"

One of the most striking books published during the war was "The Biology of War," written by a German philosopher, Dr. G. F. Nicolai. The book attracted great attention, both at the time of its publication and since, for the author combines great scientific knowledge with an outstanding capacity for tracing the broader outlines and tendencies of the events with which he deals. The following quotation is taken from a chapter entitled, "The Extinction of the Gigantic":—"When we speak of the dying out of the gigantic, we are referring to one of the most important principles of natural selection, a principle which may be clearly deduced from the very earliest records of geology. Our discoveries of bones show us that animals grow and grow for thousands of years, and then, when they are very large, and apparently all-powerful, they suddenly die out. This is a well-established fact. Hence there is some consolation for us in the steady growth of war. When something has to die a natural death, it must first have grown very very large, it must have reached the maximum of growth possible to it. For instance, mice have not died out in Germany, but only the aurochs, the bison, the bear and the wolf. In Nature, it is only the gigantic which dies. But everything that is big will and must die, because in its obedience to the inescapable law of growth, it grows beyond the measure of the possible. This is the inner meaning of the words "twilight of the gods," which are so comprehensible to the scientist and yet so mysterious. The god of war, too, will be hurled down from the highest pinnacle of his power. I think everyone who is an impartial observer of the present war will see much that will foreshadow to him the approaching end of war. . . . Already the battlefield is abandoned by the general, and even by the soldier. The one sits at the telephone in a private house, the other keeps a sharp lookout in the trenches. Not one of us can fall to be struck by the fact that the battle-field is already becoming something of a secondary consideration. This foreshadowing has been confirmed by the latest discoveries in "scientific" war materials. These all seem to point to the possibility that in the next war the battle-field may be quite unimportant, the outcome of a

war being decided behind the front by gas attacks on large towns. Already there is a current saying that "the only safe place in the next war will be the trenches." There has recently been another move in this direction: A story is now travelling round the world of the "deadly ray" discovered by Grindell Mathews, an English scientist. It is said that this ray can bring the engines of aircraft to a standstill, explode munitions depots and kill men or put them out of action, all from a great distance off. It can either be directed against a special point, or applied over a large area—which, of course greatly enhances its fatal power. No doubt science will at once apply itself to the task of discovering some means of self-defence, and equally certain it will be successful. But war will be made more expensive than ever, and so difficult that Nicolai's prophecy may be realized sooner than is expected. War will then die of its own bigness or, in other words, of the horror of its possibilities. This ancient barbarous method of settling disputes will then cease to be of any use, because its apparatus, like that of some ingenious, but too-complicated machine, will not work when it comes to be practically applied, and will entail too many risks. Still more, the present developments of scientific research point to the emergence of a factor which will perhaps contribute more than any other to the general acceptance of the principle of the peaceful settlement of disputes: War will certainly cease, when those who desire it and work for it are brought up against the ever-increasing probability that in future there will be no more victories, simply because everyone and everything (including the war-makers themselves) will have gone down in a common destruction. Such discoveries as this of the "deadly ray" are bringing that moment nearer.

Montreal, Que.—The Canadian Brotherhood of Railway Employees have opened a Montreal office here for the central region. The headquarters of the C.R.R.E. is at Ottawa. Other railway organizations which have offices in Montreal are Division 1, railway employees department, American Federation of Labor and the Railway Car-men of America.

Many People Suicide in Austria

Vienna.—Five hundred suicides in six weeks is the record of Vienna. The daily papers carry a regular column entitled, Die Lebensmüde (Tired of Life.) All classes are victims of the suicide epidemic, the poor because they cannot subsist, the wealthier because they have been caught in the speculation which seized Austria during the fluctuation of the French franc. People speculated recklessly, forgetting that American capitalism was interested in bolstering up French currency as it later did.

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