

then whether it is in the interests of the Association that one of its officers should write such an article, or permit it to appear in his private journal. However, notwithstanding the lateness of the meeting, some would have managed to attend had earlier transportation been secured so as to enable them to take the long journey leisurely, and to stop over at many places on the way to enjoy the prairie and mountain scenery. This would also probably have prevented the crowding of coaches, as well as obviated the necessity of standing in line for an hour or two awaiting an opportunity to secure a meal in the dining-car.

I regret that I have to plead guilty to the charge of having my name announced for a paper which I "did not appear to read." This is, I think, my first offence. However, I withdrew the paper as soon as it was evident I would be unable to attend, so that it should not, and, I suppose, did not, appear on the official programme. Everyone will agree that for the success, if not the existence, of the Association it is essential to insure an "intact programme"; to do so it will probably be necessary to have the papers in the secretary's hands before the meeting in time for the official programme, or, better still, so rouse the enthusiasm of the members that all will be anxious to read papers.

As to the meeting next year in Halifax, all will second your wish, that Toronto may be largely represented, both in attendance and work.

Yours sincerely,

(Sgd.) ALEX. MCPHEDRAN.

October 20th, 1904.

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## Special Selection

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### IRON AS A REMEDY.

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Time out of mind iron has been leaned upon as one of the special standbys in medicine, particularly as a builder and reconstructor. But unless iron be given in proper form, one might as well give absorbent cotton, or chips or wet stones. When we desire to produce any increase in the number of red blood corpuscles, and to make them redder and richer with hemoglobin, we need to be sure of the form of iron that we are giving. The