

for it. You will remove all soiled clothing from beneath your patient, and you will wash the parts thoroughly with warm water, and then again with a sublimated solution (say 1-4000), after which dust them with equal parts of iodoform and boracic acid. When this is done, take one of the pads of carbolized or sublimated jute, which you have already prepared, and place it in position. The pads for the first twenty-four hours should be changed every two hours, and after that time at longer intervals. The pads, as they are removed, should at once be sent out of the room, and destroyed. Of course, before the bandage is applied the accoucheur will satisfy himself that the uterus is firmly contracted; if not, he will remain and keep firm control of it, until firm contraction ensues. This is imperative, in so far as his work is concerned. When all this has been done, perfect quiet is required, and the room somewhat darkened to secure sleep. There is nothing so recuperating to your patient as refreshing sleep. The physician before leaving is sure to enjoin this upon you, and to see that the natural functions of the bladder are attended to six or eight hours afterwards. All affectionate friends to be kept away, as information about the patient's condition, the sex of the infant, and who he or she may resemble can be given in the parlor. If they are sensible, they will not ask to see the patient. If you are obliged to use the catheter, use a glass one, and boil it each time. By so doing, puerperal cystitis will be avoided. You should always be provided with them. Do not use a metal catheter. I want to repeat here again, that the asepsis began by you at the time of the confinement must be continued during the whole time you are in attendance upon your patient. If, while changing the pads, you bathe your patient's genitalia and your hands not aseptic, and sterilized towels not used, where is your asepsis? A towel if only slightly soiled must not be used again. No doubt, before leaving, the physician will tell you what to give in the way of diet until his next visit. The old days of starvation during the first few days have gone by. Semi-starvation retards milk secretion, while, on the other hand, you must not take upon yourselves the responsibility of too generous a diet. The doctor will prescribe the diet, as he well knows, or should know, that each case will require its own consideration. When speaking of the catheter, I should have stated that some physicians recommend placing the patient in a semi-recumbent position, as a great many in that position can easily pass water who could not do so lying down.