

out in the sun and air all day, will entirely prevent that demoralizing headache which frequently mars the pleasure of such an occasion. This applies equally to women on shopping tours, and especially to those who invariably come home cross and out of sorts, with a wretched "sight-seer's headache." The nervous headache and irritable condition of the busy business man is prevented by the timely use of a ten grain dose. Every bicycle rider, after a hard run, should take two five grain tablets on going to bed. In the morning he will awake minus the usual muscular pains, aches and soreness. As a cure and preventive of the pains peculiar to women at time of period, antikamnia is unequalled and unaccompanied by habit or unpleasant after-effect. If the pain is over the lower border of the liver, or lower part of the stomach, or in short be it headache, side-ache, backache, or pain of any other description caused by suppressed or irregular menstruation, it will yield to two five grain tablets. This dose may be repeated in an hour or two, if needed.

In the August number of *The Coming Age* are several literary features which will interest the general reader. Will Allen Dromgoole's story, "An Unsworn Witness," is probably one of the strongest pieces of fiction in the current magazines. There is an admirable short story of the poems of Richard Realf, by Louis E. Van Norman. Under the title of "An Indian Chief in Literature," Mr. Flower reviews at length the "Queen of the Woods," by the late Chief Simon Pokagon, of the Pottawattamie Indians. James A. Herne, the actor, also furnishes a most delightful feature in an extended conversation entitled "Forty Years Before the Footlights." Among the more solid features of this issue is a very brilliant and thoughtful paper by Professor A. E. Dolbear, entitled "The Kind of Universe We Live In," a paper by Dr. Edward Everett Hale on "The Boston of 1828 and the Boston of To-day," a discussion of Psychical Research, by Lillian Whiting; the Interpretation of Emerson's poem, "Celestial Love," by Charles Malloy, President of the Emerson Society of Boston. Professor Jean du Buy closes his series of papers on "The Teachings of Jesus" by a discussion entitled "The Kingdom of God." Dr. James Hedley, the well-known lecturer, treats of the subject, "How Shall the Church Triumph," from the standpoint of the orthodox Christian. Rev. J. H. Garrison, editor of the *Christian Evangelist* of St. Louis, writes on "Why I Am a Disciple." Among other contributors to this number is Nina K. Darlington who discusses "Kindergarten Music Building" in a very suggestive conversation. This excellent magazine may be obtained for \$2.00 a year or 20 cents a copy from the Midland Publishing Co., Copley Square, Boston, Mass.

SUMMER DIARRHŒA.—In the large class of summer diarrhœas of children and adults, with griping in the bowels and flatulence, the use of LISTERINE, in doses varying from ten drops to a teaspoonful (with or without water), has a most salutary and pleasing effect.

It can be administered at short intervals after eating as soon as regurgitation, distension or acidity occurs. Its action in arresting excessive fermentation is prompt, besides it exercises a decided sedative influence on the mucous membranes of the stomach.

The thymol, menthol, and boracic acid which with the quota of alcohol necessary to their proper admixture form the principal elements of LISTERINE, lend to this compound a special value in this class of cases.—*New York Medical Journal*.