

borhood, the County, the Province and the Dominion."—*An Educational Magazine*.

TWO VIEWS OF BOYHOOD.

So long as the boy thinks of his life merely as preparation for manhood's tasks, he is often willing to let things go and take a chance of supplying what is lacking later on. But if the boy can see that today's work and play present occasions for the exercise of a boy's judgment, the testing of a boy's character, the outlay of a boy's strength, just as important and as difficult for him now as those will be which come to him in his mature manhood, life will take on for him more meaning and zest.

From Problems of Boyhood, Johnson.

CITIZENSHIP.

The good citizen will be intelligent regarding the many forms of social service which his city and state undertake for the good of the community, such as the schools, libraries, hospitals, parks, playgrounds, and various institutions for the alleviation of suffering. It is more important to prevent ignorance, sickness, and crime than it is to care for those who suffer from the results of these evils.—*From Problems of Boyhood, Johnson.*

Speaking of our schools Dr. Frank Crane says: "We show our imperfect faith in democracy in our treatment of children. We send them to schools which are little autocracies, ruled over by teachers who are imitation Kaisers and Von Hindenburgs, to train them for democracy! We say they must first of all be taught to obey, must have discipline and all that. We forget that there is something far more important; that is, that they learn how to govern themselves. It is infinitely more vital that they learn how to organize, how to master themselves, how to have team play, and how to be free yet orderly and cooperative, than that they learn how to bound Kamchatka or work the Binomial Theorem."

HINTS REGARDING CARE OF THE EYES.

[Commission of Conservation, Canada].

1. The continued use of the eyes at close work is harmful, even if the eyesight is perfect. Rest the eyes every few minutes when studying or writing by looking up from the book or paper; if they still feel tired, do something else for a while.
2. To read or study when tired is to overstrain the eye. Therefore, avoid night study as far as possible.