

[ADVERTISEMENT.]

## SUPERSTITIONS OF SNEEZING.

Most people sneeze in the course of their lifetime, and even in this country there are many communities among whom bystanders upon such occasions will exclaim, "God bless you!" This is designed to avert the evil omen. The superstition was brought here from England and from most of the northern nations of Europe.

Many of our readers will recall what Longfellow wrote of the custom in Sweden: "You sneeze and the peasants cry, 'God bless you!'"

A writer at the beginning of this century, remarking upon the customs of Italy, says that when you sneeze "even in the theaters, men rise and wish you 'felicità!'" The purport of this is the same as the hearty Swedish and English, "God bless you."

The origin of the custom in the different countries of Europe was the same, just as its meaning is the same. It has been traced to those visitations of fearful pestilence known as the Black Death. One will read of it in England in the time of Edward III. In 1350 this plague swept over Sweden and Denmark. Its ravages in those countries were so great that the disease gained the name of the tiger death.

The earliest symptoms of an attack by so dread a pest was a sneeze. Thereupon the pitying bystanders, with sorrowing glances, would turn to the newly marked victim and exclaim: "May God be with you!"

If this account of the custom be correct, it will be seen in what good reason the custom originated, and with what want of all reason it is continued in times when a sneeze, at the worst, indicates but a trifling cold; nevertheless, it is a pleasant little custom which does harm to nobody, and we have not so many acts of formal courtesy that it is necessary to dispense with any of them.

A sneeze indicates a trifling cold, which, however, if neglected, may become serious. "A stitch in time saves nine," and the first indications of a cold should be checked by a dose of Simon's Tolu and Aniseed, a sure cure for coughs, colds, &c. It will be found literally a remedy not to be sneezed at.

THE REMARKABLE HEALING PROPERTIES OF SIMSON'S TOLU AND ANISEED have been thoroughly tested since first introduced many years ago. The demand for it has steadily increased and purely upon its own merits it has found favor with those who, from Pulmonary, Bronchial or Asthmatic Complaints, require it.

A BEAUTIFUL SET OF TEETH is the greatest ornament of man. By proper care and the regular use of FISKE'S LAVODENT, the teeth are kept clean and white, the breath pure, and the gums in a healthy condition.

BROWN OR WHITE BREAD BREWIS.—Break up hard crusts and pieces of bread, put them in a saucepan with one table-spoon salt, a piece of butter the size of an egg, and some milk. Simmer slowly until it is tender.

HALIFAX, N.S., Sept. 22nd, 1879.

The Puttner Emulsion Co. have shown me the composition of the preparation, sold under the name of "PUTTNER'S EMULSION OF COD LIVER OIL AND HYPOPHOSPHITES." I believe the combination to be good, and well suited for persons suffering from some of the diseases of the lungs and digestive organs.

I think it will also be found very useful in cases when the nervous system is impaired in tone and debilitated.

D. McN. PARKER, M.D., &c.,  
Consulting Physician P. & C. Hospital.

## N. S. HOSPITAL FOR INSANE.

It is readily taken by patients who refuse the oil in its original form, and produces excellent therapeutic results. As an Emulsion it appears a most stable preparation.

GEO. L. SINCLAIR, M.D.,  
Asst. Physician N.S. Hospital Insane, Prof. of Anatomy, Hx. Med. Col.

DORCHESTER, N.B., Jan. 10th, 1885.

PUTTNER EMULSION CO:

Dear Sirs,—Having prescribed Puttner Emulsion of Cod Liver Oil, &c. in my practice, I have much pleasure in testifying to the very good results obtained from its use in cases of pulmonary, scrofulous and wasting diseases, &c. I have especially found it applicable to diseases of children, the readiness with which it is taken rendering it much more valuable than cod liver oil alone.

J. WIER, M.D.

23 RICHMOND SQUARE, MONTREAL, April 25th, 1882.

Dear Sirs,—I prescribe your Emulsion of Cod Liver Oil with Hypophosphites, largely in my practice with most gratifying results.

You may use my opinion in any way you desire. I cannot speak too highly of your preparation.

Yours truly,

J. F. T. JENKINS, M.D., C.M., etc.

MESSRS. THE PUTTNER EMULSION CO., Halifax, N. S.

ST PETERS, March 15, 1882.

To MESSRS. PUTTNER EMULSION CO., Halifax, N.S.

Dear Sirs,—In the course of my practice I have had occasion to prescribe your Emulsion, and judging by results, cordially recommend it to possess all the virtues ascribed to it as a medicine.

Yours truly,

H. J. FITZGERALD, M.D.

The best and surest Remedy in the world for Worms is Abbott's Worm Tablets, perfectly safe in all cases.

DANDY PUDDING.—Mix two spoonfuls corn-starch with the yolk of four eggs and half cup sugar, two pints milk boiled in water, mix with the corn-starch, sugar and eggs; stir very quickly and take off at once. Beat the white of the eggs well with half cup of sugar, spread over the pudding when cool. Put in the oven and brown it. Flavor by Brown Brothers & Co's Essence of Lemon. To be eaten cold.

MASHED MARROW.—Take a ripe vegetable marrow, peel it and cut into quarters; or, if a very large one, into half quarters, cut away the seed and throw the pieces into boiling water, let them boil until quite soft, about an hour. Strain off the water, and mash them with a little pepper and salt. It may be served up with or without toasted bread under.

BARLEY WATER, WITH HONEY.—Add the juice and rind of one lemon to one table-spoonful of honey, and two teacup-ful of barley, put it into a jug, and pour a quart of boiling water upon it.

The Tooth Wash called "*Fiske's Lavodent*" has been in use for many years and has always been highly esteemed. It gives to the teeth a pearly whiteness, destroys parasites, prevents tartar and refreshes and perfumes the mouth. It is composed exclusively of vegetable products, and is not only harmless to the teeth, but actually preserves them from decay. Price 50c. a bottle.

COCOANUT PIE.—One grated coconut, five eggs, one quart milk. Beat the eggs, and sugar to sweeten, together, and stir into the milk when hot, then add the coconut, and spice to taste. Bake with a bottom crust twenty minutes.

SIMSON'S LINIMENT is elegant in appearance—being of a creamy color and consistence—and has been a great success for the relief and cure of Rheumatism, Sciatica, Bruises, Cuts, Neuralgia, Scald Head, Swellings, Tumors, Contraction of the Muscles, Frost Bites, Catarrh, Cold in the Head, Stiff Joints, Lamé Back, Spinal Complaint, Inflammation, Chilblains, Pain in the Back, Side, Chest, or other part of the Body. Asthma, Colic, Diphtheria, Quinsy, Sore Throat, and other innumerable Pains and Aches to which mankind is subject.

As an application to the Scalp to prevent the hair from coming out and for promoting the growth of the hair, it has no equal.

For the many accidents and diseases with which Horses and other Animals are afflicted, such as Swellings, Chafes, Cuts, Enlargements of the Joints and Bones, Calks, Galls, Scratches, Colic, Wens, &c., SIMSON'S LINIMENT will be found of the greatest benefit—its prompt application saving much time, labor and money, and often saving valuable animals.

## BROWN BROTHERS &amp; CO.

Are Proprietors of the following very popular Preparations:

Abbott's Aperient Pills.—They will not gripe, and are a first-class Anti-bilious Medicine.

Abbott's Diarrhoea Cordial.—A superlative remedy for Diarrhoea, Dysentery, Cholera Morbus, &c.

Abbott's Worm Tablets.—Sure Death to Worms.

Brown's Astringent Gargle.—For Sore Throat, &c.

Brown's Flavoring Essences.—Good and Reliable.

Brown's Toothache Drops.—An Infallible Cure.

Fiske's Lavodent.—A delightful, fragrant and elegant Tooth and Mouth Wash.

Mayflower Cologne.—A refreshing and fine flavored Perfume.

Mayflower Hair Gloss.—Cleanses the Scalp, keeps the hair from falling out, dresses and promotes the growth of the hair.

Price's Glycerine Cream.—For Chapped Hands, Sore Lips, &c.

Puttner's Emulsion of Cod Liver Oil, with Hypophosphites. The most popular Emulsion of Cod Liver Oil ever made.

Simson's Liniment.—Indispensable to Man and Beast.

Simson's Golden Eye Water.—For Weak and Inflamed Eyes, it has no equal.

Simson's Chemical Food.—A True and Permanent TONIC.

Simson's Jamaica Ginger.—Infallible for Chills, Colic, &c.

Simson's Tolu and Aniseed.—For Coughs, Colds and Lung Troubles.

## AGENTS FOR

McPherson's Diphtheria Wash.—Highly recommended as a cure for Diphtheria.

Poland Mineral Spring Water.—For Bright's Disease and Urinary Complaints.

Butcher's Antiseptic Inhaler.—For the permanent cure of Catarrh, &c.

## BROWN BROTHERS &amp; CO.,

Chemists and Druggists,

HALIFAX, N. S.