The War Against Health Is Quickly Ended By "Fruit-a-tives".



East Ship Harbour, N.S. "It is with great pleasure that I aches, and I was miserable in every way. least three times their number. Nothing in the way of medicines seemed to help me. Then I finally tried 'Fruit-a-tives' and the effect was splendid. After taking one box, I feel like a new person and I am deeply thankful to have relief from those sickening Headaches".

Mrs. MARTHA DEWOLFE. "FRUIT-A-TIVES", the medicine made from fruit juices, has relieved more sufferers from Headaches, Constipation, Stomach, Liver, Kidney and Skin Troubles than any other medicine.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

#### ARROW POINTS

Pews impart no piety.

The amiable are akin to the angels Why use barbed words when you can the reduction of Germany's power was

A man's worth is not to be judged either by his wealth or his material

Bring yourself up squarely to Bible truths, to see if you can see their burning light.

Render to your Maker Homage pure and true; All who love the Saviour Love His service too.

-PASTOR J. CLARK.

### HOW DO YOU DO?

"How can you, friend?" the Swedish The Dutch,, "How do you fare?"

"How do you have yourself today?" Has quite a Polish air. In Italy, "How do you stand?"

Will greet you every hour; In Turkey, when one takes your hand, "Be under God's great power!" "How do you carry you?" is heard

When Frenchmen so inquire; While Egypt's friendly greeting word Is, "How do you perspire?"

"Thin may thy shadow ever grow," The Persian's wish is true; His Arab cousin, bowing low, Says, "Praise God! How are you? But oddest of them all is when Two Chinese meet, for thrice

Ask, "Have you eaten rice?" -H. B. Jones in "Christian Standard.

then

### THE TWO FATES

fighting hosts Who go to the front to die,

Wherever their bones may lie

shed tears

There's a cheer of the drum for the shrinking heart When the captain swings ahead, When the air is thick with the click,

click, click Of the singing storms of lead;

But the sad wife hears through her throbbing fears The living sobs of the lonely years.

soul

And no one to see or know.

The voice of woe and the word that losses were far greater than those of soldiers, engaged in military work and cloud clears

Continued from page 6)

which comes only to eye-witnesses. motive, there were certain movements The three-weeks' battle was in a sense undertaken with the intention of seiza more significant achievement than ing vantage points for future offensive. the Marne. It marked the defeat of Such was the fighting of Les Eparges, the second great German offensive. It in the Woevre, and the movement of The subordinate services of the arcost the enemy a quarter of a million the left bank of the Moselle through my were brought to a like degree of men. It inaugurated that winter stal- the Bois le Pretre, which between efficiency. Since the beginning of the emate, which bore more hardly on Ger- them pinched the German wedge at St. war French railways have transported many than on the Allies, and which Mihiel very thin and gravely threat- from one point to another in the thegave France time to reorganize her ened its communications. Such was atre of operations more than 100 div- he would be pleasantly surprised in levies and supplement her resources. the advance over the Southern Vosges isions by means of more than 10,000 regard to dirt, but he would hardly It are established finally—if there had which secured the debouchments of trains in journeys varying from 60 to find it airy. Petticoat-lane (We shall ever been any doubt of it—the supreme the lower glens and won to within 10 350 miles. The 12,000 motor vehicles scornfully ignore the idiot who changmilitary talent of General Joffre and miles of Mulhausen. This part of of the Army have been used to carry ed its name to Middlesex-street) is General Foch. The French reserves the campaign was partly reconnais- troops at the rate of 250,000 men per roughly speaking, made up of three were not yet ready, but General Joffre ance and partly a securing of a "jump- month. As in the British Army the managed to collect reinforcements ing offground." That this successful food supplies have been regular and when the call came. Apart from the "nibbling" could go on for six months excellent, and the medical service crannies for the air to filter through. new armies holding the front, he sent simultaneously with the holding of highly efficient. In spite of the inup during the actual fighting not less 500 miles of front is a proof of the clement winter the sick rate was lower the steaming crowd, we come upon stiff and starchy. There's a good heart than five Army Corps by rail and French Army and the tenacity of their than in time of peace. motor. It was Foch's task to make his leaders. scanty reserves go as far as possible, placing a division here and a division But the most important work of all Military critics speculated during more enveloped. write to tell you of the wonderful there, as the stress of battle altered. was being done quietly behind the the winter as to the direction of the benefit I have received from taking Only under the most brilliant leading scenes at Headquarters and in a great French offensive. Most were 'Fruit-a-tives'. For years I was a dreadful could half a million men between Al- thousand centres up and down the inclined to believe that it would take

#### IV. WAR OF ATTRITION

This article discusses the effect up to the present of General Joffre's

strategy of attrition. It shows how during the winter campaign the French Army was strengthened and made more efficient in all departments-men, guns, and the organization of the supply of muni-

Attrition is a word which has been loosely used and frequently misunderstood. As applicable to General Joffre's winter strategy it means the subjected to a variety of attacks in which he loses more than the attackers. General Joffre saw clearly that the first object of the Allies. A war of attrition benefits one side either if the losses on that side are out of all proportion less than those of the enemy, or if the enemy is being detained pending the arrival of reinforcements. Both objects were part of the plan of

The Allied trench line extended from the mouth of the Yser to the slopes of the Jura-a distance, if we follow 590 miles. Of this the Belgians held 15, the British 31, and the French 544 large sections on the crects of the Vosmate owing to the impregnability of both fronts. The space from the sea to Albert, the neighborhood of Soissons and Reims, Northern Champagne the Argonne, the Verdun, and Nancy circles, and the southern end of the Vosges were the sections requiring special protection. Yet, with all de-They shake their own two hands, and mitted occasionally to visit their fam-

Brothers, who have the harder fate- the French ground was well suited to better, while the chalky soil of the There's a thrill in the tramp of the Aisne made life uncomfortable. But and of Northern Champagne things Though none may say from day to day were better, and the woods of the But the mother hears through her un- places such as La Boisselle, near Albert, where the French lines ran Her baby's call down the sweet long through a cemetery, but they were the

In all these movements the German private factories. The workers were or it may be merely a by-product. the Allies. Even in the fight at Sois- subject to military law. Many who had sons in January, where the German been mobolized were recalled to their Brothers, who have the harder fate- counter-attack succeeded, the enemy former trades, and there was no French, and in the Champagne battles nel.

The Achievement of France 10,000 German dead were buried, 2000 prisoners were taken, and two regiments of the Prussian Guards were almost annihilated. Besides these actions, where attrition was the chief

French Organization

But the three months fighting had been inflicted terrible losses upon the ene- heat of the day has something to do maintained at a heavy price. It was my. The sight of one of their artillery with it, but the two big blocks of ice the armies up to strength, and, in the was delivered for hours together with drinks make the mouth water. They held in a long series of positions, and second place, to find new armies for the rapidity of a machine-gun, was a have the advantage of standing next a future offensive. It was necessary proof of the fruitfulness of General door to a golden weighing machine, also to provide munitions on a colos- Joffre's strenuous winter work. sal scale, including heavy artillery

to increase the armed strength of individual.

and all the material required for ing paper in which the tobacco is trench warfare were improvised with contained. Neither Mr. Edison nor that this was not an official but a nat- to their employ. ional effort. Local committees were It is noticeable, however, that the formed everywhere of leading manu- evidence which Mr. Ford presents in the land were pressed into the service. the cigarette, or of tobacco generally, Much, no doubt, still remains to be by growing boys is harmful. There done, but the achievement of France has been no doubt of that in anybody's



The Spring Campaign sufferer from Constipation and Head- bert and the sea have beaten off at country. General Joffre was busy place in Alsace, or from the heights reeable. The old clothes are frankly remedying the defects which experi- of the Meuse in the direction of Metz. disagreeable. "These trowsers," says ence had revealed, preparing his new Much valuable ground has been won one sweltering vendor, "are made for armies, and organizing the resources in these localities, but the main move- people that have to wear them a car accident one day. A paper, after of the nation. He had already drasti- ment, which is still in progress, has twelve-month." We can only feel uncally purged the army of incompetent been that of the army in the sector affectedly sorry for the prospective happy to state that he was able to ap- Midland Division officers. Every leader was now a north of Arras. The value of a suc- wearer. They are wholly unappetizing pear the following evening in three proved soldier and the average for cess here is obvious. If pushed far trousers; and they are not even pic- pieces." generals had been reduced by about enough beyond Lens it would threaten turesque. The clothes, for the most ten years. From the start he had re- the main communications of the whole part, are sombre, shoddy and ugly. fused to follow German precedents German front south of Compiegne and They are relieved only by the stalls and had created a national strategy compel a wholesale retirement. It is devoted to collars and ties, over which suited to the genius and the circum- idle to speculate about work which is are festooned pretty handkerchiefs of stances of the French people. In still unfinished. The French have gay, bright colours. On the other?" November he had an army thoroughly won the high ground commanding the hand, most of the refreshments look Willie (triumphantly): "Oh, I know! seasoned, welded and perfected by war. plain of the Scarpe and Scheldt, and unexpectedly pleasant. Perhaps the It's a rooster on a fence!

### HENRY FORD AND THE CIGAR-

The pronounced stand taken against ments, being met and faced in the the cigarette by Thomas A. Edison and waves a gallant Italian flag; yet they ed the horrid fact that it was "made in midst of a life and death struggle. Henry Ford is one of the minor evi- look good. Not so good though as the It was no mere question of the use of dences of the present great campaign chunks of pineapple at a penny each, resources already available and organ- for higher personal efficiency the which are handed out on the end of a organic army reform and elaborate temperance movements of importance to the delightful lady who presides with patriotism. Then Mollie remarknational reorganization. It would in England and France, the actions of over it. She has the cheerfulest of ed:have been impossible unless he had such corporations as the Erie Railbehind him a people inspired by a un- road in the matter of alcoholic indul- white cap perched on top, a green and I'll bring her up English." iversal spirit of sacrifice. There was gence among its employees are part blouse with white spots on it. The no politicians to obstruct. The Com- of a sweeping protest against the loss blouse is so tight that as she breaks mander-in-Chief was a rational dictat- that comes to employer and employee, into fat, jolly laughter, we flinch in or and the politicians were his willing to nations at war and to nations at colleagues. It is not possible in a peace through indulgence that lowers short space to explain the steps taken the physical and mental force of the

large classes hitherto exempt from a man who dreams and converts his tary spasm. service were called up, that all reser- dreams into concrete fact. His startvists were brought to the colours, and ling announcement of wage scales and that the 1915 class, which would have social programs in his factory, his atnormally gone into training this Aug- titude with regard to the ex-convict ust, was already in training before the and his campaign against the cigarette end of last year. Steps were taken tto are all a part of his restless energy call up still later classes. The con- and love of benevolent innovation. sequence was that before the spring Mr. Ford is carrying on his anti-cigthe French active forces were largely arette movement now by means of a increased and substantial reserves widely circulated pamphlet entitled. More intricate was the problem of troversy which he and Mr. Edison equipment. The need ofr a combined have been carrying on with President national effort which we have lately Hill, of the American Tobacco Comfelt in Britain was realized months ago pany. Mr. Hill contends that the cigin France. Every factory and work- arette is the least harmful shop which could by any possibility be form of tobacco, and points to its adapted for the purpose was used for great popularity and to its use by a the manufacture of guns and shells. vast army of intelligent professional rom what existed at the beginning of ing agency that Mr. Edison calls it. the war-a rate which will presently Mr. Ford quotes Ben Lindsey, Hudson reach 900 per cent. The achievement Maxim, the Keeley Institute and other swamp and on the Ypres salient little applied not only in quantity but in authorities on the other side. Mr. quality. New types of heavy guns, Edison maintains that the harmfulness new types of hand grenade and bombs, of the cigarette comes from the burn-

and their bread and coffee were the up to date is a lesson in the meaning mind. We may be thankful to these two noted performers for making it In this work France had one great more conspicuous than before. When asset. Our labor troubles have al- it comes to results by comparing the Not only was the line held, but a ser- ways appeared to her incomprehens- standing in college of smokers and ies of attacks were made which bit ible. In the first place, the gravity of non-smokers, the reader should prodeeper into the enemy's strength, the war was intimately felt by every ceed with caution. The non-smoker There were movements on the Yser; class, and there was not the will to is naturally less likely to be the conthere was the thrust north of Lens strike, even if there had been the genial and gregarious sort of student. There's a glow to the dare of a noble which ended in the capture of Ver- means. In the second place, the exist- The "grind," the "poler," the student melles; and in particular there was ence of compulsory military service who bends his whole energy in main- one in the middle of the road. The the great movement of General Lang- was an invaluable aid to the authoritaining a high mark in study or who crowd is as miscellaneous as the con-With a life for a stake to save or break le de Cary during February in North- ties when the ammunition crisis be- strives for the top notch in athletics, tents of the stalls. There are a few ern Champagne which brought the gan to be felt after the battle of belongs naturally to the class of ab- sailors and a surprisingly large num-French guns almost within range of Marne. There was little need for the stainers. Abstaining may be in his ber of soldiery, making a distinct

more than 700 years.

PETTICOAT LANE, LONDON

#### A Cheerful Medley

"We out to White Chapel," says Mr. Pepys, "to take a little ayre, though vet the dirtiness of the road do prevent most of the pleasure, which should have been from this tour." If he were now to revisit Petticoat-lane on a stiffing morning in July he would probably think rather differently. Barring some backbones of deceased fish- "With so much Christian blood in his es, and perhaps a trifle of orange peel equal and component parts-noise, heat and Jews-and there are few mysterious "air pockets", throw back beating below their gaiters." our shoulders, and drink deep of the blessed draught before being once

Nevertheless, though it is undeniably stuffy, the general impression produced by Petticoat-lane is rather agdelicious feeling of the Albert Memor- you I swallowed a penny?

thirst," are not quite so tempting, nor new and beautiful doll one morning. tons. She seems to be doing a large business, as do also, alas! the dealers in curious fishy messes, the sight of ly dinner time, but found the watch France. Suffice it to say that Henry Ford is a practical visionary; which causes a painful and involun- was stopped.

### Crockery Crimes

so are the stalls given over to toys, it was more, 'It never is more round by Japanese umbrellas. On one is a really splendid "line" in teddy bears, the largest and fluffiest ever seen. They belong apparently to a Jewish Five Towns, gorgeous vases of unsurthe pair, and no more than the price of gingerbeer bottles," says one gloomy and reproachful man without extracting the ghost of a bid. Close to working himself, also in vain, into a mon, we're a graind nation! state of violent heat. He tells a small downtrodden boy to hand him half-adozen saucers, bidding him quite superflously and with ferocious oaths "not to stuff his blooming nose into them." He shuffles the saucers like an expert cardplayer with a pack of astonishing speed. Let it beunderstood Mr. Ford will admit cigarette smokers cards; he throws them down one on top of the other with a terrifying crash counting them aloud with transparent honesty, "one, two, three, four, five, in smiles, and said:facturers, and every scrap of plant and his pamphlet is mostly in support of and six." Nobody will be tempted so all the intelligence and ingenuity of a familiar proposition, that the use of he abuses the boy again, and passes on, as we do, to something else. without any legs. What do you think There are so many something elses- it was?" miscellaneous and fascinating collections of old iron, and bird cages and jewelry, and Professor Rosena, in a well worn M. A. gown, who is apparently something in the nature of a for-

the way down the street, with all their owners shouting at once, and the crowd moves slowly along in three streams, one on each pavement and Boston and Yarmouth But the pale maid hears when the war the railway behind the German front. state to take over the management of case the cause, or it may be the effect, stripe of khaki in the many coloured -Syracuse Post-Standard. many buyers, but the general impression is rather of a cheerful morning's at 2 p. m. walk and a look around. For our-Pines are believed to live the long- selves we bought the nicest things in The men who fall or the women who lost probably twice as much as the wastage of talent in the wrong chan- est of all trees, some having attained Petticoat-lane, two penny bulldogs of brown crockery, with patriotic red,

necks. They have ingenius tails of coiled wire, and the lightest touch sets them off in a unanimous and

### Joker's Corner

THE WICKED MUSQUITO

"You'd think brer sketter would take

"To love his neighbors and show good

some pains,

And he's not alone in dat."

Rev. Silvester Horne once heard a Tory member of Parliament say in praise

"Now, Dorothy,' said the teacher to a small pupil, "can you tell n.e what a

"Yeth, ma'am,' lisped Dorothy. "A panther ith a man that makths panths.'

"There's something in this youngster necessary to fill up the gaps and keep "preparations", when heavy shell fire that surmount an array of golden that surmount are such that surmount an array of golden that surmount are such that such that such that such that surmount are such that such that such that such that such that surmount are such that such four-year-old Willie on his knees.

> Willie looked at the victor queerly for so glittering and garish as to give us a a monent, then exclaimed: "Who told

for your blood and squinch your views on Huns, was presented with a

"Well, never mind, she's very young,

A well know minister was making a pedestrian excursion in a wild rural looked at his watch to see if it was near-

Just then, happening to meet with a country boy, he asked him-"What time is it, my boy?" "Just 12, sir." Thoroughly bright and cheerful al- "Only 12?' said the minister. "I thought in these parts.' said the boy, simply. "It begins again at 1."

The Scotch gardner was showing to a boy with crisp, curly hair, and an odd, tourist the beauties of the loch and of farouche look that reminds us some- the little village. It was evening, and July 22 how of a fawn. Bright, too, but less as he expatiated on the lovely scene and engaging are the crockery stalls. Here on the glories of his country, the moon

The old man stopped short in the middle of a speech, and gazed at the moon in admiration.

After a moment he turned to the tourist. and said; "There's a moon fur ye! I tell ye,

It is often literally true that "the weak things of the world" are able to "confound the things which are mighty." Not long ago a member of Parliament was caught, napping, by his little granddaughter, who is the delight of her parents and, the idol of her grandfather. She came before him, her face wreathed

"Grandpa, I saw something running across the kitchen floor this morning

He studied for awhile, but finally was obliged to give it up. "What was it?"

"Water," answered the little lady, triumphantly.

Steamship Co., Ltd

Steamships Prince George and

Prince Arthur Leave Yarmouth daily, except Sundays at 6 p. m. Return, leave Central Wharf, Boston, daily, except Saturdays,

Tickets and Staterooms at Wharf Office A. E. WILLIAMS, Agent Yarmouth, N. S.

### OH, SUCH A HEADACHE Nearly everyone has ripping, tearing headaches at times. Disordered ston-ach—sluggish liver does it. Cheer up! here's the real relief—Chamberlain's Stomach and Liver Tablets. put the stomach and bowels right. Chamberlain Medicine Co., Toronto CHAMBERLAIN'S **TABLETS**

# "LAND OF EVANGELINE ROUTE

On and afte rJuly 19th, 1915, train

Service Daily Except Sunday. Express for Halifax (Monday only) Express for Yarmouth.....12.08 p.m. Flying Bluenose for Halifax 12.39 p.m. Express for Halifax......1.58 p.m. Flying Bluenose for Yarmouth 2.18 p.m. Express for Annapolis (Sat. only)

Accom. for Halifax......7.40 a.m. A celebrated vocalist was in a motor- Accom. for Annapolis.......6.35 p.m.

Trains on the MidlandDivision leave Windsor daily (except Sunday) for Truro at 7.05 a.m. 5.10 p.m., and 7.50 Papa (concealing something in his a.m. and from Truro for Windsor at 6.45 a.m., 2.30 pm. and 12.50 p.m conhand): "Willie, can you tell me what it necting at Truro with trains of the Inis with heads on one side and tails on tercolonial Railway and at Windsor with express trains to and from Halifax and Yarmouth.

Buffet Parlor Car Service on Flying Bluenose trains between Halifax and Yarmouth

DAILY SERVICE

(Sunday excepted.) Canadian Pacific Steamship "Yarmouth" leaves St. John 7.00 a. m., Mollie (aged seven), who has strong John about 5.00, connecting at St.

### Boston Service

Steamers of the Boston and Yar-For a few tense moments the pride of mouth S.S. Company sail from Yarized. Genera! Joffre's task was one of world over. Prohibition in Russia, fork. The pineapple owes a good deal her new possession had a mental wrestle mouth for Boston after arrival of Flying Bluenose train from Halifax

> P. GIFKINS, General Manager.

# **FURNESS SAILINGS**

From London From Halifax July 31

Aug. 10 From Halifax

Durango

Aug. 7

Aug. 20

Appenine

July 21

Furness Withy & Co., Limited Halifax, N. S.

## H. & S. W. RAILWAY

Accom.	Time Table in effect	Accoma.
Mon. & Fri.	January 4, 1915	Mon. & Fri
Read down. 11.10 11.38 11.55 12.23 12.39 12.55 13.15	Stations Lv. Middleton AB. Clarence Bridgetown Granville Centre Granville Ferry Karsdale AB. Port Wade Lv.	Read up. 15.45 15.17 15.01 14.36 14.21 14.05 13.45

CONNECTION AT MIDDLETON WITH ALL POINTS ON H. & S. W. RAILWAY AND D. A. RAILWAY.

P. MOONEY General Freight and Passenger Agent

# September

is the day you should begin your course at the Good School. The office will be open for enrolment on the two preceding days. Classes begin on the opening day. Those who enter then should be the first ready for employment. Course of Study on application

Maritime Business College HALIFAX, N. S. E. KAULBACH. C.A.