

SAGE TEA TURNS GRAY HAIR DARK

it's Grandmother's Recipe To Bring Back Color and Lustre to Hair.

That beautiful, even shade of dark, glossy hair can only be had by brewing a mixture of Sage Tea and Sulphur. Your hair is your charm. It makes or mars the face. When it fades, turns gray, streaked, and looks dry, wispy and scraggly, just an application or two of Sage and Sulphur en

hances its appearance a hundredfold.

Don't bother to prepare the tonic; you can get from any drug store a 50-cent bottle of "Wyeth's Sage and Sulphur Hair Remedy" ready to use. This can always be depended upon to bring back the natural color, thickness and lustre of your hair and remove dandruff, stop scalp itching and falling

Everybody uses "Wyeth's Sage and ally and evenly that nobody can tell it has been applied. You simply dampen a sponge or soft brush with it and draw this through the hair, taking one small strand at a time; by morning the gray hair has disappeared, and after another application it becomes beautifully dark and appears glossy lustrous and abundant, For sale by W.

IF KIDNEYS ACT

Says Backache Is Sign You Have Been Eating Too Much Meat.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid, which overworks the kidneys in their effort to filter it from the blood, and they become sort of paralyzed and loggy. relieve your bowels; removing all the day, causing a loss of \$275,000. Stephen body's urinous waste, else you have backache, sick headache, dizzy spells; your stomach sours, tongue is coated, second floor fell, and ten others were and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds, and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable phy sician at once or get from your pharmacist about four ounces of Jad FOUND FROZEN TO DEATH Salts: take a tablespoonful in a glass Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act This famous salts is made from the acid of grapes and lemon juice combined with lithia, and has been stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder

Jad Salts is a life-saver for regular meat-eaters. It is inexpensive, cannot injure, and makes a delightful, effervescent lithia-water drink. Strong, druggist, agent, London.

HAND FULL OF WHITE BLISTERS

Scratching Made it Pain so Badly Lost Many Nights' Sleep. Could Not Do Work at All. Cuticura Soap and Ointment Cured.

Box 695, Valleyfield, Que,-"My hand would get full of little white blisters and when I would scratch it would pain me so badly I lost many nights' sleep. My hand was one mass of sores. I more than suffered and talk about itching! When I rubbed my hand it would burn. I had it about six years. I could not do any work at all. If you had seen my

hand you would have said there was no cure. I used to cry and get so discouraged. I was never troubled with it in the summer but as soon as the cold weather started my hand got sore. "I tried all that was given me and was

treated for three months and every night I washed my hand in ---- It had spread all over my hand. I started to use the Cuticura Soap and Ointment and I got relief. One cake of Cuticura Soap and two boxes of Cuticura Ointment completely cured me.' (Signed) Mrs. Sarah Mercier, June 11, 1913.

TO REMOVE DANDRUFF

went dry, thin and falling hair, allay itching and irritation, and promote the growth and beauty of the hair, frequent shampoos with Cuticura Soap, assisted by occasional dressings with Cuticura Ointment, afford a most effective and economical ment, anord a most enecuve and economical treatment. Sold throughout the world. For a liberal free sample of each, with 32-p. book, send post-card to Potter Drug & Chem. Corp., Dept. D, Boston, U. S. A.

Wreck of the C. W. and L. E. Powerhouse Following an Explosion of Gas at Chatham



SUFFRAGISTS REFUSE TO ENTER INTO BONDS

Women and Men May Be Imprisoned For Six Months.

[Canadian Press.]

London, Feb. 25 .- Five prominent suffragists were charged before the police magistrate at Bow Street today with obstructing the police during last night's demonstration in Parliament Square, Sulphur" because it darkens so natur- when they protested violently against Premier Asquith, who had refused to

man, author and artist; Henry W. Nevinson, war correspondent; Mrs. D. A. Thomas, wife of the We'sh coal magnate: H. D. Harben and Miss K. Haig. The magistrate ordered them all to be bound over in a bond of \$25 each to be of good behavior for six months. The prisoners all refused to enter into the

In the ordinary course, offenders refusing to be bound over remain in prison

ONE HUNDRED AUTOS

Employee of Factory Missing, and Dozen Firemen Injured.

[Canadian Press.] Lynn. Mass., Feb. 25.-Nearly 100 automobiles were lost in a fire which When your kidneys get sluggish and destroyed the Essex Garage, a threeclog you must relieve them, like you story brick building on Broad street, to firemen were seriously hurt when the second floor fell, and ten others were infured in a hot-air explosion. The cause of the fire is not known. Athus was last seen on the third floor. The loss on the automobiles was estimated at \$200,

used for generations to clean and Joseph Lebel Drinks Himself Into a Slumber From Which He Never Awakes

[Canadian Press.]

Montreal, Feb. 25 .- Frozen stiff, the oody of Joseph Lebel, 55 years old, was found last night by Lieut. Trudeau and Constable Morrette on the floor of a hovel in the rear of Beaudry street. On a table beside which th body lay was a bottle half-filled with whisky.

Lebel, together with an old woman named Lacoste, had occupied the place for a long time, but the old woman who was found by some of the neighbors to be ill, was sent to the Notre Dame Hospital a couple of weeks ago The police say she was but a few day n the hospital when she died. Since the old woman was taken to the hospital, Lebel had lived alone. He had evidently drunk himself into a slumber and had been frozen when the fire went out.

BRIDE SHOT DEAD BY FORMER SWEETHEART

[Canadian Press.] San Francisco, Feb. 25 .- Disappointed love, Abraham Pepper, of Tacoma, Vashington, called Mrs. Dorothy Johnon, his former sweetheart, who married L. Johnson, of Tacoma, one week ago, the door of a room in the hotel here where she was spending her honeymoon, With a bullet in his head Pepper was rushed to a hospital, where his chance

for recovery was said to be slight. BRINGS BIG CARGO OF ANIMALS AND BIRDS

[Canadian Press.] New York, Feb. 25.—From Hamburg, he world's greatest animal market, the steamer President Lincoln brought today one of the largest cargoes of birds and quadrupeds that ever reached New York. There were 5,000 canaries, 6,000 pheasants, and a large variety of assorted hirds six elephants ten panthers, nine tigers, and a few porcupines and monkevs.

MAYOR IS CANDIDATE.

[Canadian Press.] Winnipeg, M d., Feb. 25.—The Liberals of Russell constituency have nominated Donald C. McDonald, mayor of the town of Russell, as their candidate for the Manitoba Legislature.

HAVE LOOSE VIEWS ON RELIGIOUS TEACHING

Hon. S. H. Blake Speaks His Mind About University Professors and Teachers.

[Canadian Press.]

Toronto, Feb. 25 .- The proposal to introduce religious instruction in the a heated controversy all over the province, has aroused Hon, S. H. Blake. In an interview this morning he expressed himself in his usual vigorous

"Seventy years ago in Upper Canada College, the Bible was used as a textbook," remarked Hon. S. H. Blake, in speaking on the proposal to intro-duce the study of the Bible into the schools of Ontario.

"In the classes," he continued, was read verse about by the scholars. If the Roman Catholics desired it, they edition of the sacred volume. It was made the subject of examination, and rewards were given for Scripture learning. The true incentive to the studying of the Book was thus given

to each pupil in the college."
In a letter to Dr. John Seath, Mr. Blake agrees that the department of education would not be justified in intrusting the exposition of the Scriptures to the teachers of our schools. He states that the teachers are influenced by "the loose views of university professors and teachers," and adds: "How can you expect a godly reverence on the part of our students or the teach ers in our schools when one of its professors publicly reads at a dinner given to one of his fellows a song from which the following is taken: follow four verses of a song in which Methuselah and Melchizedek are introduced for purposes of comparison with the guest of the evening, and the last line is 'Corks poppin', champagne

LEGAL QUERIES

SUBSCRIBER .- I have a tenant who is no lease), Is she a yearly tenant after a revenue cutter to the fishing grounds vear is up?

Answer-Yes. 2. Rent is going on now for about eventeen months. Can I seize her goods for full time? Answer-Yes.

3. What time notice must I give her ow to vacate premises? Rent is at rate of \$120.00 a year. Answer .- Six months, expiring with the end of the yearly tenancy.

BRITISHER CHOSEN TO PILOT NEW AIRSHIP

New York, Feb. 24 .- It is announced that Lieut. John C. Porte, of the royal per mile. naval flying corps of Great Britain, will be the first pilot of the proposed transatlantic airships to be financed by Rod. man Wanamaker. He is confident that the flight can be made as planned.

HOW BOTHWELL PASTOR OBTAINED NEW MANSE

Got Members To Pay for It in Three Years-Is Asked To Stay.

[Special to The Advertiser.] Bothwell, Feb. 24.-At the quarterly poard of the Methodist Church, held recently here, the pastor, Rev. R. J. Currie, was given a unanimous call to return for a fourth year. Rev. Mr. ers Rochambeau, Dinna Mare, Minne-Currie's three-year term here has been waska, California, Ultonia, President

rather strenuous, but successful. On his arrival here the church home was in a sadly dilapidated condition, and, rather than fix it up, Mr. Currie suggested buying a fine residence adjoining the church property, promising to remain until it was paid for, which, he said, could be done in three annual payments given by the members, the last payment coming due in November last. These obligations have been met by the members with but few exceptions, and the new parsonage is

nearly paid for. The church also has a new furnace, due to the efforts of Mr. Currie, and the finances of the church are in a

prosperous condition. Spiritually as well as financially Rev. Currie has done his duty, holding special meetings twice at his outside appointment, Armstrong, and once in the church here, and a goodly number were added to the church roll.

> GIVE HER A SHOWER. Special to The Advertiser.

Oakdale, Feb. 23 .- An enjoyable evening was spent on Feb. 21 at the home of Tom Summers, Oakdale, when between fifty and sixty young people gathered to present his sister, Jessie Mae, who is shortly leaving for the west, with a miscellaneous shower A social evening was spent, and dainty refreshments were served by the ladies. The young people dispersed after singing "God Be With You Till We Meet Again," and wishing Miss mmers every prosperity in her new

'WET AND DRY" CONTEST BRINGS OUT WOMEN

Majority of Places, However, Few Took Advantage of Suffrage.

[Canadian Press.]

Chicago, Feb. 25.-Comparatively few women yesterday took advantage of their public schools, which has precipitated first opportunity to vote under the provisions of the new state suffrage law. Returns tabulated here today indicated that more than two-thirds of the registered women remained away from the primary elections held in many cities and towns of the state.

In Chicago the total number of women who voted was 47,529, or about 30 per cent of the 158,524, who had qualified. The heaviest woman's vote in the state was at Galesburg, the scene of a "wet were at liberty to use their own Douay and dry" contest, where the women cast nearly one-half of the total vote.

DEATHS OF THE DAY

Late Isaac Jennings.

The death of Isaac Jennings occurred at his residence, 551 Richmond street, Tuesday night in his 38th year. The funeral will be held from the family residence at 2:30 o'clock on Thursday. Interment will be made at Mount Pleasant

SINGLE TAX LEADER. [Canadlan Press.]
New York, Feb. 25.—John Sherwin Crosby, prominent as a single tax leader, died of a complication of diseases yesterday at his home in this city. He was 72 years old.

AMERICAN FISHERMEN ASK BETTER CONDITIONS

[Canadian Press.] Gloucester, Mass., Feb. 25. - Better conditions for American fishermen in Canadian and Newfoundland waters will be sought by a delegation of Gloucester fishing captains and businessmen rents by the year. When year was up at a conference with Secretary Bryan at she did not have the money. (There Washington tomorrow. The detailing of to act as a hospital ship also will be suggested.

MORE RAILWAY AID

British Columbia Legislature Has Bill to Guarantee Bonds.

[Canadian Press.] Victoria, B. C., Feb. 25 .- In the Legislature last night Premier McBride introduced a bill to further aid the P. G. and E. Railway, the most important provision of which was a guarantee of the bonds of that company for the extension of the road from Fort George to a poin in the province inside the eastern boundary, a distance of 330 miles, at \$35,000

COMMITTED SUICIDE. [Canadian Press.]

Newark, N. J., Feb. 25 .- Hayward A Harvey, 45 years old, formerly state assemblyman, committed suicide in the Lackawanna Railroad station at Orange early today by shooting himself through the heart with a revolver. The deed was attributed to temporary insanity, resulting from ill health.

STEAMSHIP ARRIVALS. London, Feb. 24.—Arrived: S Steamer

Minneapolis. Plymouth, Feb. 24.—Arrived: Steamer President Grant. Antwerp, Feb. 24.—Arrived: Steamer Michigan. New York, Feb. 25.—Arrived: Steam-

Lincoln

IS BRITAIN TIRED OF CANADA? We don't think so, but we are sure no man has any chance of curing corns inless he uses Putnam's Corn Extractor. It takes out root, stem and branch cures painlessly in twenty-four hours. Use only Putnam's, 25c, at all dealers

You

Have Missed Something If You've Not Read the Want Ad. Page.

MILITARY ENGINEERING LECTURES INTERESTING

Bridge Construction, Field Telegraphy and Other Work Being Taught by Experts.

Great interest is attached to the school of instruction now being conducted at the rmories in connection with the Seventh Field Company of Canadian Engineers. Capt. Kilbourne, of the permanent staff at Ottawa, is giving the lectures and his addresses are illustrated with lantern slides and many practical exhibitions of the work accomplished by the engineering de-

partment of the Canadian militia. Methods of constructing bridges, field telegraphy and other details of the work are being shown in the lectures which are held on Monday, Wednesday and Friday evenings of each week, and the instruction given is of a most practical and educative nature.

The local company has an enrollment at the present time of 80 men, and the officers in charge are: Major F. W. Farncomb, Captain E. V. Buchanan and Lieutenants Archer, Garratt and Healy. The officers are desirous of increasing the strength of the corps and are ready to eceive applications from recruits at any of the evening sessions. Men of a mechan ical turn of mind are wanted, as the work done by this branch of this service is of distinctly mechanical nature

ALL SAINTS' DRAMATISTS PRESENT SPLENDID PLAY

Give "Bill, the Coachman," Before Enthusiastic Audience.

"Bill, the Coachman," a farce comedy in three acts, by John M. Francis, was capably presented Tuesday night by the Dramatic Club of All Saints' A. Y. P. A. Some 300 people crowded the lecture-room of the church, and accorded the play an enthusiastic recep-

Miss Ella Parsons, as Anna, the Irish maid, showed exceptional dramatic ability, and was acclaimed as the star of the cast, although Miss Gladys Phillips, as Eunice Brewer, played her part with almost equal excellence. Miss Lottie Martin, as Mrs. Susar Brewer, and Miss Annie Bradley, as Samantha Brewer, accomplished some exceptionally fine acting. John Hart in the title role of Williams Walters, or Bill, the Coachman, convulsed the audience with repeated rounds of

laughter. Good work was done by the other members of the cast, including George Langford, as Samuel Brewer; C. Stevens, as Reginald Depeyster, and Clarence Parsons, as Jack Thornton.

SYLVIA REPEATED TO ANOTHER FULL HOUSE

The operetta "Sylvia" was given the second time by the Christ Church choir n the school room last evening to another full house. The glee, "Strike the Lyre" was also sung as a concluding was over the choir was invited to the rectory, where Rev. C. R. and Mrs. Gunne entertained them. The whole affair was a decided success, and much credit is due J. H. C. Woodward, the organist and choirmaster, for the excellent way in which the operetta was presented, and with the splendid finish with which everything was done. While of thanks to Mr. Woodward. Mr. White

at the rectory, C. Milligan moved a vote who entered into his part of Sir Bertrair DeLacey with such interest and finished success: Bert Macnamara for his par in making it more effective by the landscape painting and scenery, and Miss H Gunne for her work at the piano, were The same cast took the leading parts

as on Monday night, including Mess Muriel Webb as (Betty), who was omitted in Monday evening's paper.

TURNBURY FARMER LOST VALUABLE HORSE

Broke Its Leg and Had To Be Killed-Still Putting Gravel in the Turnbury Hole.

[Special to The Advertiser.] Wingham, Feb. 25 .- Yesterday fore-100n Charles Aikens, of Turnbury rownship, a prosperous farmer, lost horse valued at \$200 in a peculiar way He had turned the animal out for water and exercise in the barnyard and went inside to feed the other stock While he was absent the horse slipped on some ice and broke one of its legs. so badly that pieces of the bone were scattered on the ground where the animal lay. Dr. Calvin, V.S., could do nothing for the horse, and was obliged to put it out of misery. Mr. Aikens feels his loss, as he had recently bought the horse to mate another one

he has. The sink-hole here in Turnbury Township has slid to one side, and Thomas Jeans, contractor, has at present twelve teams drawing stones, etc to fill in. At present there is a road way made on each side, but it is feared that when soft weather sets in all the work that has been done will go for nothing, as it is believed the hole is practically bottomless.

FORMER GOVERNOR DEAD.

[Canadian Press.] Joshua L. Chamberlain, surveyor of customs here since 1900, died today. He was born at Brewer in 1828, and distinguished himself in the Civil War. At the close of the war he was elected governor, and at the end of this service n 1871 became president of Bowdoin College. His home was in Brunswick. Drug Co., four stores.

STICKS TO CONTENTION OF NO FIRE ESCAPES

Despite Government Official's Report, Building Inspector Says City Hall Has Enough.

Building Inspector A. M. Piper sticks to his contention that the temporary city hall is plentifully supplied with toilet accommodation and fire exits, despite the warning of Factory Inspector Harry A. Clark and Chief Inspector J. T. Burke, that the improvements demanded must be made.

The controllers have asked Inspector

be made.

The controllers have asked Inspector Piper for another report on the building, but it is likely that the document will be in line with the previous one handed in, viz., that the building is safe, and that the toilet arrangements are quite satisfactory and in conformity with the requirements of the law. quirements of the law.

QUEBEC GOVT. KILLS MONTREAL FAIR BILL

Quebec, Feb. 24.-The Provincial Gazette, just published, contains the official cancellation of the Montreal fair bill.

The cause of the recent graft scandal, which led to the resignation from the Legislative Council of L. P. Berard, Achille Bergevin and L. O. Mousseau from the Legislative Assem-

TAX TO PROVIDE WAR FUND

Huerta Making Capital From Moving

of . the Crop. [Canadian Press.]

Mexico City, Feb. 24.—An export tax on coffee, which il provide President Huerta with a considerable amount of money for the prosecution of the war, is announced in a decree issued today. The tax amounts to three pesos per 100 kilograms (220 pounds), on unhusked coffee, and three and a half pesos on the cleaned product. The tax becomes effective February 25. The coffee crop is now moving.

MOTHER FINDS FENIAN RAID VETERAN DEAD

Woodstock, Feb. 24.-Oliver Brown, the veteran West Oxford mailcarrier, was found dead in bed at his home yesterday by his mother, who is 91 years old. Mr. Oliver had only retired from the mail-carrying recently and when in Ingersoll a few days ago caught cold and pneumonia developed. Death apparently came very unexpectedly from an attack of heart weakness and he was stricken as he was about to get up. Mr. Oliver was 65 years old and a Fenian Raid veteran. At one time he was a member of the West Oxford Township council. unmarried. The funeral will be held on Thursday.

CONSERVATIVE NOMINATED.

[Canadian Press.] Winnipeg, Feb. 24.-Conservatives of Russell have nominated Edward Graham, of Foxwarren, as their candidate for the Manitoba Legislature.

AILSA CRAIG. number. The applause from the audience betokened a spirit of enjoyment and appreciation. After the performance McGillvray, who underwent an operation is improving Miss Hazel Templeman, teacher of school section No. 3, McGillivray, visited her parents in London over the week-end. Little Gracie Ridsdale is able to be out again after her recent illness.

Mrs. F. Neill and son, of London, are visiting the former's sister, Mrs. F. M.

Allen Brown was a London visitor on Monday.
L. G. McKay spent a couple of days in Toronto recently

LAMBETH. Lambeth, Feb. 24.—Miss Alice Payne, London, was a recent visitor with Miss Margaret Ramsey.
Miss Ethel Copeland is visiting her also included in the vote of thanks, to aunt. Mrs. Scott, at Ealing.
which all responded to most heartily.

Miss Luella Reddick spent the weekend with friends in London. Miss Louie Spurr, of Petrolea, was a week-end visitor with Miss Ruby Gar-

Mr. and Mrs. Storey, of Ingersoll spent the week-end with Mrs. Eber Pat-Miss Edith House is home from Sparta, where she spent the past two weeks.

DR. A. W. CHASE'S 25C. is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever.
25c. a box; blower free. Accept no substitutes. All dealers or Edmanson, Bates & Go., Limited, Teronto.

Flowers of Lasting Fragrance FOR THE TABLE OR THE SICK-ROOM, AT

The Quality flower Shop . Dicks & Son 235 Dundas Street

A CURE FOR DRUNKENNESS WITHIN THE REACH OF ALL

self and family through choice.
Alcura stops the craving for drink,

Can be had at the following stores nly \$1.00 per box. Ask for free booklet Anderson & Nelles, 268 Dundas St. E. L. Guillemont, 404 Richmond St. W. T. Strong, 184 Dundas St. The Taylor

Trust Investments

Funds intrusted to this institution for investment are always kept separate from all other moneys, and are invested in such unimpeachable securities as the law directs, thus insuring adequate income, and better still, undoubted safety. Consult us about your will.

The Fidelity Trusts Company of Ontario

Dominion Savings Building, London.

BURDOCK BLOOD **BITTERS** CURED A BAD ATTACK OF ECZEMA.

All skin diseases such as Eczema, Salt Rheum, Tetter, Rash, Boils, Pimples, and Itching Skin Eruptions, are always caused from the blood being in a bad condition, and it is impossible to eradicate them from the system unless you put your blood into good shape. This you can very easily do without the slightest trouble by using Burdock Blood Bitters.

It drives out all the humor from the blood, and makes it pure and rich, and not only are the unsightly diseases removed, and a bright clean complexion produced, but the entire system is renovated and invigorated at the same time. Mrs. G. A. Day, Somerville, N.B., writes:—"Last spring I had a bad attack of Eczema. I tried several patent medicines as well as the medicine of a physician, but they seemed to make the disease worse. I was advised to try Burdock Blood Bitters, and I did so with the result that in two weeks time the sores began to disappear. I continued to take it until I had taken three bottles and they worked a complete

SEMI-ANNUAL **CLEARING SALE OF COATS AND SUITS**

One of the greatest bargain opportunities that come to the people of Western Ontario.

COME IN .. ND SEE.

London Ready - to-Wear 256 DUNDAS ST.

Sole Agents for **GURNEY OXFORD RANGES** Smallman & Ingram

FLAGS AND DECORATIONS Of All Kinds PEEL'S, Richmond St.

SAME CUT PRICES ALWAYS AT BOTH STORES. 252 Dundas Street.

MODEL GROCERY Oranges for Marmalade—Bitter Oranges, 25c dozen; large, juicy fruit, regular 50c, for 35c dozen. Slicer loaned, also a recipe for making Marmalade. All orders prompt-

STANDARD DRUG, LIMITED.

ly attended to. Phone 386. HOSKIN & REYNOLDS, Cor. Dundas and Ridout. We Are Leaders

in Upholst ering We carry a large stock of Coverings.

and our prices are right, consistent PATTEN'S Furniture Store

EAST END FLORAL STORE J. H. TAYLOR. PHONE 719. CUT FLOWERS AND FERNS 613 Dundas Street

GOOD, DRY, MIXED WOOD. 12 or 16 inches long—\$2.25 per load.

PHONE 1312. TO PUT ON FLESH AND INCREASE WEIGHT

D. H. GILLIES & SON,

A Physician's Advice Most thin people eat from four to six pounds of good, solid fat-making food every day, and still do not increase in weight one ounce, while on the other That Alcoholism is a disease is now ecognized by Science. No man in his lenses brings disgrace and ruin on himtime. It's all bosh to say that this is

Alcura stops the craving for drink, builds up the system, steadies the nerves. It is guaranteed to cure or benefit, or money refunded after a fair trial. Alcura No. 1 can be given secretly by any wife or mother wanting to restore a dear one to health and usefulness. Alcura No. 2 is the voluntary they eat to maintain life and a semblance of health and strength. Stuffing blance of health and strength. Stuffing won't help them. A dozen meals a day won't make them gain a single "stav there" pound. All the fat-producing elements of their food just stay in the intestines until they pass from the body as waste. What such people need is something that will prepare these fatty food elements so that their blood can absorb them and deposit them all about the body-something, too, that will multiply their red blood corpuscles and increase

their blood's carrying power. For such a condition I always recommend eating a Sargol tablet with every meal. Sargol is not, as some believe, a patented drug, but is a scientific combination of six of the most effective and powerful flesh-building elements known to chemistry. It is absolutely harmless, yet wonderfully effective, and a single tablet eaten with each meal often has the effect of increasing the weight of a thin man or woman from three to five pounds a week. Sargol is sold by 'good druggists everywhere on a positive guarantee of weight increase or money back.