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Exceptional Values for your money is what you get here now. The vast stock of White Goods will enable you to select the very goods you need and want most, and for every dollar you spend you'll get a great deal more value than you ordinarily get.

White Lawns, White Fmbroideries, White Laces, White Lace Curtains, White Toilet Covers.

Marshall Brown

Nothing is more important to

per digestion and assimilation of

Digestion begins in the mouth with

he mastication of the food and in

ly to derive benefit good teeth are

should be one of the first considerations

As the teeth grow they should be

night and morning. Should the first

teeth show signs of decay the child

should be taken to a dentist for ad-

children as they require it for the for-

mation of bones and teeth, as it con-

You're Bilious! Let

"Cascarets" Liven

Don't stay headachy, constipated, sick, with bad breath and

Get a 10-cent box now.

stomach sour.

Are you keeping your bowels clean

passageway every few days with salts, cathartic pills or castor oil?

the mother should give the child.

place, good teeth are essential.

WHITE FLANNELS. White FLANNELETTES White Table Damask. White Table Napkins. White Damask Table Cloths.

The Easy Promiser.

By RUTH CAMERON.

Last summer, bitter experience to expect any ful-

she had promised to take on a picnic

Well, I think the wickedest thing

ever did was to promise a very old

one summer that I would send him

some post cards, and then to put it off,

To disappoint old people or children

But, someone pleads, one is so busy

these days that one-simply does not

have time to do all the kind things one

Granted. But one does not need to

It's selfish never to promise, but

make careless promises to do them.

people's hopes, and then not to kee

What are you doing

and put it off until it was too late.



walking trip, The Wickedest Thing She Ever Did. Do you remember in "Trilby" how someone asks her what was the wickfavorite edest thing she ever did, and she tells about going off on a coaching trip and disappointing her little brother whom

two children and that day? we snapped them Then we asked man at a country place where I went

erested way which surprised me. "I ippose your children have their pic tures taken so often that it isn't much of a novelty," I probed, tentatively. "Yes," he said; "a good many of

the folks take their pictures."

"Well, no." he said. "You see, the olks always take our address and romise to send the pictures, but mos lways that's the last we hear of it. And then I didn't wonder any mor that his voice was lack-lustre. It is so dangerously easy to mak

nerous promises! And equally easy, evidently, to for

get them! City people go into the country and, struck with the comparative meageress of opportunity in certain lines, they give off promises to share theirs, right and left. When they get back to time. I used Zylex and Zylex Soap ne city they will certainly send ma- with it and my Eczema began to im-Then they go back and the country druggists." olks watch for the postman to fulfill Zylex, 50c. a box; Zylex Soap, 25c. a ome of these promises, and watch in cake. in-unless perchance, like my friend the lighthouse, they have too much land, O.

Goods

65 kegs Heavy Green

75 cases Sunkist Oranges. 25 cases Fresh Eggs.

50 bags Small Beans. 50 bags Rangoon Beans. 50 bags Green Peas. 350 boxes Dried Fruit-

> Apricots, Prunes, Peaches, Pears.

100 bags P.E.I. Vegetables -Carrots, Beets, Par-

400 bags Potatoes.

Soper & Moore,

Importers & Jobbers.

Now, please, don't let this make you Fulton's Victory. afraid to promise. But rather, more unctilious about keeping them.

Fred Fulton's victory over Tom owler in the first round at New York, has given him a boost as the ost formidable contender for Jess Willard's coveted championship laurfor that Eczema?

The contest, while it lasted, was re "Nothing; I've about given up tryplete with action, and the big boxers did not spend an idle moment. Ful-"That is not wise. Do as I did and ton's left hand jab drew blood from a you will probably be cured in a short cut over Cowler's right eye before the contest had progressed one minute. but the English boxer was not botherazines and books and post cards and prove at once. A couple of boxes ed by this and kept swinging at his apshots, and goodness knows what. cured. You can get Zylex at your adversary. One or two of Cowler's blows landed cleanly and shook the Minnesota giant up a little, but a sharp left hook to the point of the jaw. delivered as Cowler came at him, sent the Englishman down cleanly for a vice. Brown bread should be given ount of nine.

This blow took the large crowd cometely by surprise, and there was a tains phosphates of wheat. ushed silence as the referee counted over the prostrate Englishman. Cowler at the count of five tried to regain his feet, but keeled over flounderingly

He managed to get erect before 9 conds had been tolled off, however, and staggered groggily to the ropes There Fulton rained a series of right and left hand blows on Cowler's jaw and the big English boxer collapsed to be counted out in a sitting position with his right arm hanging limply over the centre rope of the three surrounding the ring.

Everyday Etiquette.

ngagement ring should be worn and hould it be worn on the same finger after marriage?" was Nina's query. "The engagement ring is worn on the third finger of the left hand and is worn, with the wedding ring, on the same finger after marriage," said the constipated waste matter and poison in the bowels.

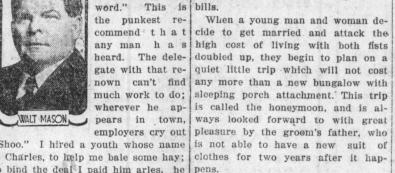
"The engagement ring is worn on undigested, fermenting food and foul foe of all wrinkles and you should have it for daily use without delay. Here is the formula for it: Glycerine, the same finger after marriage," said

Colds Cause Headache and Grip.
LAXATIVE BROMO QUININE removes the cause. There is only one 'Bromo Quinine." E. W. GROVE'S ignature is on box. 25c

Rann-dom Reels.

doesn't keep his





o bind the deal I paid him arles, he pens. said he'd come next day. But never picious start by solicitous male did that youth appear, which made my lifeblood boil; he went a-fishing in friends of the groom, who gather at the mere, and passed up honest toil, the station and bedeck the trunks of He comes to me when days are flown, the bridal party with soothing emand hits me for a job, but evermore blems and epitaphs. If a tourist I turn him down, the piker and the sleeper has been engaged these swab. He comes to me when tempest friends climb into it and throw rice blows, and asks me for a pie, but I've and old shoes into the faces of inofno charity for those on whom one fensive passengers who have been can't rely. I hire a youth named Ben-, married once and would prefer not to nie Bird to ply the saw and sperthe, be reminded of it. The first three for lads who do not keep their word days of the honeymoon are usually are of but little worth. The down- devoted to picking hulled rice out of the ear lobes of the cont d-outs are mostly men who this ties and trying to act like total strangalse system played; who broke and broke, and broke again the promises

One of the first things which a youthful and inexperienced bride-Your Boys and Girls. groom discovers on the honeymoon is that every hotel clerk knows just why he has left home and immediately doubles the rates for room with child's physical well being than probath. This cruel practice, if persisted in, is bound to reduce the crop of lood, and in order that this may take nervous, tangle-footed bridegrooms and blushing, rice-strewn brides until race suicide will be as common in this country as reports of Villa's cap-

order to masticate the food sufficient-The only man who can carry out a necessary. Hence the care of the teeth oneymoon successfully is the one who has been married four times and knows every hotel clerk by his first vatched closely and brushed each

In Milady's Boudoir.

r ten-minute massage you must ave a good cold cream, and if you have not already found one just to your liking I think you will discover the following formula to be a delightful addition to your beauty necessiies: sweet almond oil, two ounces; spermaceti, one ounce; cocoanut oil, Liver and Bowels two ounces; white wax, one ounce; benzoin (tincture), three drops; lanolin, two ounces; orange flower water,

After putting together all the ingredients except the benzoin and the orange flower water let them mingle You men and women who can't get feeling right—who have headache, coated tongue, bad taste and foul they are melted take off fire, beat with breath, dizziness, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have a bad cold.

they are metted take off fire, beat with an egg beater and then, when nearly cold add the benzoin, drop by drop, stirring constantly. The orange flower water is poured in a thin with Cascarets, or merely forcing a stream while beating the mixture.

In addition to this you should pos-Cascarets work while you sleep; sess a good wrinkle astringer. The cleanse the stomach, remove the sour, gylcerine astringent is a determined poison in the bowels.

A Cascaret to-night will straighten you out by morning—a 10-cent box from any drug store will keep your stomach sweet, liver and bowels regular, and head clear for months. Don't forget the children. They love Gase.

E. W. GROVE'S 250 dee20 100 grams; alcohol, 100 grams; tinc-









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William Frew. Read The Telegram

Woman Spy's Drying Wash S German

Furloughed Poliu Tells Laundress, Left Behind Used Arrangement of S en to Reveal Military Story of the Blacksmith Wine-An Officer in the my Who Was a Spy.

Paris, Dec. 29.-A day

paragraph telling of a y

by spies?" I asked. He laughed. "As long war there will be spies, "You can't stamp them ou

all the rest of the civil inal French inhabitants remaining. As it was she insisted on remaining home and she had suc ing on all the time the (

The Old Washerw "She stayed and did or us. She was busy all every morning she would clothes out and spread ground to dry. You con dier Ui shirts and underwea the cellar where she lived ing on all the posts and wall.

"The old woman and worked most industr tubs. She always came there were troops going men, find out where they where they came from they expected to be the ever she came out fro would go to her wash, dry, examine it, turn arrange it. She was her, having everything the French soldiers, wh back her home for her

Germans Knew Conce every concentration of tr in that region. Their s us every time. ! We coul a move that they did no about. We set three men ial duty of finding out l mans got their info first thing they found ou there were more air fight chavesnes than at any ot the line. There seemed a Boche aeroplane hover ruins. They decided that be something about B which made it a particu observation point. As th man was the only thing guished the place from ruined village, they arres "At first she denied ev

the German accuracy i our concentrations ceased arrest. It does not take a ment to convince a drun martial, and the old won the game was up. She t to be French, and said tha consented to spy for the partly under threats, pa her life had been spared partly because they had well, and she had no othe ting any money to live. acknowledged that she wa and had been purposely le spy when the Germans got "She got twelve years

The Three Plough I "Spies work all kinds my friend continued. "The old fellow, who came back just behind the lines and do his fall ploughing with ses, a red, a white and a did his signalling by ch position of the white horse He was easy to catch, as pecially a plough team, al in the same order. Some who were farmers noticed constantly changing his h They talked about it as

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But what you get for what you pay that counts in

The above truism applies more to tea values than any other article of merchan-

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