The Planet

8. STEPHENSON Proprietor

A RECRUITING GROUND FOR THE BRITISH NAVY.

While governments are exchanging notes on the subject, H. M. S. Chargbdis embarked on Saturday, the 10th inst., fifty Newfoundland fishermen, for Halifax, where they will undergo a course of training to fit themselves for service in case of need on the battleships of the Empire, There is every reason why the imperial navy should be recruited from these Cisatlantic shores. The fleet, whose keels ply the waters of every clime and flag flutters in every breeze that blows, has been our best defense and strongest encouragement to our commercial development, and loyal hearts will rejoice that an attempt is thus made to strengthen the bonds of Empire. All must wish for the success of this departure. The Royal Gazette, of St John's, Newfoundland, views the movement with pride, and thinks if the men are treated sympathetically and with good feeling, they will return to "spread the praises of the service around the whole island and to be centres for the propaganda of the naval reserve wherever they live."

This plea for sympathy is well based in the conditions of life to which the fishermen have been accustomed. Good sailors and lovers of the sea as they are, they have followed the rown sweet will. To them discipline will be irksome, but appeals to their intelligence and better nature will win a hearty response and they will, we are confidentyrealize the fondest expectations cherished of them and live to demonstrate how valuable a reserve Her Majesty has in her colonial possessions from which to recruit the defences of the Empire.

SABBATH REST AND THE LORD'S DAY ALLIANCE.

Saturday Night makes some rather severe criticisms of the Lord's Day Alliance, which criticisms are worded in the bluff and pungent style that is Saturday Night's wont. Among other things it says: "No one disputes that the day of rest should occur at least once a week, but it is doubtful if the six or seven million people of Canada are in the humor to have the day of rest transformed into a day of penance or paralysis by the worthy but short-sighted gentlemen who could meet as the alliance in a street car and not crowd it." At the meeting of the alliance in Toronto last week, out of/ a membership of some five or six hundred, only between fifty and sixty put in an appearance, and this is perhaps the severest criticism that could be made of the alliance. Either the members have lost interest in the work or they have lost sympathy with its methods.

The original platform of the alliance was that no man should work against his will on the Sabbath day. This was certainly a most worthy aim. Apart from ecclesiastical questions nitogether, it is very necessary to a man's moral and physical well-being that he should have at least one day every little while to himself, in which he is his own master and a free and independent being, when he can cast aside even the clothes in which he has spent the week amid enjoy the humanizing influence of soap and water. If he never went inside a church door he would be the better for putting on his best clothes and bestowing a little additional care on his toilet.

But the alliance soon found that their motto, "One day of rest in seven," did not include enough; they wished to dictate how the workingman was to spend his day of rest, or rather how he was not to spend it They would prevent him doing any thing but staying in his house, except when he was in church. Church, at most, does not take up more than three or four hours of the day, and the remainder of the twenty-four was to be spent at home, where no and a man up in a house, but it does not follow that he will spend the day any better than if he were at large, the probabilities are and sleep a great deal more than is good for him, and not be one bit better afterwards than if he had gone out where he would have had fresh air and a change of scene, even if he had to go on a car to get it. The workingman will not be much better off if he is freed from the possibility of having to work on Sunday only to be brought under some other tyranny and dictated to as to how he is to spend his day of rest.

The trouble with a good many wellintentioned people is that they are not satisfied with going a little way and doing a little general good, but they must try to exercise control over individual liberty. They not only wish to secure to every man his Sabbath, but they wish to tell him how to spend it when he has it. A man who works six days in the week should be at liberty to spend the seventh pretty much according to his own inclinations. Every one has his ideas of right and wrong, and no one can carry the conscience of another. . If he is not inclined to spend Sunday in the way some people consider

"Want of Watchfulness

Makes a Thief."

Many cases of poor health come from want of watchfulness. But if you keep your blood pure no thief can steal your health.

The one effective natural blood purifier is Hood's Sarsaparilla. It never disappoints.

impure Blood—"My wife suffered with pain and distress from an affection of the throat caused by impure blood. She was almost in despair when she turned to Hood's Sarsaparilla. Six bottles of this medicine completely cured her." John Weckmar, Galt, Ont.

Scrofula - "Hood's Sarsaparilla has bilitated but it made me strong and well, After a severe cold had catarrhal fever. Again resorted to this medicine and it cured me." SARAH E. DEROY, Annapolis, N. S. Hood's Sarsaparilla

Hood's Pills cure liver ills; the non-irritating and CONTRACTOR OF THE PROPERTY OF

Never Disappoints

Sunday should be spent, the Lord's Day Alliance will not force him to do so by preventing him doing what it considers to be wrong.

Bryan has refused offers from newsapers, churches, law offices, and all sorts of things. Bill wants to be president, and if he cant be president, he won't play, that's all.

Had the Conservative candidate in West Durham forfeited his deposit wonder if the returning officer would have kicked on retaining that marked check, which he now declares is not legal tender?

Out in Michigan two residents of Muskegon made a bet of \$25 on the Presidential election. One of the parties to the bet owed (a coal bill of \$23. The coal dealer heard of the wager, garnisheed the stakeholder, and recovered the amount of his claim.

St. Paul, Minn., has passed an ordinance prohibiting spitting on the sidewalks on the grounds that it is an offense against good taste and a menacé to heaalth. The penalty is a fine of from \$1 to \$50, or imprisonment from 1 to 60 days.

It must prove satisfactory to the citizens at large to see good candidates thus early offering themselves for municipal honors. And we might add for the benefit of aspirants, that the easiest way of reaching the electors is through a card in The Planet. Since the abolition of wards few busi-

BABY PULL-BACKS

It is strange that babies get on so well as they do; there are many pull-backs! But Scott's emulsion of cod-liver oil is a wonderful help.

Begin with a little. Too much will upset the stomach. Increase, but keep under the limit. The limit is upsetting the stomach.

It rests a tired digestion; it does not tax the stomach at all; it lets it play-little stomachs

like to play. We'll send you a little to try, if you like. SCOTT & BOWNE, Chemists, . Toronto.



Custom Tailoring

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ness men can spare the time to canvas the whole city personally.

This talk of a winter carnival at Ottawa gives us a chill. It is such things as winter carnivals which lead foreigners to imagine that Canada and the north pole are in close proxim-

Daniel Osiris, a Greek millionaire of Paris, has set aside the sum of 100,000 francs to be given yearly "to the inventor, discoverer, or producer of the most noteworthy idea or object for the benefit of mankind.

Our good neighbor, the Banner-News, has published an explanation of the pig story, which is hereby accepted. The explanation is full and shtisfactory and shows that the Banner-News desires to be fair in its dealings with contemporaries.

The English law of liber makes pro-fanity a money-saving Tee. If you call a man a thief, and cannot prove your assertion, you commit libel. If, however, you garnish your description by any of the adjectives usually deemed unfit for publication, any libel action brought against you will fall through, for the law says your profanity proves that you have lost your temper, and therefore you are not actionable for your words.

The Michigan papers frequently record scandals and crimes arising out of the laxness of the Ontario marriage law. The law of the State of Michigan, especially as regards the issue of marriage licenses, is much stricter than ours, and, as a consequence, hundreds of couples annually cross the border to be married in this province. The marriage of a widow by a man named Holmes, in Windsor, is a sample of what the Ontario law permits. The next day he drugged the woman, robbed her of \$700 and skipped. Yet the Ross Government hang on to the present system simply because it gives them the patronage of appointing issuers of marriage licenses. And from these licenses the province does not derive one cent.

> WHO WAS THE JOKE ON? N. Y. Telegraph.

A very interesting question in law has arisen in Binghamton which may mod be settled for years and years to come. Two sisters and a cousin living in the same house became mothers at the same time. The husband of one of the matrons arriving late, it was thought a good joke by the nurses to place all the infants on a bed and inform the belated parent that he was the sire of triplets. He was somewhat surprised, and everyone laughed hugely, until the time came to separrespective mothers. Then it was suddenly discovered that, as they were of the same sex, their clothing simi-Kr, and their appearance, as is usual at that immature stage, sufficiently alike, identification was next to impossible. Now the fathers and mothers are at war, the nurses have been discharged and the aid of the authorities has been asked. It may be necessary to draw lots, but even that will not be satisfactory. No one will ever believe that chance restored what chance made doubtful. In the years to come none of the three wall ever be able to say who they are or what they are. They cannot prove absolutely one parentage, and the law will not allow them an undivisible interest in three. It is all right to joke within harmless limits, but when it omes to using new born infants as the subject, it is going too far. It isn't fair to the infants.

LOVE'S WEATHER.

When you're away the skies are gray, And all'the world is lying, Sea, vale and hill, forlorn and chill, And every joy is dying. But when you're near clouds disap

pear, Blue skies and sun together Reign till your frown again brings down
The sad and sombre weather.

Then pray what need have I to hee The weather man's deciding, Since well I know that when you g The sun goes into hiding?

More useful he, I'm sure, would be
Were he but prophesying
A fair, kind day when I may pray
Your heart to end my sighing.

—Richard Stillman-Powell.

REDEEMING THE TIME.

The time is short-If thou wouldst work for God, it must be now;
If thou wouldst win the garlands for thy brow, Redeem the time

I sometimes feel the thread of life is slender, And soon with me the labor will be wrought: Then grows my heart to other hearts The Time is short!

TESTIMONY TO FIT. "You ought to be able to tell a straight story about the affair," said the lawyer to a witness in an embezzling case.
"I don't know about that," replied
the witness. "It was a very crooked
proceeding."

"Would you start out on a journey on Friday!"
"No, indeed.--"Why are people so superstitious?"
"I'm not superstitious, I am paid

on Saturday. About the only cheap thing that Mrs. J. N. Meyers

All kinds of headache remedies could no cure me. As soon as I began to take Dr Coderre's Red Pills I grew stronger and Red Pills I grew stronger an e marked improvement in my gon ith, until to-day I am better than amber of ever having been."

MRS. J. N. MEYERS, Grand Rapids, Mich



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For sale by C. H. Gunn & Druggists, Chatham, Ont. There are more foolish buyers than

Vapo-Cresolene quickly cures colds, coughs sore throat, whooping cough and croup.

Another Officer.

An ant and witty retort was that made to the colonel of a regiment on one occasion was by an old Quaker aunt, to whom he was complaining He was an unpopular officer, filled vith a sense of his own importance, and most overbearing in his manner him heartily in return, and in consequence shirked their duties whenever opportunity offered.

"I have a most unsatisfactory set of men under me," complained young man, standing before the little old Quaker lady in a pompous atti-"I am practically forced to do all the work which should be done by them a great part of the time. I 'am my own major, my own lieutenint, my own ensign, my own ser-

He stopped and frowned down upon "And thee is thine own trumpeter

his listener. also William, I fear," said the old lady with a twinkle in her eve.

Its' Your Nerves.

It's the Condition of Your Nerves That Either Makes Your Life a Round of Pleasure or a Useiess Burden.

To many women life is one round of sickness, weakness and ill health. To attempt even the lightest household duties fatigues them. Many of the symptoms accompanying this state of decline are: a feeling of tiredness waking, faintness, dizziness, sinking feeling palpitation of the heart, shortness of breath, loss of appetite, cold hands and feet, heddache, dark circles under the eyes, pain in the back and side and all other accompaniments of a run down and weakens donsti-All these symptoms and conditions

are simply the result of a poor quality and defective circulation of the blood, with a wasting away of the nerve forces. By feeding the system with

Dr. Ward's BLOOD AND NERVE PILLS.

and lay a solid foundation on which to build. Soon the weight increases, the sunken cheeks and flattened busts fill. out, the eyes get bright and the thrill of renewed health and strength vi-brates through the system.

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No. 1-6.45 a, m. 3-1.07 p. m. He does not guard himself well who is not always on his guard.

Saved Two From Death. "Our little daughter had an almost "Our little daughter had an almost fatal attack of whooping cough and bronchitis," writes Mrs. W. K. Haviland, of Armonk, N. Y., "but, when all other remedies failed, we saved her life with Dr. King's New Discovery. Our niece, who had Consumption in an advanced stage, also used this wonderful medicine and to-day she is perfectly well." Despersite throat and To Bl nheim & Walkerville... 6.30 a. and 4.20 p. Ex Bl nheim & Walkerrille... 8.15 a. mix
Flenheim & Ridgetoun... 10.25 a. and 8.00 c. Ex Bl rheim & Ridgetoun... 3.40 p. mix
Sarola... 9.11 a. and 5.20 p. Ex Saraia... 42.30 p. mix fectly well." Desperate throat and lung diseases yield to Dr. King's New Discovery as to no other medicine on earth. Infallible for Coughs and Colds. 50c. and 81 bottles guaranteed by A. I. McCall & Co. Trial bottles free.

He is not escaped who drags his

Seven Years in Bed, "Will wonders ever cease?" inquire the friends of Mrs. L. Pease, of Lawrence, Kan. They knew she had been unable to leave her bed in seven years on account of kidney and liver trouble nervous prostration and general debil-ity; but, "Three bottles of Electric Bitters enabled me to walk," she writes, "and in three months I felt like a new person." Women suffering from Headache, Backache, Nervousness, Sleeplessness, Melancholy, Fainting and Dizzy Spells will find it a priceless blessing. Try it. Satisfaction guaranteed by A. I. McCall & Co. Only

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Wanted !-Old pipe and tea lead, a once. The Planet.

Cook's Cotton Root Compound Is successfully used monthly by over 10.000 Ladies. Safe, effectual. Ladies ask your druggist for Cook's Cottoe Root Compound. Take no other, as all Mixtures, pills and imitations are dangerous. Price, No. 1, 31 per box; No. 2, 10 degrees Stronger, 32 per box. No. 1 or 2, mailed an receipt of price and two 3-cent stamps. The Cook Company Windsor, Ont. 22° Nos. 1 and 2 sold and recommended by all responsible Druggists in Canada.

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