# For One Cent

trial package today. Economical! Delicious

The expression "taken down a peg," is explained by a tankard which appeared at a recent sale. It was very ancient, was made not of metal but of wood, and on its inside were eight projection person places.

wood, and on its inside were eight projecting pege or plus.

There are various explanations of the peg's presence, one being that St. Dunstan introduced them among the hard-drinking Saxons to encourage moderation, but the likeliest and simplest explanation is that at a time when one drinking vossel served for the whole company, it was necessary to have a marked vessel lest a greedy man should take more than his fair share.

share.

Of course, these greedy persons would become marked men, and it would be everyone's duty to see that they were 'taken down a peg'—that is to say, that as many as possible got their drink before it came to the greedy one, so that he might have the last peg, which contained all the dregs.

It is possible, too, that the expres is possible, too, that the expres-sion, "I don't care a pin," comes from the pin or peg-tankard, as from one pin to the next was but a gill, the fourth part of a pint, and was thus to most drinkers a negligible quantity.

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Flower Gems in Glass.

Marvellous artificial blooms that resemble Nature's finest specimens in every respect, except scent, are being made by expert glass-blowers.

Every part of a flower or plant is faithfully reproduced, from the long, delicate stems and colored petals to the almost invisible pollen.

The first thing which the maker of these wonderful blooms does is to blow the petals from glass as thin and fragile as tissue paper. The glass petals are then shaped and colored exactly like the natural ones.

Some of the rarer plants cannot be easly reproduced, and often several experiments have to be carried out with different colors before a really good imitation is obtained.

These glass flowers are used extensively in museums, both to show details of plant or flower formation and as backgrounds for displaying specimens of birds and insects. So far has this branch of sctentific glass-blowing been developed that it is practically impossible to distinguish the artificial blooms from the real.

People Who Live on Stilts.

In his story of "The Martians," Mr. H. G. Wells makes the visitors from another planet machine-like beings which wale on a sort of tripod, taking immense strides with these stick-like legs, against which the fastest runner is unable to compete.

A visitor to the Landes, that dancome rive, should he espy a shep-herd or two striding across the country mounted on a pair of long stilts.

Not many years ago almost the whole of the population of the Landes went on stills, because the terrific tempests blowing from the Bay of Biscay smothered the land with fine sand, and stills became an absolute necessity of locomotion.

To-day the district is greatly improved by reason of the planting of dust-storms, and such an improvement in the soft that the pessants have turned to agriculture, formerly impossible to distinguish the artificial blomes from the results impossible to distinguish the artificial blossoms from the real.

## Island Bought With Tobacco.

Ten Stick Island, mentioned recently in a despatch from the New Hebrides, got its name in a queer way.

Of considerable height, though only

a few hundred yards in circumference, it used to be a favorite mark for men-of-war engaged in target practice while stationed in the group, so that it seemed in danger of being gradually shot awar. seemed in danger of being gradually shot away.

The chief who owned it protested,

and claimed compensation. The cap-tain of the patrol ship to whom the claim was presented promptly bought the island for the British Crown, pay-ing ten sticks of tobacco for it, and then the chief went on his way rejoic-

Some Interesting Facts.
On July 4, 1894, there was but one practical automobile in the world. The following year the first automobile race was run near Chicago. In 1896 England limited road motor vehicles to four miles an hour. In 1903 the first motor vehicle crossed the Ameri-can continent.

Let there be a purpose in all your legislation to recognize the right of man to be well born, well nurtured, well educated, well employed, and well paid. This is no gospel of ease and selfishness, or class distinction, but a gospel of effort and service, of univer-sal application."—Calvin Coolidge.

## FOSTER HOMES WANTED

For BOYS and GIRLS of school age. Specially so-lected for Immigration to Canada. Further information

The Salvation Army 297 George St. Toronto

### Sleep.

Come, Sleep! O Sleep, the certain kno of peace, The baiting-place of wit, the balm

of wee,
The poor man's wealth, the prisoner's release,
The indifferent judge between the high and low;
With shield of proof shield me from



# "When Hearts Command"-

By ELIZABETH YORK MILLER

When hearts command, From minds the sagest counsellings depart."

"My dear Jean," said Hector Gaunt, "don't exasperate me. Look here, I was a boy of twenty when I married that woman. She was nearly forty—old enough to be my mother. I married her in Australia, and she left me a few months afterwards. Years later I met you and we fell deeply in love with each other. Why shouldn't I marry you? If Nancy wasn't dead by that time, she ought to have been. You should have stuck to me, Jean. What did it matter?"

Jean could not look at things in his large and loose fashion, but she realized that perhaps he was not to be judged as other men, that he was one whose head would always be in the clouds.

In her opinion, if obliged to make such a terrible decision, it were better the world should believe that Alice was the daughter of Hugo Smarle, the criminal lunatic, rather than the child of such an irregular union as had taken place between herself and Hector Augustus Gaunt.

"Forgive me," Jean said timidly, "I

The second state of the se

After every meal Scaled in Package





