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a few doses of Beecham's Pills and avoid any serious illne They are a fine corrective and tonic for the system, and a great help in maintaining good health. A single box will prove the remedial value of



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foamy cream-like lather that cannot injure the filmiest fabrics or the most delicate hands. It softens the hardest water, thus preserving the original elasticity of fabrics and adding to their life. Try LUX in the bath.



# MAKE BREAD

Very Important Discovery Made by Officer of French Commissariat

Paris, April 12 .- A French comjust discovered a new way to make bread without flour which, if the bread proved good and digestible, will greatly help the French authorities to solve the difficult food problem. Pointe's method has been examined by two French scientists, Le Prince and Cocq, and the results of their examination have been sub-mitted to the Academy of Medicine

by Prof. Deloris. By the method direct and rapid panification is realized very simply The wheat used in making the bread

is cleaned by strong water pres-ure. By maceration the wheat ab-solves the necessary amount of water required for complete hydration, and to the water taken up is added a little alcoholic yeast prevent bad fermentation. The ma-cerated wheat is then crushed by ribbed or corded cylinders and the pulp is got rid of by successive pressure on a metallic drum. Following this, there remains bran and a nitrogenous pastegenous paste entirely assimilated.

tirely assimilated.

The paste contains as much witter as a baker puts with flour. After adding a little sait and yeast the bread is ready for baking, which takes no longer than baking the French bread of to-day. Not only is the bread more digestible, but great oconomy can be realized in wheat. The quantity of wheat used yields 76 per cent. of bread, which, when baked is whith (bread in France at baked, is white (bread in France at the present time is almost brown), savory and nourishing. It will also keep for a considerable time.

## APPEAL TO WILSON

By Courier Leased Wire London, April 13—The Cork Cor-

## MARKETS

Advances in three brands of sugar have been made during the week, two of 40c and one of 15c per 100 pounds. One refiner has established a new list of differentials which

Shipments continue to show slight improvement, but the demand still exceeds the supply.

New prices established on rices range from 1/2 to 1c per pound higher, every line being affected by this latest revision. The uncertainty still existing with reference to further shipments of Eastern rices has firmed the market at the new quotations and the future in the case of the rumored embargo by the Japanese Government against shipments becoming effective, dos not look encouraging. Stocks at present in the country are in fair shape.

Importation of all goods which come by water is becoming increasingly difficult with the possible exception of sugar. It is rumored that all imports of grapefruit and citrus fruits via New York from West India ports will be stopped after April 15, the tonnage to be used in transporting sugar. Indications point to European dried fruits and nuts, after all the formalities of having shipments released have been gone through, coming by schooner instead of steamer.

Fruits and vegetables from the



PRINCE OF WALES AND AER OPLANE ENGINE WORKERS
His Royal Highness recently visit ed a factory in Middlesex, where engines for flying machines are built, and talked with the employees in the

CANADIAN CASUALTIES By Courier Leased Wire
Ottawa, April 13.—Last night's
casualty list of 164 reports 29 killed
in action; 6 died of wounds; 102
wounded; 6 gassed; 9 ill; 2 missing
and two presumed to have died.

GREATER FINLAND

By Courier Leased Wire

London, April 13-Germany has

was appointed a commander of the Bath during the present war. An elder brother followed in the father's footsteps and is a canon of York Cathedral.

ronto, was the speaker at a luncheon

Fruits and vegetables from the South are coming through in fairly liberal quantities. Strawberries have shown a tendency to stiffen in price and latest crop reports may further accentuate this situation. Tomatoes coming through are very good quality and considerably easier in tone A car of new Bermuda potatoes has been received during the week.

No change in the flour situation is evident although mills are enabled to operate more nearly to capatity. Mill feeds continue in heavy there will be an appearance of led to operate more nearly to capacity. Mill feeds continue in heavy demand. Further shipments of corn reaching the market will improve the output of mills for the various products. Business, though not heavy, is in fair volume.

Canadian Grocer

POLICE FORCE TOO SMAIL.

Quebec, April 13—Chief Trudel, of the Quebec munkcipal police force took stand to-day at the coroner's inquest into the death of the civilans killed in the recent rioting here. He read the official and written report he had submitted to the mayor. It relates to the precautions the pilice took and also an admission that the police force is too small to cope with events like those which broke the peace here last week.

London Street Railway may seek permission to increase its fares.

permission to increase its fares. | awaits everyone who tries this

Control of the Contro

### THE CITY OF JASSY. War Has Put Life Into Quiet Little

Community.

Few cities in Europe have been more profoundly affected by the war than the little city of conquered Roumania. From a quiet, tranquil municipality with a population of 75,000, the place has suddenly grown Sued a statement upholding the government's proposal, bointing out that Ireland at present "the most office and the gramany wins on the worth that Ireland at present "the most prospecus portion of the United Kingdom, is in duty honor bound to constraint has the Germany wins on the worth to contribute her portion, be the war long or short, of the cost incurred, will begin a new war against Russis, conjected to do less would be to surrender which Uster at any rate would never which Uster at any rate would never that Germany wins on the worth of the San and the season was a supersided to do less would be to surrender which Uster at any rate would never that Germany wins on the worth of the San and the season was a supersided to do less would be to surrender which Uster at any rate would never that Germany wins on the work of the contribute her portion, be the war long or short, of the cost incurred, which Uster at any rate would never that Germany wins on the worth of the San and the proposed will be successive elections have shown that the majority of Notice will be successive elections have shown that the majority of Notice will be successive elections have shown that the majority of Notice will be successive elections have shown that it is pretty obvious that a general election to an Irish Parliament would place the balance of new in the San and the Sa to such proportions that the Govern-ment authorities have found it diffithe German blow in Picardy, with a hastily organized nondescript force is 51 years old. He is a member of one of the best known families in Guernsey, and is a son of the Rev. Tupper Carey.

General Carey was educated in the Winchester public school, and commanded a battery of field artillery in the South African war. He was appointed a commander of the Government and for the many men in the moon? Jules Verne sort

the Government and for the many branches of the army. Shipments continue to show slight improvement, but the demand still exceeds the supply.

New prices established on rices

Tonto, was the speaker at a luncheon of the Canadian Club, Kitchener, and told of how the health of the British and it is difficult for the visiter to the with the canvas, has somehow men to times, they are severely plain in all us the singular and ferocious tribe times, they are severely plain in all us the singular and ferocious tribe times, they are severely plain in all us the singular and ferocious tribe times, they are severely plain in all us the singular and ferocious tribe times, they are severely plain in all us the singular and ferocious tribe times, they are severely plain in all us the singular and ferocious tribe times, they are severely plain in all us the singular and told of how the health of the British army is maintained. of the Canadian Club, Kitchener, and told of how the health of the British army is maintained.

"Father and Son" suppers were given in Frintly Methodist and the Ediza that within the plain, rude walls are housed the sovereign heads of a nation. The Queen may be seen almost any day setting out from the court. The King, likewise, is a familiar agure on the streets of Jamy, He usually travels by motor, accompanied, by one of his generals or military aldes. The royal family is much lowed by the people, and both he and the Queen mingle among their subjects with a spirit of democracy and catholicity, that is deeply impressive to the visitor from other countries. While the city has many pictures of sorrow and depression. Making its way slowly along a narrow street is a shaby, dilapidated, box-like vehicle, so small that it resembles a top waggon, which the sembles a top waggon, which the sembles a top waggon, which the natives generously call a hearse, and to it is deeply impressive to the visitor from other countries. While the city has many picture explicitly decrept and lame, the natives generously all a hearse, and the decreption of the late residents of the city. Drawn by a single horse, pitifully decrept and lame, the natives generously call a hearse, and tot, I must get a small bottle of Knowiton's banderine now—all drug stores, recommend it—apply a little as directed, and within ten minutea there will be an appearance of abundance, freshness, fluffiness and at trace of dandering or falling hear.

## Do We Despise the Novelist?

T is, if not against all experience, at any rate against all theory that a novelist should be eligible. The bank clerk is eligible, the novelist is not. We are not "safe"; we are adventurers, we have theories, and sometimes the audacity to live up to them. We are often poor, which happens to other men, and this is always our own fault, while it is often their misfortune. Of late years we have grown still more respectable than our forefathers, who were painfully so: Dickens lived comfortably in Marylebone; Thackeray reigned in a luxurious house near Kensington Square and in several first-class clubs, Walter Scott reached a terrible extreme of respectability - he went bankrupt, but later on pold his debts in full. Yet we never seem quite respectable, perhaps because respectability is so thin a varnish. Even the unfortunate girls whom we "entice away from good homes" into the squalor of the arts do not think us respectable. For them half the thrill of marrying a novelist consists in the horror of the family which

find her in the bourgeoisie.

The novelist is despised because he produces a commodity not recognized as "useful." There is no definition of usefulness, yet everybody is clear that the butcher, the car conductor, the stock-jobber are useful; that the stock-lobber are useful, that they fulfil a function necessary to the maintenance of the state. The puglist, the dancer, the vaudeville actor, the novelist, provide nothing material, while the butcher does. To live, one wants meat, but not novels. We need not pursue this too far and ask the solid classes to imagine a world without arts; presumably they could not. It is enough to point the difference and to suggest that we are deeply enthralled by the Puritan tra-dition which calls pleasure, if no noxious, at any rate unimportant the maintenance of life is looked up

Not far from the centre of the city are the residences of the King and Queen, which in times of peace were the quarters of military companies. In keeping with the tendency of the canvas, has somehow fixed for the canvas. men in the moon? Jules Verne sort of stuff, isn't it? He's a Socialist." And so out with Mr. Bennett, one

from which he springs; so out with Mr. Wells with his restless, impulsive, combative, infinitely audacious mind. The average man says, "Flying machines," and the passion of Mr. Wells for a beautiful, if somewhat over-nyglenic, world is swept away. Those are leading instances. Others, such as Mr. Conrad, Mrs. Edith Wharton, O. Henry, Mr. Galsworthy, are not mentioned at all; if the name of Henry James is spoken, it leads up to a gibe at long sentences. The attitude is simple; we are not taken seriously. Novelists have to take mankind seriously because they want to understand it; mankind is exempt from the obligation because it does not conceive the desire. We are people who take degrees, who can be scheduled and classified. We are not doctors of science, licentiates of music schools. We are just men and doctors of science, licentiates of music schools. We are just men and women of some slight independence, therefore criminals; men who want to observe and not men who want to do, therefore incredible. And, so, because we cannot fall into the classes made for those who can be classified, we are outside of class, below class. We are the mistletoe of the social eak.—W. L. George in Harper's Mazzzine.

ST. OMER

HAZEBROUCK

(Toronto Star Map) On the map appearing above the shaded area rep man advance sinec they moved away from the Auber's Ridge. On the must receive him; it is like marrying north the highest ground from Pasc hendacle past Wytschaete towards a quicksand, and the idea is so bitter Hazebrouck is indicated roughly. The enemy is attempting to envelope a quicksand, and the idea is so bitter that a novelist who wears his hair long might do well to marry a girl who wears her's short. He will not find her in the bourgeoisie.

The novelist is degreeated was pround from rass nenuacle past wytschaete towards that a novelist who wears her as so bitter that a novelist who wears her's short. He will not find her in the bourgeoisie.

The novelist is degreeated was pround from rass nenuacle past wytschaete towards to envelope that a novelist who wears her as nenuacle past wytschaete towards that a novelist who wears her as nenuacle past wytschaete towards that a novelist who wears her as nenuacle past wytschaete towards that a novelist who wears her as nenuacle past wytschaete towards that a novelist who wears her as so bitter that a novelist who wears her as so better that a novelist who

. CASSEL

## CHILD'S ONE PIECE DRESS

By Anabel Worthington.

Not quite so simple as it looks is this ... lemure little frock No. 8,535. The front is very plain, but to give it a little fulness there is a bit of gathering at each shoulder. The front is slashed for a short distance so that there is plenty of room for the head to go through. A big round collar of colored linen finishes the neck. The sleeves are gathered into the armholes and again into the turned back cuffs; they may be long or short. The back springs a surprise, for there is more to it than there is to the front. There is a tiny shoulder yoke and the lower part of the dress is brought in to fit it in three

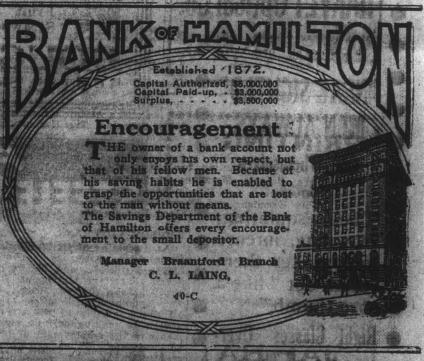
troad box plaits.

The child's dress pattern, No. 8,535, is cut in 3 sizes—3, 4 and 6 years. The 4 year size requires 2½ yards 27 inch, or 1% yards 36 inch, with % yard 36 inch

To obtain this pattern send 15 cents or two for 25 cents to the Courier Office.



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