## Aikido: gentle martial art

By Mary Desrachers

In the Judo room of York's Tait McKenzie building the gentle Japanese martial art, Aikido, is toning mind and body



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for men and women.

Introduced in Canada 15 years ago by instructor T. Kimeda Sensei, the club has steadily gained popularity. The at-mosphere is one of friendly cooperation as self defense is taught with a theme of harmony and control. There are no tournaments in Aikido since the idea is not to beat an opponent or to win victory over him.

Classes are held in the Tait McKenzie building from 4-5:30 on Mondays, 1-2 on Wednesdays, and 4-5:30 on Thursdays. The course is open to the entire York Community and the cost is 15 dollars per term. Saturday classes are also offered at the Aikido headquarters from 1-2:30 at 131 Queen St. East. New members are welcome to join. For further details contact Mr. T. Kimeda Sensei at 266-

# Tales from the rink

### **Hockey lads** lose to Guelph

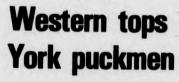
By Ian Wasserman

Last Thursday night, coach John Marshall returned to his alma mater behind the bench of the hockey Yeomen. The Yeomen dropped a 6-3 decision to the surprising Guelph Gryphons.

In the first period the Yeomen found themselves trailing by 4 goals after the first ten minutes. But goals by Rodger Dorey, Romano Carlucci and Jim Duignan put the Yeomen back in the game by the second period. York had a chance to tie it up late in the period with a shot that rang the goal post. The third period was the deciding blow as Guelph scored three more to win by a 6-3 count.

This loss, coupled with last Tuesday's loss to Western by a 2-1 score, is hard to understand. The Yeomen fired in these two games, 51 and 41 shots on the opponents net respectively. The Yeomen totally dominated the play by hemming in the opponent, only to come up on the losing side of the score. They get the scoring chances but just can't put the puck in the net.

Coach Marshall and his staff just can't find the answer to the problems that are haunting the Yeomen. The team went up against McMaster on Tuesday night and it was felt that this game might present problems for the Yeomen. The most important series of the season takes place Friday and Saturday in Kingston as the Yeomen travel to meet Queens for a shoot out for play off spots. If the Yeomen can drop Queens in these two games then they have a good shot at second place. A week from tonight (Thurs. Feb. 2) the Yeomen play host to the Yeomen Alumni Team. This year marks the 15th year for Yeomen Hockey. Such names as Steve Latinovich, Murray Stroud, Doug Dunsmuir, Tim Ampleford, Ron Hawkshaw, and Bob Wasson have all been invited to play.



By Scott Clayton Western Mustangs showed our boys they could play good solid hockey last Tuesday when they downed the York puckmen 2-1. Western played a tight game, and when they did break down their goalie, the game's first star played

superbly.

The Mustangs played a tight checking, physical game that effectively shut down York's freewheeling passing game. York had some good chances but their timing was upset by Western's checking.

The first period was scoreless, with York holding the edge in play, and outshooting the Mustangs 17-5. The play was chippy, with both sides refusing to slow the other team to shake loose and get on the scoreboard.

York's defenceman Roger Dorey scored on a beautiful slapshot from the point that caught the far corner up high at 7:46 of the second period. He was assisted on the goal by center Bob Schurr.

The second period was penalty ridden, with both teams taking interference and holding penalties continuously. Western tied the score with 46 seconds remaining in the period when they had a five man to four man advantage. Western's goal was scored by their number nine center Dave Nadeau, a swift, smooth skater of the Pierre Larouche mold, from defenceman Dave Lewis. York again outshot the

The third period began with a series of end to end rushes by both teams, action which is more

amenable to York's style of play. But at 2:41 York's Bob Fukomoto took his fourth penalty of thegame, a needless holding call in the neutral zone. Western's big right winger Ted Borham put the Mustangs ahead 2-1 at 3:45 with an assist from center Bill Smith.

At that point in the game, Western adopted a tight checking, hard hitting style in the neutral zone that stymied the York attack. The final three minutes of play was all in the Western end, but the Yeomen failed to score. The shots on goal for the game were 41-18 in favour of York, and the first star designation was well deserved by Western's goalie Cam Fink.

### Yeowomen's hot hockey

The women's hockey team travelled through a snowstorm in an unheated York bus on a trip to Quebec which took thirteen hours last Friday to win the Bishop University women's invitational tournament.

The yeowomen took Bishop's College in the first game with a convincing win of 8-0. The championship game against John Abbot College was a hard fought 5-4 decision, greatly aided by Yeowomen Betty Ann (Thumper)Armstrong's breakaway goal in the third period.

Carol Trewin and Dana Phillips played outstanding hockey as they were selected to the tournament's all star team.

Coach of the tournament champions, Laura Smith, was pleased to see Phillips and Trewin receive their awards. "The girls were psychologically ready for a win. Even after the gruelling bus trip here, they managed to exhibit some very impressive plays."

Bishop's College coach said he was overwhelmed by the strength York showed in the tournament. He would have been knocked cold if he had known that the women had to combine in their strongest team effort to push the bus out of a snowbank.

The Yeowomen play four games this week including a home game tonight against the University of Toronto Blues and a home game this Monday. Both games start at 7 pm.

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## Mustangs in the period, 16-5.

#### A loss story to curl your hair The York University Men's Canadian Champions)."

curling team came within inches of winning the Queen's Invitational Bonspiel last weekend.

"I just don't believe the whole thing," states coach Mike Davidson. "Everytime we play somebody they play like Hec Gervais or Don Duguid (former

The York squad lost in the final 6- Yeome 4 to a team from Trent University. York advanced to the final with 9-5 win over R.M.C. and a 8-6 defeat of Queens.

The defeat of Queens team was their first loss this year to another university curling team. This fine

showing provides proof that the the best university rinks in Ontario.

"The York squad should have won the tournament", submits coach Davidson, "but we didn't set any of the breaks. I use to think this game was based on skill until I watched some of the games this weekend. I guess we just don't live

Coach Davidson continues by saying, "The team is right on schedule by placing third at Brock and second at Queens and hopefully with luck, we will finish in the top three in the Eastern Sectionals this Thursday and Friday and make it to the Ontario finals scheduled for the second weekend of February.'

### Men gymnasts top Gaels

York's Scott MacLeod gained gymnast-of-the-meet status in Kingston last weekend as his 47.1 point accumulation resulted in a 169.7-153.9 point victory by the Yeomen gymnasts over Queens.

MacLeod obtained his points with first place finishes in the pommel horse, vault, and high bar events, a first place tie in the floor event and a second place finish on the parallel

Ron Robinson and Gary Saunders of Queens placed second and third respectively in the competition.

Frank Circelli of York placed second on floor and pommel horse, while Jim Tomlinson placed second, and Craig Lillico, third, on

Other members of the team included Gaeten Bourbeau and Ole

Pederson. A team from Vermont, originally scheduled to compete, failed to show due to poor weather conditions.

This weekend the Yeomen travel to Pennsylvania for a dual meet with Penn State University.

## Downhill ski trips anyone?

York Ski Club

Trips are now being set up for students interested in downhill skiing. Information on upcoming trips is available at the C.Y.S.F. offices. A future date to plan towards is a Friday February 3 trip to Georgian Peaks which leaves at 7 am and returns at 6.30 pm. Costs are as follows: \$6.95 for bus reservation and a further \$5.00 to be paid en route to Georgian Peaks to pay for lift ticket.

Once again skiers can have the opportunity to watch York ski team participate in the second of three inter-varsity ski races this year.

There is still time to reserve a seat for the upcoming reading week trip to Mont Ste-Anne Quebec City. A meeting of those who have already signed for the trip will be held in the CYSF office at 105 Ross Central Square on Wednesday February 1 at 3.30 pm.



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