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grow and develop properly. Under the head of cleanliness are included clean air to breathe, and the regular removal of the waste matter generated in the body by a daily movement of the bowels.

A baby thrives best in an atmosphere of love. It needs loving and cherishing for its best development, almost as much as it does material care. It is not very long before it learns to look for it and in its own measure to return the affection that is lavished upon it.

A child that is looked upon as a burden and an incumbrance is defrauded of its just due. The mother who does not give to her baby the love and devotion that ought to be inseparable from her relation to it, loses the sweetest reward of motherhood. She wilfully takes the pains and penalties of maternity and robs herself of the recompense that to the true mother makes them weigh as dust in the balance.