

We take the liberty of sending the NORTHWEST REVIEW to many of our friends to whom we hope it will be acceptable, and to all it will be delivered at the very reasonable cost of \$2.50 per year. The reading matter of the NORTHWEST REVIEW is selected with care, and every paragraph will be found interesting. It will compare favorably with weekly papers of the Northwest and we believe it deserves a warm support, especially among Catholics. We trust our friends will help to increase the circulation of the NORTHWEST REVIEW by sending in their names with the subscription fee mentioned, to the office, corner of McDermott and Arthur streets, Winnipeg.

AGENTS WANTED.

Agents wanted throughout Manitoba and the Northwest, to canvas for the NORTHWEST REVIEW, to whom a liberal commission will be given.

CHURCH NOTICES.

CATHEDRAL, ST. BONIFACE.

Sundays—Masses at 7.30 and 10 a. m. Vespers at 3 p. m.

Week Days—Masses at 6.30 and 7.30

ST. MARY'S CHURCH.

Situated on the corner of St. Mary and Hargrave Streets. Rev. Father Ouellette, Rector; Rev. Father Cahill assistant.

Sundays—Masses at 7.00 8.30, and 10.30, a.m.: Vespers at 7.15 p. m. Catechism for perseverance at 2.30 p. m.

Week Days—Masses at 6.15 and 7.30 a. m.

IMMACULATE CONCEPTION.

Situated in Point Douglass. Rev. Father Cherrier, rector.

Sundays—Masses at 8.30 and 10.30 a.m. Vespers at 4.00 p.m.

Week Days—Mass at 7 a.m.

CITY AND PROVINCIAL NEWS.

A correspondent of the St. Vincent New Era is writing up the scheme of a canal from Lake Winnipeg to New Orleans.

Miss Minnie Wright who has been visiting friends in the States and Eastern Canada has returned to the city, after a prolonged absence.

The C. P. R. Southwestern has been constructed 81 miles west of Manitou and five miles from Killarney. The farmers along the line have a very large quantity of grain to ship over the road this winter.

Mr. Thos. Worswick, shipped last week from Guelph, Ont., a car load of machinery, consisting of engine, boiler, etc., for an elevator being erected in Brandon. They were sent by the C. P. R., which is the first shipment of machinery that has been sent from Guelph by that line since it was opened.

At last night's council meeting it was resolved, on motion of Ald. Young and Crowe, that the Volunteer Aid committee be requested to forward an amount not exceeding \$100 to the authorities of St. John's Cathedral for the care of volunteers' graves.

Twenty-four O'clock.

The C. P. R. authorities will shortly adopt, as their official time, the twenty-four system; that is, instead of the day being divided into two divisions of twelve hours each, the figures on the clock will run from one to twenty-four. This system will go into effect as soon as the necessary arrangements can be made, and was decided upon some time ago, Mr. Fleming being the prime mover in the matter.

THE CHURCHES ON CHRISTMAS DAY.

At St. Mary's Church on Christmas the services were particularly impressive. The sanctuary was tastefully decorated and the crib beautifully arranged. The Rev. Father Drummond preached the sermon with his characteristic eloquence and scholarly diction. Some of the local Protestant ministers were present. Every credit is due to the Rev. Fathers of the church for the pleasing manner in which the edifice was embellished. The choir singing was especially attractive.

The church of the Immaculate Conception was largely attended on Christmas Day. The announcement that the Rev. Father Lory, S. J., would deliver a sermon was sufficient for that. The pride the people of Point Douglas take in their church was shown in the profuse and tasteful decorations around the edifice which certainly redounds to their credit. After the Gospel the Rev. Father Lory S. J. preached a beautiful sermon on the Nativity of our Saviour, showing in eloquent terms the many lessons to be learned by the Christian from the lowly birth of our Lord. His warm and eloquent words were attentively listened to by the congregation. The musical portion of the service was rendered in a very pleasing and highly creditable manner.

Popular Science Notes.

Electricity has been brought to the aid of the sportsman by the use of a small lamp for the front sight of a rifle, to render it visible in the dusk or when from any cause whatever there is insufficient light. The minute electric lamp is fixed near the muzzle of the gun and shielded by a metallic screen. The current is supplied by a small battery in the stock.

A new "everlasting" wood pavement has been brought out in France. The wood blocks are boiled in a solution of sulphate of copper, sulphate of zinc and chloride of sodium, mixed with heavy mineral oil, linseed oil and tallow. The blocks are afterward compressed to about one tenth their original volume. In this state they are said to be practically unwearable.

Recent researches have shown at rapid motion has a remarkable effect in destroying the organic impurities in water. This leads Mr. Mattieu Williams to remark that the steamboats on the Thames; of which complaints have been made because they disturb the bottom, are really very valuable agents from a sanitary point of view, for the violent agitation they produce must greatly lessen the river's foulness. The steam tugs which agitate otherwise stagnant canals must also be regarded as great benefactors.

Herr Mohs, of the Magdeburg Society of German Engineers, says that the deepest bore hole in existence is the one made in searching for coal near the village of Sghladebach, on the railway between Corbetha and Leipzig at the instance of the Prussian Mining Department. It has been driven by hollow diamond pointed rock drills and water flushing to a depth of 4,559 feet in three and a half years, at an expenditure of \$25,000. Its diameter at the bottom is 1,872 inches and at the top 11 inches. The thermometer registered at the bottom 48° centigrade or 118 4° Fahrenheit

HEALTH HINTS

In Warm Weather.—Moderate activity is best for every healthy person in hot weather. The man who lounges about and thinks of nothing but the heat suffers more than anybody else.

Palpitation of the Heart.—This may either arise from a permanent disease or simply from a temporary affection of the organ. The disease is sometimes in the heart or its great vessels, or in all—a remedy for which it is scarcely in the power of medicine offer. But the feeling known by the palpitation of the heart, vulgarly called a "beating of the heart," arises more frequently from the vitiated state of the digestive organs. The heart is a muscle, and like others is itself liable to nervous tremors. To remove it, all excesses must be left off, the habits of health adopted, nourishing diet, a small portion of stout porter, or wine, early rising, gentle exercise and air. The following mixture may be taken three times a day, if there be spasmodic sensations. Ammoniated tincture of Valeria, six drachms, camphor, mixture, seven drachms.

Shortness of Breath or Difficult Breathing.—Vitriolated spirits of ether, one ounce; camphor, twelve grains. Make a solution, of which take a teaspoonful during the paroxysm. This is usually found to afford instantaneous relief in difficulty of breathing depending on internal diseases, and other causes, where the patient from a very quick breathing, is obliged to be in an erect posture.

To Improve the Voice.—Beeswax, two drachms; copaiba balsam, three drachms; powder of liquorice root, four drachms. Melt the copaiba balsam with the wax in a new earthen pipkin; when melted remove them from the fire, and while in a melted state, mix in the powder. Make pills of three grains each. Two of these pills taken occasionally, three or four times a day. This is an excellent remedy for clearing and strengthening the voice, and is used by most professional singers on the continent.

The Uses of an Enemy.

Always keep an enemy on hand, a brisk, hearty, active enemy. Remark some of the many uses of an enemy:
1. The having one is proof that you are somebody. Wishy-wasy, empty worthless people never have enemies. Men who never move never run against anything; and when a man is thoroughly dead and utterly buried nothing ever runs against him. To be run against is proof of existence and position; to run against something is proof of motion.
2. An enemy is, to say the least, not partial to you. He will not flatter. He

will not exaggerate your virtues. It is very probable that he will slightly magnify your faults. The benefit of this is two-fold; it permits you to know that you have faults, and are therefore, not a monster, and it makes them of such a size as to be visible and manageable. Of course if you have a fault you desire to know it; when you become aware that you have a fault you desire to correct it. Your enemy does for you this valuable work which your friend cannot perform.

3. In addition your enemy keeps you wide awake. He does not let you sleep at your post. There are two that always keep watch, namely, the lover and the hater. Your lover watches that you may sleep. He keeps off noises, excludes night, adjusts surroundings, that nothing may disturb you. Your hater watches that you may not sleep. He stirs you up when you are napping. He keeps your faculties on the alert. Even when he will have put you in such a state of mind that you cannot tell what he will do next, and this mental "qui vive" must be worth something.

4. He is a detective among your friends. You need to know who your friends are, and who are not, and who are your enemies. The last of these three will discriminate the other two. When your enemy goes to one who is neither your friend nor your enemy, and assails you, the indifferent one will have nothing to say, or chime in, not because he is your enemy, but because it is much easier to assent than to oppose, and especially than to refute. But your friend will take up cudgels for you on the instant. He will deny everything, and insist on proof, and proving it is very hard work. There is not a truthful man in world that could afford to undertake to prove one-tenth of all his assertions. Your friend will call your enemy to the proof, and, if the different persons, through carelessness, repeats the assertions of your enemy, he is soon made to feel the inconvenience thereof, by the zeal your friend manifests. Follow your enemy around and you will find your friends, for he will have developed them so that they cannot be mistaken.

The next best thing to having a hundred real friends is to have one open enemy.—Rev. Dr. Deems.

A True Catholic

During the Civil War the famous Marquis of Worcester, marching once in Cardiganshire, near the ruins of a monastery at Strata, Florida, a woman, who was a hundred years old, was presented to him, who has remembered the monks in Catholic times, and had lived about three score years in great regret for the loss of the public service of the Altar and in constant private devotion, without seeing a priest nor thinking that any could be found in England. The marquis asked her. "When the religion altered you altered with the religion?" She answered: "No, master, I stayed to see whether or no the people of the new religion would be better than the people of the old; and could see them in nothing, but grow worse and worse, and charity to wax colder and colder, and so I kept me to my religion, I thank God; and mean, by God's grace to live and die in it."

When the marquis told her he would take her to Raglan Castle (his seat in Monmouthshire where she could find a priest and might hear mass every day, she was so transported with joy that she died before the next morning.

The marquis wept when he heard of her death, and said, "If this poor soul died where she might have served God, how joyfully will she serve him in a place where she will never die."

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Coon Coat
Dogskin Coat

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Red Ball Store,

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Absolutely Pure.

This powder never varies. A marvel of purity, strength and wholesomeness. More economical than the ordinary kinds, and cannot be sold in competition with the multitude of low test, short weight alum or phosphate powders. Sold only in cans. ROYAL BAKING POWDER CO., 106 Wall St., N.Y.

VICTORIA ICE RINK!

Grand Opening Next Week.

MR. J. A. PHILION begs to announce to the general public that he will open an ice rink in the building formerly used by the Manitoba Rink on Lombard Street, and hopes to see his many friends and all who enjoy an exhilarating skate on ice on the opening night, when a

GRAND CARNIVAL

will take place. Tickets may be had at the Rink or at Vic. Thomas' cigar store, next McIntyre Block.

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Suits Worth \$12 at \$7.50!

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Suits Worth \$22.50, \$12

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Just opened the finest and cheapest stock in the City at

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Also a beautiful stock of Xmas Placques, Xmas Perfume Sachets, Xmas Banners and Xmas Novelties.

Our stock of Holiday Presents sells as fast as anything in the city, comprising

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