

THE MOST NUTRITIOUS

EPPS'S COCOA

GRATEFUL COMFORTING

Distinguished everywhere for Delicacy of Flavour, Superior Quality, and Nutritive Properties. Specially grateful and comforting to the nervous and dyspeptic. Sold only in $\frac{1}{4}$ -lb. tins, labelled JAMES EPPS & CO., Ltd., Homœopathic Chemists, London.

BREAKFAST SUPPER

EPPS'S COCOA

NATURAL FLAVOUR ONLY

Horsford's Acid Phosphate.

.....

The most effective remedy for relieving **Dyspepsia**, **Nervousness**, **Exhaustion**, and all diseases arising from imperfect digestion and derangement of the nervous system.

Taken before retiring
Induces refreshing sleep.

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For Sale by Druggists.

ROWLANDS' MACASSAR OIL

Preserves, Nourishes, Restores, and Enriches the Hair more effectually than any other preparation. Prevents Baldness and Scurl, and is also sold in a Golden Colour for Fair or Grey Hair.

ROWLANDS' KALYDOR

Produces Soft, Fair, Delicate Skin, removes Freckles, Tan, Sunburn, Redness, and Roughness, and imparts a Radiant Beauty to the Complexion and a Softness and Delicacy to the Hands and Arms.

ROWLANDS' ODONTO

Whitens the Teeth, Prevents Decay, Strengthens the Gums, and Sweetens the Breath. Sold by Stores, Chemists, and A. ROWLAND & SONS, Hatton Garden, London.

Heat and Ventilation

Equally important. Both secured by the

"HOT BLAST SYSTEM."

Make sure, however, that it is put in by a reliable firm.

GEORGE W. REED & CO.,

Heating and Ventilating
Engineers

Montreal.