

Inference: If mothers want their children to have good teeth that will last, let them eat less pastry and confectionery, and give their children less. Natural food—everything that grows and has life, except what is directly poisonous—will supply the mother's milk with the necessary chemical elements from which good teeth are made; and the same diet for the child, after it ceases to be dependent on the mother, will tend to preserve its teeth.

This is no new idea. Physicians have thought it and said it before now; and they will require to do it, in all probability, for a very long time to come.

The Wasp Waist.

AN English journal discoursing on tight lacing, under this title, says some things that will apply to this continent as well as Europe. In the columns of the *London Times*, the spectre of tight-lacing is paraded before us, by one or two correspondents, whose method of logic inclines us to believe that they belong to the sex which is principally interested in the matter. The first point on which these correspondents insist is that a small waist is pleasing to the eye, and the second is that a woman may "cultivate her figure"—such is the gentle euphemism which describes the squeezing in of the ribs—with impunity from physical injury.

It is true enough that a small waist is an additional grace to a figure that is otherwise symmetrical and graceful. No one can deny this fact. But there is no greater blunder than for the "cultivator" to imagine that a small waist, which betrays its artificial origin, can be regarded by men with anything else than derision or compassion. Is it wonder, or pity, or contempt that is the predominant feeling when one observes a wasp-like body tapering down to an abnormally small waist, the waist unnaturally round, the dress obviously strained, the whole body apparently balanced so as to prevent the compressed figure from breaking in two halves? A more absurd spectacle it is impossible to conceive; and it is one which suggests some other reflections, not very flattering to the owner of the insect-waist. We presume that girls make fools of themselves in this way in order to convey to others the notion that they are peculiarly sylph-like and graceful. They wish to appear in the eyes of their male admirers as light, ethereal, angelic creatures, who are scarcely subject