

"Shorter" Pastry and "Shorter" Bills.

We are talking about a "shortening" which will not cause indigestion. Those who "know a thing or two" about Cooking (Marion Harland among a host of others) are using

COTTOLENE

instead of lard. None but the purest, healthiest and cleanest ingredients go to make up Cottolene. Lard isn't healthy, and is not always clean. Those who use Cottolene will be healthier and wealthier than those who use lard—Healthier because they will get "shorter" bread; wealthier because they will get "shorter" grocery bills—for Cottolene costs no more than lard and goes twice as far—so is but half as expensive.

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Chefs praise it!
Cooks extol it!
Housewives welcome it!
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Care of Window Plants.

An excellent way to keep your more sensitive plants in good condition is to have a square frame made of light sticks large enough to enclose your largest plant. At night place it over the plant or plants, and over all put an old blanket or large piece of cloth. Let this be thoroughly dampened with warm water, and leave your plant to enjoy its damp surroundings all night. It will emerge like a new plant next morning. Ferns can be kept in good condition a long time by this method, and nearly all plants are benefitted. A point that many people fail to remember is this: That in most foliage plants, like palms, ferns, dracaenas, ficus (indiarubber plant), etc., the growth is made during the Summer, and they need rest during the Winter. Enthusiasts often try to force growth by liberal waterings and rich feedings.

Time to Think.

"I don't have time to think," said a busy woman. I saw that it was true. It takes time to think. It takes leisure. True, when feet and hands are busy, the mind is busy too, but busy about nothing. To think to any purpose, one needs to be cool and collected; to sit with hands folded; or better yet, lie prostrate with every bodily faculty at rest.

I watched this busy worker; saw her fly from pantry to cellar, from bed-room to attic and garden. She glanced at the mountains in the distance, and thrilled a line. "On Alpine heights the love of God is shed" as she flew out of the open door. The Jersey cow lowed, and she sprang inside again to show me the new frame of her Rosa Bonheur's "Horse Fair."

A weakling from the newly hatched plymouth brood was brought to her and received tender care.

When she spat into form the golden balls of butter, Hetty Sorrell received a pitying touch of memory, and a few appreciative opinions of George Eliot were expressed; and so on, snatches of thoughts in scores of diverging lines flew in and out her mind like swallows round a bank at Summer sunset; but—verily she had not "time to think." I could see that.

If she should have occasion to study out some necessary problem she would have to "take a day," perhaps would even have to go away from home, and the scene of her care and labours; but another thought that came to me was this: if you do not want to think, if just what you want is to divert your mind into forgetfulness of something which is proving too burdensome, this is the way to do it; this is the way in which work acts as the great panacea for grief.



Mrs. J. H. HORSNYDLER, 152 Pacific Ave., Santa Cruz, Cal., writes:

"When a girl at school, in Reading, Ohio, I had a severe attack of brain fever. On my recovery, I found myself perfectly bald, and, for a long time, I feared I should be permanently so. Friends urged me to use Ayer's Hair Vigor, and, on doing so, my hair

Began to Grow,

and I now have as fine a head of hair as one could wish for, being changed, however, from blonde to dark brown."

"After a fit of sickness, my hair came out in combfalls. I used two bottles of

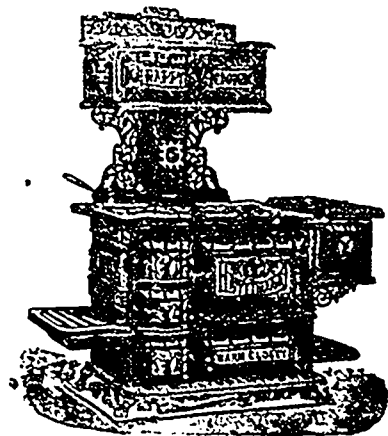
Ayer's Hair Vigor

and now my hair is over a yard long and very full and heavy. I have recommended this preparation to others with the good effect."—Mrs. Sidney Carr, 119 Regina St., Harrisburg, Pa.

"I have used Ayer's Hair Vigor for several years and always obtained satisfactory results. I know it is the best preparation for the hair that is made."—C. T. Arnott, Manchester Spring, Ark.

Ayer's Hair Vigor

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass.



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