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clears off Bile and Headaches.
Don't feel at home without it
Colorado boasts no such water as
St. Leon.

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I find St. LEON an excellent
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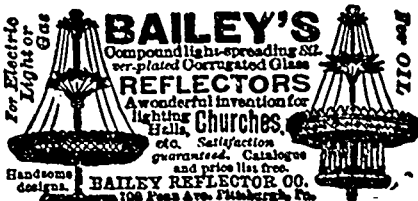
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I do not say my College is "Better than the Best," the
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National Business College," in Ottawa, the largest Business
School in Eastern Ontario. I advertise very little. I give
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my own. A word to the wise is sufficient. Address

J. M. MUGROVE, Proprietor.



OF 4/152
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TO YOU.



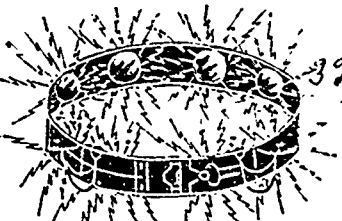
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fidentially and earn for themselves what

THE GREAT MODERN REMEDY

can do for them. To heal the sick we must destroy the
cause; to do this the remedy must be an Anti-Septic, and
destroy the living disease germs in the blood by actually
coming in contact with them. Any other method of cure is
a humbug. No Electricity. "Health without Medicine,"
which contains nothing but the advice to use hot water
enemas or other remedies with no anti-septic qualities will
do this. "The reader should do his own thinking and care-
ful investigating, and not let others do it for him, else they
will soon profit by his ignorance."

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WITHOUT MEDICINE.

Indigestion, Liver and Kidney Complaints, Rheumatism,
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Weakness, and Disorders of the Nervous and Muscular Sys-
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Purifies as well as beautifies the skin. No other
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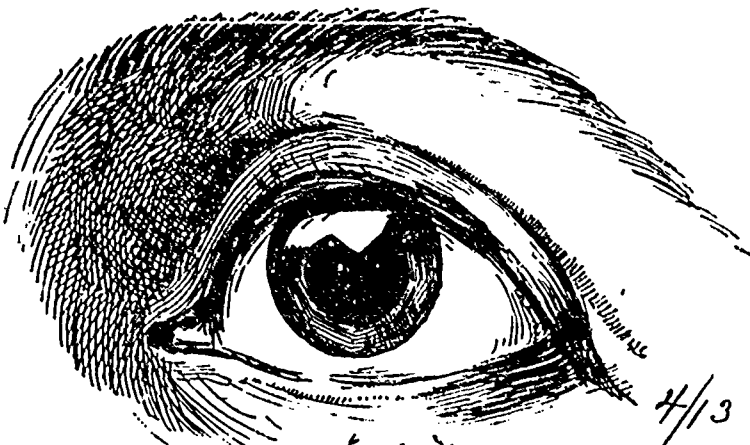


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Patches, Rash,
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and every blem-
ish on beauty,
and restores dis-
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On its vir-
tues it has stood
the test of forty
years; no other
has, and is so
harmless we
taste it to be sure
it is properly
made. Accept
no counterfeit of
similar name.

The distinguished Dr. L. A. Sayer, said to a lady
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them, I recommend 'Gouraud's Cream,' as the least
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to the skin.

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Beware of base imitations. \$1.00 reward
or arrest and proof of any one selling the same.



Bright eyes and dull; near sighted; far sighted; any-
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using PEARLINE. We do not expect everyone will see
it, but millions do, and the number increases every day.

Delicate women and strong, wonder at the amount of
work they can do with the aid of PEARLINE—the time
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it for years they realize that everything that is washed or
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lead you to use it, if you do your own work and value
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surely convince any bright woman that it is to her interest
to see that her servants use it. PEARLINE makes a
saving all around.

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Peddlers and some unscrupulous grocers are offering
imitations which they claim to be Pearline, or "the
same as Pearline." IT'S FALSE—they are not.
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NO PATENT MEDICINE TO PURIFY THE BLOOD

NO DOCTORS' BILLS.

No Attacks from La Grippe, No Constipation,
No Fevers, No Small Pox, No Dyspepsia,
No Throat Troubles, No Nervous Headache.

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cheapest and nearest
to Mothers' Milk of
any Food made.
Ask your Druggist.
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THERE IS NO MORE NEED OF EXPENSIVELY IMPORTED
FOOD FOR INFANTS.

THE BARAVENA MILK FOOD

is, as stated above, just the article needed. Try it, and save money, save the children, and enjoy their
healthy smiles of satisfaction after using it.

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They invigorate and restore to health Debilitated Constitutions, and are invaluable in all
Complaints incidental to Females of all ages. For children and the aged they are priceless.

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And sold by all Medicine Vendors throughout the World.
N.B.—Advice gratis, at the above address, daily, between the hours of 11 and 4, or by letter.

HOUSEHOLD HINTS.

TO PREPARE HASH ON TOAST.—Take
small bits of cold meat, one pint of hot water,
thicken with two tablespoonfuls of flour, a
good-sized piece of butter, pinch of salt. Turn
over toasted bread and serve immediately.

MINCEMEAT PATTIES.—Make some fine
pastry; roll it thin. Line small patty-pans
with it, and in the centre of them put a
mound of rich mincemeat. Pour over them a
teaspoonful of sherry or port wine. Moisten
the margins and lay on neatly cut covers.
press the covers of the margins together (not
the edges). Brush the patties over with the
white of egg; sift a little sugar over them;
make a small slit in the centre and bake them
a pale brown.

TURKEY SOUP.—With the remains of a
baked turkey from which most of the meat
has been cut off it is easy to make a very ap-
petizing soup. Break up the carcass and put
it, with whatever stuffing, bits of meat and
skin may be left, in enough water to cover.
Cook slowly for two hours. Let the soup get
cold, then skim and strain. Heat a pint of
milk in a saucepan and thicken it with two
tablespoonfuls of flour and one of butter. Put
the soup over the fire again; when hot add
the milk. Let the whole boil up and then re-
move it from the fire.

TO MAKE CAKES A LA POLONAISE.—Take
some good puff paste, roll it quarter of an inch
thick, and then cut it into pieces four or five
inches square, gather up the four corners of
each, have some small round moulds ready,
dip them into warm water, and then place
cakes inside and put them into a quick oven;
when they are nearly done brush them over
with the white of an egg beaten; sprinkle
powdered sugar over and finish baking.
When done whip the white of an egg and pow-
dered sugar to a froth, flavour and fill the
cakes with it.

TERRAPIN SOUP.—Make a strong stock of
veal or beef. It should be a jelly when cold.
Remove all the fat from the stock. Boil three
terrapsins for one hour, pick them carefully,
reject the entrails and be careful not to
break the gall-bag. Cut the meat into pieces
an inch square. Add it to the stock, with
some finely-chopped ham, half a teaspoonful of
mushroom catchup, and pepper and salt to
taste. Let it boil two hours very gently; then
add one teaspoonful of sherry wine, half a
sliced lemon and the yolks of four hard-
boiled eggs mashed fine. Serve very hot.

TO COOK EGGS.—It is the common way
to boil eggs only about five minutes and call
them hard. They are then very "hard of
digestion." Boil ten minutes and they are
still hard and soggy. Boil them twenty
minutes and they become light and mealy,
and may be easily mashed and seasoned. To
boil eggs so that they shall be "soft," drop the
whole eggs carefully into boiling water and
boil steadily three and a-half minutes by the
watch. This is a common method; though
the white is hardened the yolk is scarcely
cooked at all. Another method is to lay the
eggs in a warm basin or saucepan and cover
with boiling water. Let them remain without
boiling, but where the water will keep hot for
ten minutes. Both yolk and white will be
cooked soft.

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40 Years the Standard.