



"All's Right"—Says the Light

Finished is the little house; the furniture is all in place. And side by side they sit together looking forward into the years.

"Everything all right?" he asks.

"All right," says she. There is no echo, but on the table behind them the friendly lamp gleams its cheerful "All's right."

In every happy hour of life, good light plays its part. Since it is so important, why not be sure that you have the best—plenty of Edison Mazda Lamps properly placed. Look for the Dealer's window; the Edison Mazda Agent is trained in transforming homes with the magic of good light.

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EDISON
MAZDA
LAMPS

J. H. POLLOCK
Electric Specialist

397
CLARENCE
STREET.

Health and good looks —the reward of internal cleanliness

HEALTH and good looks go hand in hand. If you do not keep clean internally, your looks and health are undermined together. A clogged intestine breeds

poisons that reach every part of the body. These poisons ruin the complexion and undermine health. Constipation brings on such ailments as headaches, bilious attacks, and insomnia—each of which saps your

health and vitality. Soon much more serious conditions follow.

In constipation, say intestinal specialists, lies the primary cause of more than three-quarters of all illness including the gravest diseases of life.

Laxatives

Aggravate Constipation

Laxatives and cathartics do not overcome constipation, says a noted authority, but by their continued use tend only to aggravate the condition and often lead to permanent injury.

Medical science, through knowledge of the intestinal tract gained by X-ray observation, has found at last in lubrication a means of overcoming constipation.

Physicians Favor Lubrication

The lubricant, Nujol, penetrates and softens the hard food waste and thus hastens its passage through and out of the body. Thus Nujol brings internal cleanliness.

Not a Medicine

Nujol is not a laxative and cannot gripe. Nujol is used in leading hospitals and is prescribed by physicians throughout the world.

Don't give disease a start. Adopt this habit of internal cleanliness. Nujol is not a medicine. Like pure water, it is harmless. Take Nujol as regularly as you brush your teeth or wash your face. For sale by all druggists.



Cleanliness Demands More Than Eating



Nujol
For Internal Cleanliness

BUY ADVERTISED GOODS
Be Protected In Your Shopping

FORCE RAILROADS TO SHARE PROFITS

Supreme Court of U. S. Rules
Companies Must Pay
Government.

ACT IS SUSTAINED

Associated Press Despatch.
Washington, Jan. 7.—Provisions of the transportation act, requiring railroads to divide with the government their excess earnings were sustained today by the supreme court.

The attack upon the constitutionality of the recapture clause was brought by the Dayton-Goose Creek Railway Company of Texas, but when the case reached the supreme court nineteen of the most important railway systems of the country joined in it.

Describing the transportation act as legislation intended to build up a system of railroads prepared to handle promptly all the interstate traffic of the country, and as aimed to give the owners of the railways an opportunity to earn enough to maintain their property and equipment in a state of efficiency, Chief Justice Taft declared, in delivering the opinion of the court, that the railroads of the country had been placed more completely than ever under the fostering guardianship and control of the interstate commerce commission.

SCORE IN SOUTH VICTIMS OF COLD

Severe Weather Takes Heavy
Toll and Causes Large
Property Loss.

Associated Press Despatch.
Atlanta, Ga., Jan. 7.—Old-fashioned open grates and the cold wave have taken approximately a score of lives in the south since Saturday, according to reports received here today. Tonight there was indications that the Southern States would shed their coating of ice and normal weather would return by tomorrow or Wednesday.

Eight persons are known to have died from burns and exposure in Georgia, while reports say a number suffered from exposure or serious fire mishaps. In New Orleans and its vicinity six persons were reported to have died, and in other sections of the south there were reports of open grate and cold wave victims.

The cold weather passed on to the tropics today, causing the thermometer to drop 42 degrees in Havana, and leaving smudge fires burning in the orange groves of Florida. Low-hanging clouds whipped by a fresh breeze that swept the peninsula, saved Florida's citrus crop, growers agree, and the temperature in some parts of the belt was reported as having reached the freezing mark, but without frost. Warmer weather was forecast for tomorrow.

PLANT SNOWED UNDER IN OTTAWA ELECTIONS

Smarting Defeat Administered
by Henry Watters, Newcomer
in Municipal Affairs.

Canadian Press Despatch.
Ottawa, Jan. 7.—Mayor Frank Plant went down to defeat in the electoral race here today, being snowed under to the extent of nearly 5,000 votes at the hands of Henry Watters, a local druggist. The mayor-elect has never before been in civic politics. Taylor McVeety, barrister and a former mayor, also a candidate, polled under 700 votes out of a total of over 20,000.

The Ottawa street railway agreement bylaw providing for an expenditure by the company of over \$30,000 within the next five years, was passed two to one.

The race for seats in the board of control and the city council was very close, and with 240 out of 276 polls heard from at midnight it was impossible to state definitely the personnel of the 1924 council. It seemed certain that Messrs. N. Chapman, J. P. Balharrie, Arthur Ellis and C. J. Tully would be elected to the board of control.

LEON TROTZKY FORCED TAKE PROLONGED REST

Acute Malady Follows Attack
of Influenza Suffered in
November.

Canadian Press Despatch.
Moscow, Jan. 7.—An announcement says the acuteness of the malady of Leon Trotzky, the Soviet war minister, which resulted from an attack of influenza and from which he has suffered since November 5, makes it desirable that he immediately cease work and take a rest in a milder climate.

A despatch from Moscow December 9 said Trotzky had been confined to his room for some days by a physical disability.

DEPARTMENT OF JUSTICE ORDERS PLAYER'S RELEASE

Canadian Press Despatch.
Regina, Jan. 7.—Ambrose J. Moran, defence player of the Regina Capitals, serving a short term for assaulting a police officer at Brandon, has been pardoned by the remissions branch of the department of justice, Ottawa, on the condition that he immediately goes to work, according to Wes Champ, owner of the Capitals. Champ expects Moran to arrive here tomorrow.

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baby, all
my
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taken off.



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will
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talk
and
go to
sleep
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and she will tell you all
about her dolls and how
to get one.

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AND MAIL IT TODAY.

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Age

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my feet when my
stockings and
patent leather
shoes are off.