# ENJOYS HEALTH FIRST

lead To Foot With Rheumavercome By Tanlac.

a well man, for the first years," said Edmond nmenced bothering time I got Tanlac move, and my whole had indigestion about ite at all, and for days

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Man Ached From Ing for breath and suffering agony.

To Foot With Rheuma
Troubles Entirely with rheumatism, and my wrists and fingers got so stiff I Marine is in receipt of information

"Well, this was the fix I was in when I started taking Tanlac, and I was so bad off it took a little time for ant Marine is planning to resume its me to feel much benefit. However, regular service to Havana and expects I stuck to Tanlac, and it certainly has to clear one ship from a Canadian Atmade a clean sweep of my troubles. lantic Ocean port on March 20 and Now my appetite is simply enormous, nown tailor, having fol-for the past thirty years. well I've picked up several pounds in weight. In fact, my stomach trouble and rheumatism are entirely gone, and I can work with satisfaction and really enjoy life. My recovery has been wonderful, and Tanlac gets all the credit for it."

Tanlac is sold in St. John's by M. and for days
as so upset I Haines; in St. Joseph, Salmonier, by
When I did Mrs. J. Gushue; in Marystown, by ttle something, it sour- Exploits Valley Royal Stores, Ltd.; me until I thought my in Flat Islands, by William Samson; uit beating, and I could in Jamestown, by Christopher Haines breath. Many a night and in Lewisporte by Uriah Freake.

Minister, according to advices receiv-

ADVANCING ON POLAND.

BOLSHEVIKS ARRESTED.

Despatches from Upper Silesia con-

CONGRESS MEETS APRIL 11.

The United States Congress will be

called into special session Monday.

WASHINGTON, March 14.

BERLIN, March 14.

### Britain's Naval Policy.

One Power Stand" to be Maintained -- Blockade of Kronstadt hundred orphans for adoption in Can-Will be Enforced--Stormy Weather on Atlantic Reported-France and Australia Have Lady Legis-

LONDON, March 14.

announced by Lord Lee, ious to retain intact, advices stated. me risks, which under tricts of Smolenak, Vitebak, Orsha, mstances they would flicult to reconcile with intainence of the Govern ared policy. He pointed nomies included the re e placing in reserve of one United States Administration. stroyer fictillas of the Atthe reduction of the North can and South African squadby one light cruiser each, commporary withdrawal of the American squadron and the on of the personnel of the fleet thousand men. These changes dictated almost entirely by the of economy, according to Lord

and make it incumbent on the tinue to reflect optimism with respect uns now in reserve will be deavour to save the wealthy indus- ranging from fifteen to twnty-five per ed to the disposal list. The trial section for Germany. ber of capital ships on the effeclist will thus be thirty.

TILL BLOCKADE KRONSTADT. LONDON, March 14. tsky, Russian Soviet War April 11th, Senator Lodge announced

You May Open The Door Better Health when you say good-bye to coffee, and welcome

This delicious cereal beverage has a rich coffee-like flavor.

and is free from all harmful effects. "There's a Reason"

for Postum

Postum comes in two forms-Postum Cereal (in packages) made by boiling full 20 minutes Instant Postum (in tins) made instanly in the cup by the addition of hot water.

Canadian Postum Cereal Co.Ltd.

at the White House to-day after erence with President Harding.

LONDON, March 14. The House of Commons to-day passthe second reading of the Repara-

CONDITIONS NORMAL AT HAVANA.

couldn't use them at all, and often from Havana, Cuba, pointing out that couldn't raise my hands to my face. conditions are now satisfactory in that the second probably about April 10th

NEW YORK, March 14. Indications of exceptionally rough weather in the North Atlantic sea lanes, was given in a wireless from the Olympic to-day stating she would Connors; in Paradise, by Mrs. Martin be delayed twenty-four hours in reach-F. Byrne; in Upper Gullies, by Heber ing here.

A LADY DEPUTY.

PARIS, March 14. Mile. Cordiller, President of the Municipal Council of Paris, and J. I Bonnet, representing the Bourgeios element, were elected to the Chamber of Deputies in the bye-election yes

ORPHANS FOR CANADA.

WARSAW, March 14. It is purposed by delegations of the Jewish Relief Workers here from Canada to transport immediately two

LADY M.P. IN AUSTRALIA. PERTH, Australia, March 14. Mrs. Gowan, candidate in the state elections, has defeated the Attorney General for his seat in Parliament She is the first woman elected to the Australian House

ANTI-JEWISH DISORDERS.

ed here to-day, has decided to block-VIENNA, March 14. ade Kronstadt, despite the fact that Antti-Jewish disorders, which broke this will entail great suffering to 8,000 women and children. The reason for Trotsky's unwillingness to bombard police succeeded in scattering the the town is the presence of the warship Petropaviousk, which he is anx-

MADRID, March 14.

STOCKHOLM, March 14. Ataneo Pedro Mateo, Anarchist, was A correspondent of the Artonblates says to-day that eighteen to twenty police, confessed to the assassination divisions and aviation corps are advancing against Poland in the disgave the names of alleged accomplices. Former Premier Salazar has succeeded in forming a new cabinet to replace that of Premier Dato. U.S. AND GREECE.

A SLAP AT MCADOO.

ATHENS, March 14. The retirement of Edward Cappa OTTAWA, March 14. tes Minister to Greece, yesenty to sixteen, as terday, is interpreted by royalist cir- way men was one of the most iniquith thirty-eight in 1914. cles as the first step toward recognitious pieces of legislation ever foisted referee was very lax in this respect. ges announced by Lord tion of King Constantine by the new on the United States, was asserted by The game was played in two fifteen Hon, F. B. Carvell, Chairman of the minute periods. Board of Railway Commissioners, addressing the memebrs of the railway club at their weekly luncheon here CONSTANTINOPLE, March 14. The Allied police have arrested the award was never based upon business Bolshevik eecutive committee here. or sound economics, but simply to get votes and even in that it failed. THE SILESIAN PLEBISCITE.

MORE WAGE REDUCTIONS. NEW YORK, March 14. Marine workers employed on ferries, alty to maintain the reduced to the plebscite, which takes place a tugs, barges and other floating equipa state of highest possible week hence. Partizan difference have ment of railroads in New York Har- J. Parsons equalized. In pursuance of this policy been submerged temporarily by the bour will be asked within the next ttleships armed with twelve German population in a common en- four days to accept wage reductions

> cent., it was learned here to-night. UPRISING REPORTED. CONSTANTINOPLE. March 14.

volts in Ukraine. Nfld. Produce Held at North Sydney. was:-

TWO HUNDRED CASES SALMON

valued at about \$4,000, have been seized at North Sydney by officials of he Fishery Department

The seizure was made on Saturday on a quantity of goods arriving here from Newfoundland for use in the United States market. The shippers. is claimed, have violated certain rovisions of the Meat and Canned Goods Act. The Act provides that all such shipments of tinned goods shall game the races were begun. The first be labelled with the name of the of these was the inter-collegiate repacker, and the exact weight of the lay race which was won by St. Bon's. ontents. This provision, it is said Only the Feildians and St. Bon's enhas not been carried out by the Newoundland packkers. It is also illegal or merchants to display canned goods unless they are properly label ed. The goods are being held here pending a decision by the Fisheries Department as to their disposal.

Personal.

Rt. Hon. Sir Robert Bond was in own yesterday. Mr. E. Collishaw left by Kyle to day on an extended business trip t Canada and the United States.

**ASPIRIN** 

Only "Bayer" is Genuine



Bayer" on package or on tablets you are not getting Aspirin at all. Take Aspirin only as sold in the Bayer package for Colds, Headache, Neualgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Then you will be following the directions and dosage worked out by physicians during twenty-one years and proved safe by millions. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger is the trade mark (registered in Canada), of Bayer Manufacture of

Benefit Day at Rink.

Monoaceticacidester of Salicylicacid.

Exciting Girl's Hockey—Felldians win League Relay Race.

ing programme prepared for their en-

was started by Mr. Hubert Rendell,

who was referee. This game which was between the Reds and Blues both of which teams had already played twice—each side winning a game -ended in a draw, the final score bethey say, is rather a nuisance at more scoring during the game. times. The referee was not quite used to this new rule and occasionally blew his whistle for off-side but after a little practice he will probably become well acquainted with it. A arrested to-day and, according to the tendency to hit at the puck and miss was very noticeable and some of the of Premier Dato on Tuesday night. He players seemed to have formed the habit of throwing their sticks about ST. BON'S without the slightest provocation, an action which becomes distinctly annoying when it causes a player of one's own side to fall over it. A bit of rough play was also in evidence but nothing of a really serious nature occurred to mar the game. Only two penalties were handed out, but the

opened with some fast play by both to-day. Mr. Carvell said that the sides, a great deal of off-side combination being indulged in, play which would do no league team any harm to imitate. Several good attempts to score were made but the checking of the defences was excellent. Some few minutes after the start Miss S. Chalker scored for the Blues and shortly before the period came to an end Miss

THE SECOND PERIOD

was also a very exciting one. The Reds scored soon after the start and play became quite fast from that on. until very near the end Miss D. Sellars equalized. When the final gong An uprising is reported to have oc- went both sides were equal. A play curred in the Kuban region of the off was thus necessitated, and the Caucasus, the Bolsheviki having with- players of both sides came out to it drawn the ninth Soviet army, which with a look of dogged determination was sent to Georgia and the eighth written on every face, reminding our army, which is busy suppressing re- reporter of the famous picture of the "Die Hards." After four minutes play however, as no scoring had resulted the game was brought to an end, the final score being 2 all. The line-up

Goal. AND LOBSTER SEIZED BY OFFI. B. White ..... M. Mews Defence. Centre. M. Findlater ..... J. Parsons Right. D. Sellars .. .. .. M. Lawrence Left. S. Chalker ... SPARES.

Blues-A. Crawford, H. Reid. THE RACES. Immediately following the girl's



near the end of the third lap when he fell and Lloyd took the lead handing the flag on to LeMessurier who was closely followed by Eagan, the

distance between him and his rival. but Fraser of St. Bon's soon overtook him and beat him easily, thus win ning the race for his side: The League Relay Race came next, all four league teams being represent-

ed, the Feildians winning out. The winning team consisted of Messrs. A. The one mile All Comers race was won by Pushie after a keen contest, third.

the three mile All Comers which was easily won by Squires, Craniford

INTER-COLLEGIATE GAME

packages. Made in Canada. Aspirin team of Feildians and Methodist. This game which proved a most keenly contested one, and provided quite a Mr. J. Tobin, the referee, started the game at 9 p.m. and 2 twenty minute periods were played.

success, the building being thronged Tilley in goal for the Allies played a good game saving several difficult shots. After some excellent sticktertainment. The ice was in excellent handling Herder scored for the viccondition thanks to the cold spurt tors 3 minutes after the start and still prevailing. Punctually at 7.30 p. Murphy equalized with 6 minutes to m. the first item on the varied pro- go. Before the gong went, Halley put St. Bon's ahead after a good bit of play. During the period a few penalies were handed out for minor of-

utes there was no scoring. Then Haling 2-2. The game was a most excit- Bon's from a rebound; 3 minutes later ou here last night, threatened to develop a serious situation, but the credit for being the pioneers in aban-, and after a fine run up the boards, doning the off-side rule which, as LeMessurier equalized. There was no

A PLAY OFF.

was started immediately but it was not until only three minutes were left that Johnston netted what was to prove the winning goal. Although St. Bon's worked hard up to the last min-

..... Tilley Exchange and a Defence. Right.

Left. Cotter ..... LeMessurier SPARES. St. Bon's-Power.

Allies-Bayley.

MOTHER!

"California Syrup of Figs" Child's Best Laxative



That Thrifty Scotsman.

As an illustration of thrift and determination, the story of Sir William MacGregor, at one time Governor of Newfoundland, would be hard to

Sir William, when completing his training at a Scottish University, found his money becoming exhausted. He could spare no time from his studies in which to earn any. Something had to be done, so MacGregor called his old Scottish landlady into onsultation as to ways and means. "Well, Mr. MacGregor, how much a

week can you find?" "Half a crown." "Well, I can do it for that."

And this is how she did it. Mac Gregor had a bowl of porridge for red one the cost of the fresh ones

Why not compete in the Big Bread Baking Competition to be held at Carbonear on Thursday, the 7th

of April.

\$ 35 \$ FOR THE BEST THREE LOAVES \$ 35 \$

Send your loaf direct to Frank Howell, Carbonear, or to Harvey & Co., Ltd. You may be successful in winning the big prize.

THE COMPETITION

Is open to everyone in Newfoundland—the only stipulation being that bread must be baked from "WINDSOR PATENT".

(A trial stone will convince you of its wonderful bread baking qualities.)

## Motor Boat Supplies!

Coils, Jump Spark and Make and Break Priming Cups, Gasolene Cocks, Gasolene Connections, Stuffing Boxes, Bronze Shafting, Copper Tubing, Mufflers, Exhaust and Water Pipe, Nipples and Elbows, Batteries, Steering Wheels, Tiller Chains, Switches, Wire, Spark Plugs, Water Hose, Packing, Mobiloils and Greases, etc.

For Prices, 'Phone

### JOB'S STORES, Ltd.

#### Customs Tariff.

Dear Sir,-The following clipping from "The British Export Gazette" cannot but fail to be of the greatest interest to every importer of goods in Newfoundland:-

Australian Merchants Defeat the Customs.

"Apropos of Australia, it will be remarked, not without a good deal of satisfaction, that the test case against the Customs Department, who had made a practice of charging duty on imports at the pre-war rate of exchange instead of at the current bank rate, has been decided against the Department, the latter also having to pay the costs of the action. It is now the lives of hundreds of our fellowtion, and on the success with which they have vindicated the rights of the Australian commercial community persons. Price 35c.; Postage 10c.

"CREOSOTE COUGH CURE" high-from private to Lieutenant, and later

noxious imposition." The Newfoundland Customs has been charging duty on imports at the Accept "California" Syrup of Figs pre-war rate of exchange instead of only-look for the name California at the current bank rate right along on the package, then you are sure and this is, as the British Export your child is having the best, and Gazette terms it, "an unjust and obmost harmless physic for the little noxious imposition." It apparently stomach, liver and bowels. Children has not occurred to anybody here to love its fruity taste. Full directions test the validity of this practice but on each bottle. You must say "Cali- after reading the above extract let us hope some firm will. If duties had been charged on English exports at the current Bank rate (which I think at one time went as low as \$3.80 to The Misfortunes the pound) it would certainly have reduced the "high cost of living" dur-



"No-To-Bac" has helped thousands to break the costly, nerve-shattering the celebrated writer of the "Lusiad." tobacco habit. Whenever you have ended his days, it is said in an alms a longing for a cigarette, cigar, pipe, house, and, at any rate, was support-or for a chew, just place a harmless ed by a faithful black servant who No-To-Bac tablet in your mouth in- begged in the streets of Lisbon; Drystead, to help relieve that awful de- den lived in poverty and distress. pletely broken, and you are better off life of meanness and distress. Sir from pork or beef is best, mentally, physically, financially. It's Walter Raleigh died on the scaffold; Caper sauce is excellent with boilbeing identical with the cured ones— s ceasy, so simple. Get a box of Spencer died forsaken and in want; ed mutton. To plain drawn butter add for dinner, and another bowl of por- No-To-Bae and if it doesn't release Milton sold his copyright of "Para- six tablespoonful's of capers.

IT WAS A COUGH THAT CARRIED HIM OFF. IT WAS A COFFIN THEY CARRIED HIM OFF IN

DON'T DIE!

congratulated on the result of the action and on the success with which

Postage 10c. extra. DR. F. STAFFORD & SON, Wholesale & Retail

CHEMISTS and DRUGGISTS, ing a period of hard times and even

Yours very truly, March 14, 1921.

of Genius.

Homer was a beggar; Plantus turned a mill; Terence was a slave; Boe-

thius died in jail; Paul Borghese had courteen trades, and yet starvevd with them all; Tasso was often distressed for five shillings; Bentivoglio was refused admittance into a hospital he had himself erected. Cervantes died of hunger; Camoens

was sold for a trifle to save him from the grip of the law; Savage died in prison at Bristol, where he was confined for a debt of £8; Butler lived in penury, and died poor: Chatterto the child of genius and misfortune, destroyed himself.

John Habberton Dead. AUTHOR OF "HELEN'S BABIES" WAS LIVING IN SOLDIERS'

HOME AT KEARNY.

John Habberton, author of "Helen's Babies," of which more than a quarter. million copies were sold in this country after its publication in 1876, died on February 25th in the Mountainside Hospital, Glen Ridge, N.J., at the age of 78. He had been living at the Soldiers' Home at Kearny, N.J., where several of the men pay board; but it being debated whether the Court's townsmen and will save your's if you come to us in time. Our "Phoratone and "Creosote" Cough Mixtures selded but whether it does or not the scale, but we will scale and scale Queensland firm of importers who brought the case are to be heartily A cough if not stopped in its first and he could not resist doing an act We of kindness though it were beyond his

ly recommended for Lung Troubles spent seventeen years as an editorial and deep-seated coughs. Price 70c.; writer on the New York Herald, from 1876 to 1893. A score of novels are credited to him, and one play, "Deacon Crankett," wichh was performed

more than 500 times Thursday, February 24th was his birthday and he had meant to attend a party in his honor at the home of his now it would help matters somewhat. niece, Mrs. E. T. Biddell in Mont-

> Kidney Trouble is the cause of great suffering from backache, rheumatism and lumbago. You can quickly set the kidneys right by using Dr. Chase's Kidney-Liver Pills. One pill a dose. 25c. a box, all dealers.

GERALD S. DOY E,

Household Notes.

sire. Shortly the habit may be com- In our own country Bacon lived a soup stock, because it is too rank. Fat ridge for supper. He completed his you from all craving for tobacco in dise Lost" for £15, in three payments, to cool and reheated after the globules your money without question. Goldsmith's "Vicar of Wakefield" of fat have been removed.

RANCE

Right.

Ltd.

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Artificial

make the

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MPANY OF CO., LTD.

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