



**\$100!**  
I wasted Zam-Buk  
then I cured me for \$1.

If you are suffering from any form of skin disease or injury, read this!

Mr. Arthur Fairbank, of 547 Lansdowne Ave., Toronto, is the speaker, and he says: "A bad eruption on my forehead quickly spread until it covered my scalp with foul and painful sores. I went to a doctor who treated me for it. Still the sores spread until almost the whole of my head was affected. As the doctor's treatment did me very little good, I left it off and tried various home remedies. Then I tried blood mixtures, but not one of them did me any good. I was at that time in a shocking condition, and as a last resource I went to a skin specialist. He treated me for a period and it cost me over \$50, but the sores got no better. They would itch and burn at times until I was nearly mad. I must have spent over \$100 on useless remedies, when one day a friend told me why I had not tried Zam-Buk, and gave me a little. This little bit of Zam-Buk did me more good than all the long treatment I had had from doctors and specialists. I immediately sent for a supply of the same. Very soon I began to see and feel a great difference in the sores, and finally Zam-Buk cured me at a trifling cost. If I had got it at first it would have saved me dollars, and hours and hours of pain."

For all forms of skin diseases, ulcers, abscesses, eczema, ring-worm, blood-poisoning, etc., Zam-Buk is a sure cure. It also heals old wounds, cuts, lacerations, cold sores, chaps, and cures rashes. All druggists and stores at 50c. box, or Zam-Buk Co., Toronto, for price. Refuse substitutes and imitations.

**Zam-Buk**  
EVERY HOME NEEDS IT

Address all applications for samples and retail orders to T. McMURDO & CO., St. John's, Nfld.

**Dan's Inamorata**

—:—

AN AIRY MINING CAMP STORY.

"Say, Ben, who's the pretty girl just come by the stage? Ain't she just!"

A pretty little maiden of twenty-five summers, with a handsome, rounded figure, was the only passenger in the stage-coach when it pulled up at the Golden Sun Hotel in Blackstone mining camp. She stepped out and hurriedly entered the somewhat crude and unpretentious building.

The rough and noisy rabble that generally surrounds such places of resort grew suddenly silent, blank astonishment stamped on every countenance.

A woman was a curiosity in that rough mining camp; but when one who had the appearance of a queenly lady made her advent, it was considered nothing short of an angelic visitation.

The gruff and burly hotel-keeper for once in his life was outwitted nervous and excited. He had never entertained such a distinguished guest; but, with a forced effort of self-composure, Bessie was shown to the best "room" in the house.

When he returned, it was with difficulty he could elbow his way through the gaping crowd which had surrounded his desk. In his hand he carried a dainty white card, and while curious eyes looked over his shoulder as he took up the rusty pen and dipped it into the muddy ink bottle, he wrote in the register: "Marie Stopford, San Francisco Cal."

He looked at the autograph with a smile of satisfaction on his face, and then said:

"There you are gents—in black and white!"

"But who is she?" came the question from the motley crowd.

"How should I know? But I'll gamble she's one of the best. I ain't seen like her for a long time; but know a lady when I see her, and she shall have the best in the house."

The rough miners taken aback more than ever when the girl boldly entered the common dining-room. She seemed to fully realize that all eyes were directed towards her, and with some show of bashfulness, let her own fall in a becomingly modest manner, and the faint indication of a blush stole lightly over the pretty face.

Dan Liversedge, one of the kings of the camp, sat directly opposite an irresistible magnet from which he could not draw his enraptured gaze. Once or twice she timidly raised her eyes, and every time she encountered those of the richer miner. Dan was hopelessly in love with her. Al' could see it, for when the fairy had faintly wiped her rosy lips and arose and left the room, he sighed audibly and wandered back to the office, unconscious of the fact that he had scarcely eaten a mouthful.

"Look here, Tug," he said, addressing Mr. Tugson, the landlord, "who do you reckon she be? Maybe it's one of those things that come from up yonder. Oh, but ain't she just!"

Just at this moment the girl entered the office, wrapped up for the street, and politely asked the landlord if he would kindly direct her to the office and store of Dressington and Co.

"It's away down at the nor' end of the street, my leddy; but houses are very much alike in our town—it is mighty hard to find them out. Dan, so long and show the leddy where it is."

"I—I—I can pint it out from here," stammered Dan, "if you'll jest step this way, miss."

"Pintin' ain't showin', Dan. Die up yer manners an' go long with the leddy."

"I would be so much obliged if you would, sir," said the sweet-voiced girl. "I have some business to transact there, and I am anxious to get it done this afternoon, so that I can make my return journey to-morrow morning."

Dan's heart jumped like a mill-pump as he heard the sweet appeal. As they went down the street they encountered a group of drunken miners, and as the girl came near them she more than once grasped Dan's arm, the touch of which sent a thrill through his entire being.

"Don't be scared, miss," he stammered, "I long as yer with me no harm will run agin' you. There's no two men in the camp can handle me, an', besides, there ain't nobody in the diggin's that would harm a leddy. A man as 'd raise his han' to a woman in these diggin's 'd find himself astandin' on nothin' a-kickin' at the air, jes as soon as the boys could get him under a tree."

I have often heard and read of how the miners respect women," she softly answered. "Why is it, do you know?"

"Cause of recollections, miss. All o' them left mothers or wives or sisters or sweethearts away back home, and when they see a woman they think o' them."

When they reached the store of Dressington and Co., the girl kindly thanked Dan for his attention, but would not ask him to wait for her, as she would find her way back herself.

Dan slowly retraced his steps, but his eyes were fixed on the ground, as if in deep reflection. He was thinking of the vague future, with its possibilities. He seemed oblivious of everybody and everything around him, and although many inquiries were made regarding the girl, these were answered in a very brief and perfunctory manner.

Arriving at the hotel, Dan Liversedge threw himself upon a seat in the parlour, and completely lost himself in thought. He was restless and painfully in love.

A few minutes had but elapsed when he was aroused from his reveries by a light step in the doorway, and the angel of his musings stood beaming with smiles, before him.

"I had not the least trouble," she said, "although it was the very first business I was trusted with. You would never have dreamed that I had two thousand dollars in this little handling as we walked down the street, would you?"

"In gold, miss?"

"Oh, no, indeed. That much gold

**MADE WELL AND STRONG**

By Lydia E. Pinkham's Vegetable Compound

Toronto.—I gladly give you my testimonial in favor of your wonderful medicines. Last October I wrote to you for advice as I was completely run down, had bearing down sensation in the lower part of bowels, backache, and pain in the side. I also suffered terribly from gas.

After receiving your directions, I followed them closely and am now entirely free from pain in back and bowels, and am stronger in every way.

I also took Lydia E. Pinkham's Vegetable Compound before my baby was born, and I recommend it highly to all pregnant women.—MRS. E. WANDBY, 92 Logan Ave., Toronto, Ont.

**Another Woman Cured**

Maple Creek, Sask.—I have used Lydia E. Pinkham's Vegetable Compound and Blood Purifier, and I am now in perfect health. I was troubled with pains every month. I know other women who suffer as I did and I will gladly recommend your medicine to them. You may publish this if you think it will help others.—MRS. F. E. COOK, Maple Creek, Sask.

If you belong to that countless army of women who suffer from some form of female ills, don't hesitate to try Lydia E. Pinkham's Vegetable Compound, made from roots and herbs.

**PERSISTENT COUGH.**

Wherever soothing syrups fail to cure that persisting cough which exhausts you,

**MATHEU'S SYRUP**

of Tar and Cod Liver Oil and other medicinal extracts will rapidly and definitely rid you from it.

The merits of Mathieu's Syrup are highly recognized and endorsed. Here are a few proofs:—

PORT GREVILLE, C.B., Dec. 31, '09.  
Blacking & Mercantile Co., Ltd.  
Dear Sir,—Please ship by next express if possible, 3 doz. Mathieu's Syrup. It is the best cough mixture on the market. Yours truly,  
W. STERLING.

CHURCH POINT, July 31, '08.  
Blacking & Mercantile Co., Ltd., Amherst, N.S.  
Dear Sir,—Nearly one year ago I had my first order of "Mathieu's Syrup" from you. It was not known in this country, and gave samples to several families whom I knew would use it. After a few weeks I began to have a call for it, and trade has increased wonderfully since. I have not the least doubt but that it will soon be the best selling remedy for coughs, colds, etc., on the market. In my store here sales are good and our people ask for it. Several stores in this country now keep it in stock and report sales increasing. I have bought from you since August 10th, 1907, 4 gross and have only 3 dozen on hand at this date, and which I am holding for retail trade in my store. Yours truly,  
LOUIS A. McLANSON.

**AGAINST HEADACHE** there is no remedy so active as Mathieu's Nerve Powders which contain no opium, morphine or chloral. 25 cts. per box of 18 powders.

**J. L. MATHIEU CO., Sherbrooke, Can.**  
7308, McMurdo & Co., Wholesale Chemists and Druggists, St. John's, Nfld.

**WHY NOT TRY IT?**

When you need a laxative, why not try **Abbey's Salt?**

It is pleasant to take—does not flake on top of the water—and effervesces slowly, without choking or blinding the user like seidlitz powders.

Abbey's Salt is used all over the world and is regularly prescribed by the leading physicians.

Why don't you find out what it will do for you?

**Abbey's Effervescent Salt**

**Eczema on Face and Hands**

Gave up work—Could not shave—Relief and cure obtained from **DR. CHASE'S OINTMENT.**

"I had eczema nearly all over the body," writes Mr. John Gordon Campbell, Jeremia Holland Grove Lumber Co., Sudbury, Ont., "head, neck and wrists were blistered and itching with it. I could find absolutely no cure until I obtained Dr. Chase's Ointment. After using this ointment I was almost instantly relieved and soon completely cured."

"So bad was the eczema that I had to give up work. Could not shave. I was so bad that they had to take me out of camp in a wagon and send for a new foreman. I cannot recommend this ointment too highly." As a means of soothing raw, itchy, irritated skin no treatment can be compared to Dr. Chase's Ointment. It often heals in a single night. You can see for yourself each day the good it is doing. Sample box free, 60 cts. a box, at all dealers or E. J. Monson, Bates & Co., Toronto.

**Prescribes Sugar for Weak Heart.**

Physician Says Saccharine Product May be Carried in Pocket and Eat-en Between Meals.

Ever see a "candy girl with a weak heart, or a candy kid that did not caper nimbly?" For the reason why, see the grave discussion in the medical periodicals summarized this week in the current issue of the New York Medical Journal.

The British Medical Journal began the inquiry in its articles by Sir James Sawyer, who advocates the use of sugar as a heart tonic. He prescribes it also in wasting disorders, some forms of anaemia, adynamic rheumatism and nervous diseases. He finds patients increase in weight, power, strength and vigor, and in those of neuroathetic tendencies he finds that the results are especially good.

The patient is advised to carry with him about half a pound of lump sugar and to eat it from time to time, except just before a meal. In concluding his paper the English physician declares that "beneficent" we must think of members of the sugar group as sustainers and developers of heart muscles and of benefit in a large variety of cardio-muscular troubles.

Pure cane sugar should be used. The purity of the product is assured if two lumps become luminous when rubbed together in the dark. If the lumps do not shine the manufacturer of the same may be denounced as a luminosity.

The value of such excellent cane sugar may be easily recognized, for the matinee girl may see to read programmes by it in a darkened theatre while buying herself with the saccharine refreshment. The carrying of half a pound of sugar may also be made useful to those going home at night who have difficulty in finding keyholes.

At the Yarmouth Y. M. C. A. Boys' Camp, held at Tusket Falls in August, I found MINARD'S LINIMENT most beneficial for sun burn, an immediate relief for colic and toothache.

ALFRED STOKES,  
General Secretary.

**Hundreds of Years**

of competition have served only to enhance the reputation of

**CONVIDO**

The Perfect Port.

Its popularity is due solely to its unapproachable flavor and body.

At all dealers, cafes, etc.

**D. O. ROBLIN,**  
Sole Agent for Canada,  
Toronto.

**J. JACKSON,**  
St. John's,  
Resident Agent

**Nerves Are Exhausted**

And nervous prostration or paralysis is creeping steadily upon you.

You hear of people suddenly falling victims of nervous prostration or some form of paralysis. But when you get all the facts of the case you find that they have had months or years of warning.

They haven't slept well. There has been frequent attacks of nervous headache. Digestion has failed. They have been irritable, easily worried and excited and have found memory and concentration failing.

Had they but known that these symptoms tell of exhausted nerves or had they realized their danger they would have restored the feeble, wasted nerves by use of such treatment as Dr. Chase's Nerve Food.

This great restorative treatment cures by forming new, rich blood and by rebuilding the wasted nerve cells. No medicine is more certain to prove of lasting benefit to the system. 50 cents a box, 3 boxes for \$2.50; at all dealers or Edmondson, Bates & Co., Toronto.

**ASK FOR MINARD'S AND TAKE NO OTHER.**

**A New Potato.**

(Scientific American, New York.)

During the past two or three years remarkable progress has, it is said, been made in the cultivation of a new species of potato in the department of Vienne in France.

This potato originated in Uruguay, and is called the "Solanoium Commersoni". In its new environment in France, and by reason of its careful cultivation and selection, it has developed several forms that promise to be of great value to the food resources of Europe.

Among these forms, all springing from one parent species, there are a yellow variety, a white variety, a red variety, and a variety not specially characterized by color, all of which possess distinctive shapes and qualities. A fact that especially interests botanists and cultivators is that these varieties have evidently not yet reached their final settled forms, and the experiments in Vienne are closely watched because it is thought that they will throw light upon the unsettled question of the general origin of the potato.

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**Sentence Sermons.**

Only people make most of life's friction.

No city is greater than its character ideals.

Humanity gives in love what we render in faith.

Many people mistake their won't power for their will power.

To think a good thought twice is a long step toward a good habit.

Our unfairness is always based on a lack of faith in our fellows.

Some never let their light shine except through an advertising sign.

Most of our irritability comes from hunting the rough places in the road.

One ought always to get more in his work than he hopes to get by it.

Slander soon dies if you take it out of circulation.

The best way to lift men is to meet them on a level.

Hereby hunting is simply an obsession of omniscience.

We find the worst in all by trying to get the best of any one.

The worst foe you have is the man who would kill all your enemies.

Some turn their backs on ordinary principles to gaze at heavenly prospects.

There is only one test the true church can apply to any man, and that is, "Do you need?"

Some never see the difference between giving friendly counsel and hurling advice at one.

It is more important to get ready to live than to be prepared to die.

Men who are always gliding the Commandments often are dodging behind them.

**White battise** was used for this design, with flouncing for skirt and sleeve portions of overdress. This overdress may be made as an independent garment, of any of this season's soft fabrics, and worn over a simple gown or underdress. As here shown it is made over a fitted underdress, which is of lining and is overlaid at the upper part to form a yoke. The cap or bell sleeve may be used. Pattern 8947 furnished the model for lining and overdress and is cut in 3 sizes: Small, Medium and Large. The underskirt is fashioned from Pattern 8851—a six gore model, which is also desirable for heavy fabrics. The skirt is cut in 5 sizes: 22, 24, 26, 28, and 30 inches waist measure. It requires 3 yards of 44 inch material for the entire gown with 1 1/2 yards of 27 inch material for body lining and 3/4 yards of 18 inch net or "fall over" for trimmings.

This illustration calls for two separate patterns which will be mailed to you on any address on receipt of 10c. for each in silver or stamps.

Suitable materials for all of these patterns can be procured from AYR & SONS, Ltd. Samples on request. Mention pattern number. Mail orders promptly attended to.

Please send the above-mentioned pattern as per directions given below.

No. ....

Size .....

Name .....

Address in full: .....

**Coronet Decor**

Make Ready for

Three cases consisting of Flashes, Wavers, Union Jack Flashes \$1.70 per dozen, Colored Candles (10 sizes) from 4c. Red Ensigns, 60c. dozen, and \$1.10 each. White Ensigns, 60c. each. Blue do. 20c. chief Flashes, 4c. Festoons (Red, W. 80c., \$1.60 per dozen). Ruchings, from 4c. Drop Lanterns, 10c. Colored Candles (10 sizes) from 4c. Red, White and Blue Coronation Posters. King and Queen also the Book illustrated in Black and White. Number, with portrait of King 11 x 15 inches 25c.

**DICKS**  
POPULAR

**LARA**  
Grocery Dept.

Have just

**New Hams**  
"Florizel."

**New Onion**  
per "Pretoria"

Goods and prices

Laracy's Dry Goods and Grocery Store

**LARA**  
345 & 347 Water St. Ont.

**H.P. SAUCE**

is made in England and enjoyed all over the world.

It has a new and delicious flavour, distinct—quite distinct from any other sauce you have ever had before.

**Evening Telegram Fashion Plates.**

The Home Dressmaker should keep a Catalogue Scrap Book of our Pattern Cuts. These will be found very useful to refer to from time to time.

8947-8851—A CHARMING SUMMER FROCK.



**Plain**

5 cent

Made under conditions—all

**M. J. V.**  
Duckworth

**Coronet Decor**

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Three cases consisting of Flashes, Wavers, Union Jack Flashes \$1.70 per dozen, Colored Candles (10 sizes) from 4c. Red Ensigns, 60c. dozen, and \$1.10 each. White Ensigns, 60c. each. Blue do. 20c. chief Flashes, 4c. Festoons (Red, W. 80c., \$1.60 per dozen). Ruchings, from 4c. Drop Lanterns, 10c. Colored Candles (10 sizes) from 4c. Red, White and Blue Coronation Posters. King and Queen also the Book illustrated in Black and White. Number, with portrait of King 11 x 15 inches 25c.

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