

**OVER-EATING**

is the root of nearly all digestive ills. If your digestion is weak or out of kilter, better eat less and use

**KI-MOIDS**

the new aid to better digestion. Pleasant to take—effective. Let KI-moids help straighten out your digestive troubles.

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**DAVID RUSSELL STARTS**

**SUITS AGAIN AT HAMILTON**  
Hamilton, Ont., April 30.—A writ issued demanding the largest sum ever sued for in the local office of the supreme court has been issued by David Russell, of New Brunswick. The defendants in the action are Sir Edmund B. Osler, Hon. Wm. Fugatey the National Trust Company, Ltd., executors and trustees of the estate of the late Herbert C. Hammond and Charles McInnes, trustees of the estate of the late Hon. Donald McInnes. Mr. Russell's claim is for \$8,175,000 damages for alleged breach of contract under date of May 15, 1908.

**The Potato Crop**

The potato is one of our most important food crops, and yet it is one that very often does not receive the attention it should. It is the practice of many farmers to leave the planting of potatoes until practically all other crops are in. With the exception of, perhaps, some parts of the Maritime Provinces this late planting means a much smaller yield than there would be if the planting were done before the middle or by the middle of May or beginning of June. The seed potatoes have sprouted so much that when these are broken off at planting time the new shoots will not come on with the same vigour as they did early in the season. Furthermore it is important for the potato to get a good root system before the hot weather sets in.

It is of the greatest importance to use good seed. Two lots of seed of the same variety which look very much alike may give a difference of three hundred or more bushels per acre in the crop, as has for instance one lot of Irish Cobbler yielded at the rate of 378 bushels per acre and another 37 bushels per acre. The best Green Mountain stock yielded 330 bushels per acre and one of the poorest 46 bushels per acre.

If possible, one should know where the seed was grown the previous year that he is about to use. If it came from a crop, the plants of which grew vigorously until cut down by frost, then, it free from disease. It will, as a rule, yield a much better crop than if it is from a crop, the plants of which withered in the middle of summer and the tubers lay in hot soil the rest of the season. This year when the price of potatoes is so high there will be a temptation to use small potatoes for seed. If these small potatoes come from a good crop the previous year the results are likely to be satisfactory if the season is favorable, but if they are from a small crop the previous year when the plants dried up early the plants this year are likely to be weak and the yield not very good. Good sized sets of from one and a half to two ounces have been found the most satisfactory, taking one year with another, although if the season is particularly favourable smaller sets will produce a good crop, but one cannot tell what the season will be, hence it is better to be on the safe side.

The distance of planting which has been found most economical in most places in Canada is, rows two and a half to three feet apart and sets twelve to fourteen inches apart in the rows. While quite shallow planting has given the highest average yields at Ottawa, it is necessary to plant about four inches deep for field culture to enable one to harrow before the potatoes are up without pulling up the sets.

The varieties which have been most generally satisfactory in Canada and Irish Cobbler as an early potato and Green Mountain as a main crop or later variety. Other varieties which cannot be distinguished from Green Mountain and are included in the Green Mountain group are Gold Coin, Uncle Sam, Wee MacGregor and Delaware. The Dooley of the Rural group has done well in the warmer parts of Ontario, and in coast climates Burbank is also popular.

**S. S. ALEXANDRA**

The new company which has been formed to undertake the operation of the S. S. Alexandra is slowly but surely obtaining the capital necessary for the start. A week ago over \$4000 was needed to complete the transaction and take the boat over from the old company. Now, less than \$3000 is needed, but time could be saved if a few people would come forward and between them take up that amount of capital stock. The investment in itself looks to be promising, but the project should be undertaken more for the benefit of the town and the river district than for the sake of dividends. Every merchant in Chatham should put in \$100 of an investment.

In the meantime the boat is undergoing a thorough overhauling preparatory to the season's business. It is still on the slip, but as soon as the painting is finished and also some overhauling of its machinery, the boat will be launched and be ready for the river very shortly after that. The launching will probably take place this week and the boat go on its route early next week.

Everybody give a push and get the new company launched. —Commercial

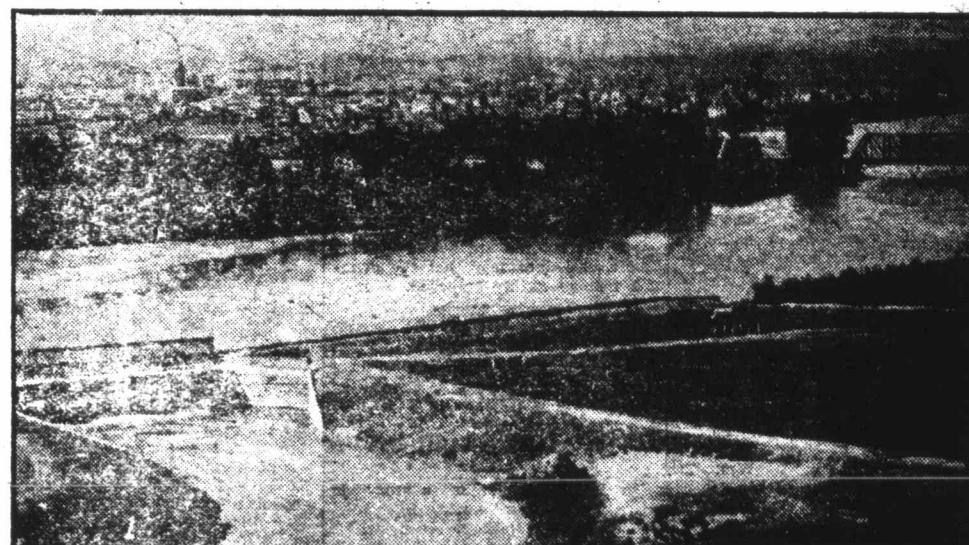
**Middle Aged Women**

Women should take warning from such symptoms as heat flashes, shortness of breath, excessive nervousness, irritability, and the blues—which indicate the approach of the inevitable "Change" that comes to all women nearing middle age. We have published volumes of proof that Lydia E. Pinkham's Vegetable Compound is the greatest aid women can have during this trying period.

**Read About These Two Women:**

Fremont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run-down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. GORDON, 226 Napoleon St., Fremont, Ohio.

Urbana, Ill.—"During Change of Life, in addition to its annoying symptoms I had an attack of grippe which lasted all winter and left me in a weakened condition. I felt at times that I would never be well again. I read of Lydia E. Pinkham's Vegetable Compound and what it did for women passing through the Change of Life, so I told my doctor I would try it. I soon began to gain in strength and the annoying symptoms disappeared and my Vegetable Compound has made me a well, strong woman so I do all my own housework. I cannot recommend Lydia E. Pinkham's Vegetable Compound too highly to women passing through the Change of Life."—Mrs. FRANK HANSON, 1316 South Orchard Street, Urbana, Ill.

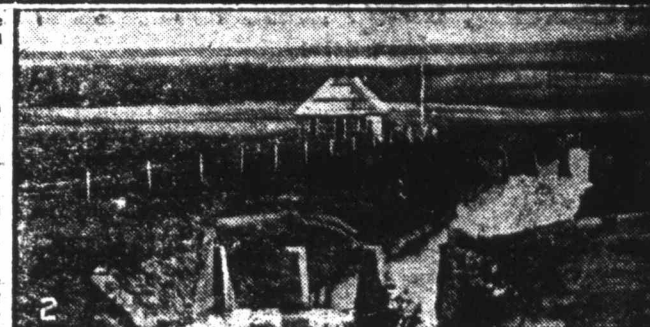
**Women Everywhere Depend Upon****Lydia E. Pinkham's Vegetable Compound****Irrigation Extends in the West**

The year 1929 stands out in the agricultural history of Alberta and Saskatchewan as having proved beyond all doubt the enormous benefits to be derived from farm irrigation for in the drought which afflicted nearly the whole of these provinces the south country within the irrigation belt not only produced excellent crops, but in many localities yields were harvested well in excess of the average of what are called good years.

On 145,500 acres in the Lethbridge District, 65,200 tons of fodder crops and 3,775,000 bushels of grain have been grown to the total value of about \$7,750,000. Wheat was the largest crop produced there being well over two million bushels. Other crops harvested included more than a million bushels of oats, nearly 400,000 of barley, 28,000 of flax, and 65,000 tons of alfalfa. In addition vegetables were grown and sold from this area.

As another example of what phenomenal yields may be taken from irrigated land the case of a farmer at Brooks may be cited who on his farm produced a \$9,000 harvest of alfalfa seed. The yield was 14 bushels to the acre, which sold in the neighborhood at 80¢ per lb and netted him a return of \$740 per acre.

In the large irrigation block of the Canadian Pacific Railway east of Calgary there are approximately 625,500 acres of irrigable land, and the amount in the Lethbridge district approximates 110,000 acres making a total of 735,500 acres. Of this less than 20 per cent was in crop this year. On the basis of this year's average production on irrigated land this total area is capable of producing crops to the value of between thirty and thirty-five million dollars yearly with an average of over \$40 per acre for each acre of irrigated land.



(1) Head Gates of C. P. R. Irrigation Canal near Calgary, Alta.  
(2) Steps of an Irrigation Ditch near Gleichen, Alta.

With such examples as these of the fruits of irrigation it is little wonder that the farmers of the dry belts of Alberta and Saskatchewan are clamoring for extensions to the existing systems of irrigation or the installation of new projects, or that the authorities should be devoting more time and attention to the furthering of the schemes of irrigation.

A new project is already under way in the south area of Alberta which will take in the land in the Raymond, Sterling and Magrath districts, and the commissioner of irrigation, with headquarters in Calgary, has recently returned from a reconnaissance trip to the Buffalo Lake country, where he has been gathering information as to the feasibility of another projected scheme. This provides for the diversion of the flood waters of the North Saskatchewan River to irrigate the lands lying to the east and south of Buffalo Lake, all the way to the area between Townsboro and Saskatoon. The scheme, in outline, is to tap the

North Saskatchewan River, at or near Rocky Mountain House, and by means of canals and ditches carry the water to lakes and depressions lying to the east, utilizing Buffalo Lake as the main reservoir.

The Alberta Provincial Government is also considering the establishment of an irrigation experimental farm at a point on the Saskatchewan River two miles north of Medicine Hat, covering a distance of twelve miles along the river adjoining the city. There are approximately 35,000 acres of land which can be brought under irrigation under this plan.

The finest feature of irrigated lands is that they can be trusted to produce at least good average crops every year, and indeed, so far from the quality of the land deteriorating, its tendency is to become more productive as the farmer learns by study and observation what quantities of water to use, and the best system of crop rotation.

**WORLD ASCENDANCY**

GAINED IN THE 19th CENTURY



DETAINED IN THE 20th CENTURY

**Brandram's BB WHITE LEAD**

THEY used it for the stage-coach of olden days in England—we use it in Canada today. Compare it with any other white lead or white paint, and you will decide that your house—or anything you wish to have truly white and remain white—must be painted with this brand which has survived as the leading white lead for nearly two centuries.

Thinned with linseed oil and turpentine, it makes a perfect white paint. Combined with coloring matter, it makes the satisfactory tinted paint of any shade. It is the basis for that finest of ready-mixed paint, B-H "English" Paint.

Made in a modern Canadian factory, and by the same process as was employed for its manufacture by its inventor in England, it is today the only survivor of all the patented white lead processes of that earlier generation. It has survived because it results in a white lead of exceptional fineness, whiteness and durability.

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HAMILTON, CAN.

**MAJOR LEAGUE****RECORD BROKEN**

Boston, May 2.—The Major league record for the number of innings in a single game went to smash Saturday when for twenty-six innings and three hours and fifty minutes the Boston and Brooklyn Nationals battled to 1 to 1 on Braves' field. Joe Oeschger for Boston, and Leon Cadore for Brooklyn, stayed in the box for the entire game. Oeschger allowed only nine hits, struck out six men and gave five bases on balls. Cadore was hit fifteen times, struck out nine men and gave four bases on balls.

(Called on account of darkness, twenty-six innings).  
Batteries—Cadore and Kruger, M. Holt; Oeschger and O'Neil, Gowdy.  
Other National League results see Saturday follow.