DUNLOPS COMPOUND SYRUP of WHITE PINE and AMMONIUM CHLORIDE

For coughs and colds, loss of voice, irritation of the larynx and all inflamed conditions of the air passages. It does not nauseate nor disturb the digestion.

Large Bottle 50c

THE B. B. Hodgins, Ltd.
J. Drug Store Where You The What You Ask For
Phone 250

Who's to Blame for the High Cost of Food?

It may be the farmer, it may be the middleman, it may be the weather—but never mind—you have **Shredded Wheat** at the same old price, the same high quality, the one perfect, complete food, supplying more real nutriment than meat, or eggs, or vegetables, costing much less and more easily digested. Cut out the high-price foods. Eat Shredded Wheat for breakfast with milk or cream. Eat it for dinner with stewed fruits and green vegetables. A deliciously nourishing meal for only a few cents. Made in Canada.

Shredded Wheat biscuit is delicious served with any choice vegetables, meat, fish, etc. Heat in oven to warm and crisp. Serve one or two biscuits with a generous piece of cheese. Also good with butter, jam, honey, maple syrup, etc.

The Daily Herald

Published daily except Monday at The Herald Office, Commercial Street, Nanaimo, B. C.

R. R. HINDMARCH

Announcement

1917 ADVERTISING RATES

Wanted, For Rent, Lost and Found Advts. 1 c per word per issue or 4 cents a word per week. 25c m. Reading Advertisements 3c a line.

Notices of Meetings, Political Meetings, Legal Notices, Political or Municipal Election Cards and Addresses, 10c a line for 1st insertion and 5c a line for each subsequent insertion. 8 lines to the inch.

Birth and Marriage Notices 50c.

Death and Funeral Notices, $1 for 1st insertion and 50c for each subsequent insertion.

Local Reading Advts. 10c a line each issue.

Transient Display Advts. 25c an inch.

Front Page Display, Double Rates.

Steady Commercial Advertising Rates on Application.

Subscription Rates

One Year, by Mail $3.00
Six Months, by Mail $1.50

City Rates

50c per Month by Carrier.
One Year (strictly in advance) $5

CIVIC ELECTIONS.

Every elector owes it to himself and to the community at large to cast his or her ballot today, when a Mayor and Council will be selected to manage the affairs of the city during the present year. The personnel of a Council which is elected by popular vote but reflects the character and temper of the community, and in a country like Canada where the people rule the electors who do not cast their ballots have no reason to pass criticism upon the popular choice of the community. Today Nanaimo elects a Mayor, six Aldermen, and three School Trustees. There is a contest in every department and a choice is thereby offered the electors as to who shall guide the destinies of the city for a twelve months. Two Aldermen are to be elected in each ward, an elector being privileged to vote for two candidates, but cannot give two votes to one candidate as many of the electors believe judging from the fact that at every Municipal Election a number of ballots are spoiled by reason of the voter marking two or three crosses opposite his name. It is urged to exercise his franchise to the fullest extent and he can only do this by voting for one Mayor, two Aldermen and three School Trustees.

The poll will be taken in the Council Chambers of the City Hall today between the hours of 9 a.m. and 7 p. m.

HUN EFFICIENY

Every war has its crop of critics who see nothing but successes on the side of the enemy and blundering and incompetence on the part of those entrusted with the management of the affairs of their own nation. The present great war finds many so called Britishers criticizing the actions of those in control of the government and at the head of the military and naval affairs, and to such critics a letter written by an Englishman to a friend in New York is most appropriate. The writer of the letter says to his friend, who is domiciled in Uncle Sam's domain:

When people talk to you again of German efficiency, do ask where it comes in. Is it on the Marne, when a slight push from Gen. Foch drove them flying for 60 miles, or at Ypres, where a little British army assisted by Belgians on the Yser and French at Dixmude beat off between Oct. 15 and Nov. 11, 1914, 600,000 of the real Prussian soldiers, most of whom are dead today? Was it at Verdun where 200,000 French kept three times their number at bay for six months, and in six hours reconquered what the Germans took from Feb. 25, 1916, to Aug. 31, 1916? Or on [illegible] we in four months have captured over 600 of the strongest fortresses the world has ever seen? Or in Egypt where thousands of wretched Turks were led to their doom? Or in Armenia, now entirely Russian, made so after the most wonderful winter campaign in history against the great Turkish infantry led by German officers? Or even in Russia, where, having advanced 200 miles, they were held up for months by Russians who often had not one rifle between three men, and who are now pushing them back? Or in German South West Africa? Or the Cameroons? Or in German East Africa? Or in Northern China? Or in the Pacific Isles, on which millions of development money had been lavished and which were a perpetual threat to the United States occupation of the Philippines and even of Honolulu? Or in the sea, where a navy which cost $1,500,000,000 is lying idle in the Keil Canal and not one German ship flying a German flag is to be seen above water on the wide ocean? Believe me, all that is inefficiency, the inefficiency of the man who makes a beautiful machine, and cannot repair it when it runs down, because he lacks initiative and his training has never taught him how to deal with situations which he himself has not conceived, or contrived. Little Belgium? Yes, for the moment. Little Serbia? Yes, with assistance of that double-faced traitor Ferdinand, but where else? Greece! Oh! Or was it in the poison gas and lachrymatory shells, which are now returned to them ten to one?

Do you suppose Germany could have transported a million soldiers from the dominions across the ocean home to train without losing a man? Or sent three to four millions of men with every ounce of their munitions and stores to France and kept them supplied without losing one? Or improvised in two years an army which is now beating the best German troops to flitters and which is made up of clerks, barristers, solicitors, miners, carpenters, laborers, not one of whom had any conception of the business of war, the most difficult, the most complicated and the most expensive of all businesses? Guns? Plenty. [illegible] Aeroplanes? Ours drive the Germans out of the sky. Zeppelins? Ask Robinson and Tempest and Brandon and Freeman and Sowrey, and poor Warneford, were he alive, what they think of these wretched baby killers.

No, Germany has not the gift of dealing with a situation as and when it arises. She regulates everything by ridiculous rules and regulations which are not to be broken, no matter how the circumstances change. She digs fortresses that look impregnable, that take weeks and cost thousands of casualties to capture. But they are captured, and then you find hundreds of Germans in palatial dugouts, and half a dozen bombs flung down the entrances kill the lot because they cannot get out, or a big high explosive shell falls on top and buries them all. Thousands and thousands of Germans lie buried alive in their dugouts on the Somme. Is that efficiency?

Shaw's Committee Rooms, Phone 97.

BIJOU THEATRE

Today is your last chance to see Cleo Ridgely and Wallace Reid in "The House With the Golden Windows" the strong five-part Lasky production shown at the Bijou. For tomorrow and Saturday that superfeature "The Dumb Girl of Portici" introducing Anna Pavlowa and her ballet Russe to the screen will be the attraction at the Bijou. This picture is a magnificent production that cannot be judged fairly by ordinary motion pic[illegible] artistically amb[illegible]tious and in some respects the most notable contribution of the Universal Company to the screen, and this is said with due consideration for several memorable productions of an earlier date. The interest attaching to the appearance of a dancer of such acknowledged pre-eminence as Pavlowa is, of course, paramount, and it is eminently fitting that she should be presented in a sympathetic interpretation of Auber's opera "Masaniello." Strictly speaking, this is a photo-opera rather than a photo-play and should be considered in that light. This extraordinary picture will be screened at the Bijou on Friday and Saturday at 2:30, 6:30 and 8:30, at the following prices: Matinees, 5 and 10c., Evenings 15 cents.

DOMINION THEATRE

"The Upheaval" is a thoroughly modern story based largely on corrupt municipal politics as shown unfortunately in too many of our large cities. With this is also shown the wretched conditions in congested tenement district and the efforts to change and reform such.

There are many thrilling episodes and the story ends as it should with the gang routed and the reform element triumphant. The leading roles are well presented by Lionel Barrymore and Marguerite Skirvin, both of whom have been seen at the Dominion before.

With this feature is also shown a two act Bison comedy entitled "Tammany's Tiger," which chronicles the ludicrous happenings following the escape of the animals from a circus.

AUTOMOBILES FOR HIRE

Ring up 8 if you require an auto either for business or pleasure. We have the most comfortable cars in the city

CITY TAXI COMPANY
Next IXL Stables.

McAdie
The Undertaker
Phone 180 Albert St.

"See America First" GREAT NORTHERN RAILWAY Glacier National Park

—GO GREAT NORTHERN—

To the Kootenay, Eastern and Southern Points. "Oriental Limited" to Chicago, "Great Northern Express" to Kansas City, "Portland Owl" to Seattle, Tacoma, Portland and California. Direct connections to all points in Eastern Canada and United States. Tickets sold on all Trans-Atlantic lines. Route your freight via Great Northern. M. C. IRONSIDE, Agent, Front street, next to the Old Bastion, Phones 137 and 522.

CANADIAN NORTHERN RAILWAY

TRANSCONTINENTAL
Leave Vancouver
9 a. m. Sunday ..... Wednesday ..... Friday 9 a. m
Scenic Route Between Vancouver and Toronto, Short Line to Edmonton
[illegible] Sleeping, Dining and Compartment, O[illegible]s.
DAILY LOCAL SERVICE
7:00 p. m. Leaves.....VANCOUVER Arrive a. m. 11:00
9:45 p. m. Arrive.....Chilliwack..... Arrive a. m. 8:15
11:00 p. m. Arrive .....Hope..... Leave a. m. 7:00
Full particulars may be obtained from any Canadian Northern Agent
DISTRICT PASSENGER OFFICE
605 Hastings St. West, Vancouver.
Telephone Sey. 2482. A. E. PLANTA, Agent
Nanaimo, Phone 95

UNION STEAMSHIP COMPANY OF B. C. LTD.
NANAIMO-UNION BAY-COMOX ROUTE
T. S. S. Cowichan will sail as under:
Nanaimo to Lasqueti Island, Denman Island, Union Bay (for Cumberland), Comox and Royston (for Courtenay), SATURDAY, midnight.
Nanaimo to Vancouver Sunday 6 p. m.
For further information, apply Johnston Wharf. Phone 1-6.
(Subject to change without further notice.

E. & N. Ry.

TIME TABLE NOW IN EFFECT

Trains Will Leave Nanaimo As Follows:

Victoria and ponts south daily at 8:30 and 14:35.

Wellington and Northfield daily at 12:45 to 19:11.

Parksville and Courtenay, Tuesdays, Thursdays and Saturdays, at 12:45.

Parksville and Port Alberni, Mondays, Wednesdays and Fridays at 12:45.

Trains due Nanaimo from Parksville and Courtenay, Mondays, Wednesdays and Fridays at 14:35.

From Port Alberni and Parksville Tuesdays, Thursdays and Saturdays at 14:30.

E. C. FIRTH, Agent — L. D. CHETHAM, Dist. Pass. Agt.

LOYAL ORDER OF MOOSE
Nanaimo Lodge No. 1852 meets on the first and third Tuesday of every month, at 7:30 o'clock, in the Oddfellows' Hall.
Lodge Physician T. J. McPhee.
EUGENE KENNEL, Sec.

TIME TABLE

B. C. S. [illegible]

S. S. Princess Patricia
Effective Sept. 18, 1916
Nanaimo to Vancouver daily except Sunday at 8:30 a. m.
Vancouver to Nanaimo daily except Sunday, at 3:00 p. m.

S. S. Charmer
Nanaimo to Union Bay and Comox Wednesday and Friday 1:15 p. m.
Nanaimo to Vancouver Thursday and Saturday at 3:15 p. m.
Vancouver to Nanaimo, Wednesday and Friday at 9:00 a. m.

Geo. Brown, Wharf Agent. W. McGirr, C. T. A.
H. W. Brodie, G. P. A.

New Ladysmith Lumber Co., Ltd.

We carry a full stock of Rough and Dressed Lumber, Mouldings, Lath, Shingles, Sash, Doors and Glass. Beaver Board, unequalled for interior wall finish.

Apple Boxes Always on Hand

Phone 64 Drawer 24 Nanaimo, B. C.

PHILPOTT'S CAFE
OPEN DAY AND NIGHT
In Rogers Block. Phone 134
W. H. PHILPOTT, Prop.

JENKIN'S
Undertaking Parlors
3 and 5 Bastion Street
Telephone — 1-2-4

ON
SATURDAY
We will clear out our Xmas Stationery at
HALF PRICE
Watch our windows

[illegible]DSON Bros.

GET TO KNOW Cameron's BREAD
Give it a Trial
NONE BETTER
Phone 570 and 176

Quan Yuen
Ladies' and Gents' Tailors
Good display of materials to select from. Fit Guaranteed.
133 Bastion Street.
P. O. Box 1061 Nanaimo

Miss T. Rogers
Agent for Spirrella Corsets
Phone 560-R

DR. DeVAN'S FRENCH PILLS A reliable Regulating Pill for Women. $5 a box or three for $10. Sold at all Drug Stores, or mailed to any address on receipt of price. THE SCOBELL DRUG Co., St. Catharines, Ontario.

PHOSPHONOL FOR MEN. Restores Vim and Vitality; for Nerve and Brain; increases "grey matter"; a Tonic—will build you up. $3 a box, or two for $5, at drug stores, or by mail on receipt of price. THE SCOBELL DRUG Co. St. Catharines, Ontario.

Royal Standard Flour
Makes the Big, Clean Loaf

A loaf of Bread baked with ROYAL STANDARD FLOUR cannot be otherwise than big, clean, light and tasty, because you are putting into it the cleanest and purest Flour it is possible to make.

Made from the hearts only of the choicest Canadian wheat and made CLEAN—absolutely free from dirt, fluff or lint.

Next time order ROYAL STANDARD.

BEST FAMILY PATENT — ROYAL STANDARD

VANCOUVER MILLING & GRAIN CO., LTD.
Vancouver—Victoria—Nanaimo

ROYAL STANDARD FIELD SEEDS

WE are extending our already extensive field seed business for 1917. It is the desire of the Canadian Government that the people produce as much as possible during the ensuing year, and we are arranging with the leading dealers throughout British Columbia and Alberta to carry a complete line of ROYAL STANDARD FIELD SEEDS. These seeds are the choicest it is possible to secure in the World's Markets. They are Government inspected and carefully selected for purity.

Seeds should be purchased early as prices inevitably advance as the Season progresses. In all probability the market will be short and it will be difficult later in the year to make purchases.

Order ROYAL STANDARD Field Seeds NOW. If your dealer cannot supply you write us and we will ship to you direct.

WRITE TODAY FOR FULL INFORMATION AND PRICE LIST

Vancouver Milling & Grain Co. Ltd.
VANCOUVER, B. C.

Organs! Organs!

Just Received Another Shipment of the Famous

Thomas Organs

in Mahogany, Walnut and Oak Finish. The designs are new and up to date and are sure to please.

Call and see these beautiful instruments. You will have no difficulty in making a selection if you are looking for a high grade instrument at a reasonable price.

CONVENIENT TERMS ARRANGED

Gideon Hicks Piano Co.
"Everything in Music"
VENDOME BLOCK COMMERCIAL ST. NANAIMO