THE BLESSING OF A HEALTHY BODY

Has Not Had An Hour's Sickness Since Taking "FRUIT-A-TIVES".

MR. MARRIOTT

73 Lees Ave., Ottawa, Ont., August 9th, 1915.

"I think it my duty to tell you what "Fruit-a-tives" has done for me. Three years ago, I began to feel run-down and tired, and suffered very much from *Liver and Kidney Trouble*. Having read of "Fruit-a-tives", I thought I would try them. The result was surprising. During the 3½ years past, I have taken them regularly and would not change for anything. *I have not had an hour's sickness* since I commenced using "Fruit-a-tives", and I know now what I haven't known for a good many years—that is, the blessing of a healthy body and clear thinking brain".

WALTER J. MARRIOTT.

50c. a box, 6 for $2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Cutten.
2nd Vice President—Mrs. R. Reid.
3rd Vice President—Mrs. Geo. Fitch.
Recording Secy—Mrs. W. O. Taylor.
Cor. Secretary—Mrs. L. E. Duncanson.
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SUPERINTENDENTS.

Labrador Work—Mrs. Fielding.
Lumbermen—Mrs. J. Kempton.
Willard Home—Mrs. M. Freeman.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Evangelistic—Mrs. Purves Smith.
Peace and Arbitration—Mrs. J. Read.
Press—Miss Margaret Barss.
White Ribbon Bulletin—Mrs. Walter Mitchell.
Loyal Temperance Legion—Miss Essom.

A Stirring Speech.

I do not cast reflection upon persons engaged, unhappily for themselves, in the retail distribution of drink, but if it were my duty to do so I should most earnestly adjure the Catholic parents of Ireland, whether they be licensed traders or not, never to put their sons to that business, save as a last resource! I should implore the Catholic youth of Ireland, if my words could reach them, not to go into that business even when they think it is a last resource. Let the manufacturers make money in millions, if they will; let them be the welcome guests of royalty because of their success in its manufacture; let rich brewers be ennobled by the score because the powers that be so will it; but let the respectable, self-supporting, State-supporting Catholic citizens of Belfast follow the example of their Protestant fellow-countrymen, and leave the exacting work of drink distribution to be attended to by those who reap nine-tenths of the profits and all the honors of the Belfast trade. Let the wife's emaciated frame, the widow's penury, the father's grey hairs bowed down in sorrow to the grave, and the orphan's destitution, be placed to the debit of those who are the first cause, and let the Catholics of Belfast claim a fitting share in the great world-enterprises for which Belfast is becoming famous.—M. J. F. McCarthy, B.L.

Mr. Justice Walton on Drink and Crime.

The committee of the Royal Courts of Justice and Legal Temperance Society held a social meeting recently in the Old Hall of Lincoln's Inn. Mr. Justice Walton who presided, said the society had a long record of good work and included among its members total abstainers and those who were not abstainers but who were impressed by the terrible consequences of intemperance. His experience as Recorder of Wigan and Judge of the High Court since 1901 led him to the conclusion that more than 99 per cent. of the trials for crimes of violence had their origin in intemperance. Habitual offenders also who were constantly sent to prison for small pillages were, in a large number of cases, victims to a craving for drink.

Rome Objects to Barmaids.

Because barmaids have been introduced into several hotels in Rome complaints are made that the city is being modernized and Anglicized. The barmaid, says an Italian paper, is the advance agent of the Prince of Darkness.

PILES Do not suffer another day with Itching, Bleeding, or Protruding Piles. No surgical operation required. Dr. Chase's Ointment will relieve you at once and as certainly cure you. 60c. a box; all dealers, or Edmanson, Bates & Co., Limited, Toronto. Sample box free if you mention this paper and enclose 2c. stamp to pay postage.

Long Trip for Ring.

A valuable diamond ring which has made a journey from Toronto to the front in a soldier's Christmas parcel is now on its way back to its owner. The ring, which belongs to Mrs. R. H. Mitchel, Toronto, was lost last November while she and other ladies of Bloor Street Presbyterian church were preparing Christmas gifts for shipment to members of the congregation at the front. It was not missed until after the boxes had been sent away and when search failed to discover it, the suggestion was made that it might have gone with them. Meanwhile Mrs. A. P. Webster had written to her son, Lieut. Harold Webster, of the 33rd Battery, R. C. H. A. who was in France. The latter had just written that returning from his duty in a forward observing station to the battery he found the parcel addressed to him, examined it and found the missing ring. He sent it to England by a brother officer who mailed it to its owner.

There With the Goods.

The agents of two rival iron safe manufacturers were recently presenting the claims of their respective articles. One was a Yankee—the other wasn't. He that wasn't told his story. A game cock had been shut up in one of his safes and then it was exposed three days to the most intense heat. When the door was opened, the cock stalked out, flapped his wings and crowed loudly, as it nothing had happened. It was now the Yankee's turn. A cock had also been shut up in one of his safes with a pound of fresh butter, and the safe was submitted to the trial of a tremendous heat for more than a week. The legs of the safe were melted off and the door itself so far fused as to require the use of a cold chisel to get it open. When it was opened, the cock was found frozen dead, and the butter so solid that a man who knocked off a piece of it with a hammer had his eye put out by a frozen butter splinter.

Evelyn Starr's Ovation.

Evelyn Starr, the youthful and comely Canadian violinist, gave her third and last recital of the season at Aeolian Hall yesterday afternoon, and received an ovation from the large audience attracted by her previous brilliant performances here. She plays with an almost masculine power, and both the selections and the delivery of yesterday's program indicated the high and assured aims of the artist. A charming and impressive presence aided her again but she played with a new assurance and authority that quite won the approval of her hearers.—New York Telegraph Feb. 20th, 1917.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Chas. H. Fletcher

To a father who admitted in court he did not know how his son, then under arrest, had been spending his evenings or what he had been doing the judge put some questions that other fathers might well ask themselves: 'Do you keep a horse?' 'Yes, Your Honor.' 'Where is it now?' 'In the barn.' 'You know where it is every night, don't you?' 'You lock the barn door to keep the horse safe, and you feed it and care for it don't you?' 'Yes, sir.' 'Which do you think the most of, the horse or the boy?' 'The boy, of course.' 'Then see that you treat him a well as you treat the horse.'

Enfranchisement of Soldiers

The 'Act to Provide for Enfranchisement of Soldiers' introduced in the House of Assembly last week by W. L. Hall, leader of the Opposition, provides that:

'Notwithstanding anything contained in the Nova Scotia Franchise Act, every male British subject, whether he has attained the age of twenty-one years or not, serving or who has served in any country in the naval or military forces of Great Britain, Canada or any other British possession, or in the military or naval forces of any of the allies of Great Britain in the present war, shall be entitled to be registered in any year upon the list of voters for the polling district in which he resided at the time of his enlistment.

'Any person who claims that he or any other person is entitled under the provisions of this act to be registered on the list of voters for any polling district shall, on or before the twentieth day of January, give notice of any such claim to the revisors of the Revisal Section of which such polling district is a part.'

The Troubled Professor.

'The professor is so dreadfully absentminded.'

'Yes?'

'He paid marked attention to a pretty girl who lived near the college and was afraid she might get some legal hold on him, and so he wrote her a love letter with invisible ink.'

'Clever idea. Yes?'

'Then he made a typewritten copy of the letter for his own protection and finally sent the girl the typewritten copy.'

'I see. Poor old prof.'

'And he didn't find out his mistake until the ink had faded, and now he wonders what he wrote!'

Minard's Liniment Co., Limited.

Have used MINARD'S LINIMENT for Croup; found nothing equal to it; sure cure.

CHAS. E. SHARP.

Hawkshaw, N. B., Sept. 1st, 1915.

'The King of Germany,' announced the teacher, in solemn voice, is called the Kaiser. Now can any of you tell me what the ruler of Russia is called?'

'The Czar,' roared the class.

'And what is the Czar's wife known as?'

Only two voices answere this time.

'The Czarina.'

'Ah!,' said the teacher, eyeing his flock fondly. 'That is very good. Now, who will tell me what the Czar's children are called?'

'Sardines!' yelled the little boy, triumphantly, while the master wept.

In an endeavor to break the alleged 'corner' in potatoes at Portland, Me., the Housewives League executive board on Monday afternoon adopted a resolution urging a boycott on the use of 'spuds.' It is reported, the league states, that 6,000,000 bushels of potatoes are being held in Maine for speculation, making prices exhorbitant, and numerous requests have come to the league urging action. Housewives are asked to refrain from buying potatoes, substituting other articles of similar food value.

Gin Pills FOR THE KIDNEYS

PAIN IN SMALL OF BACK

From time to time we learn of cases where the free sample of Gin Pills is sufficient to relieve the distressing pains in the back. Here is such a case coming from the British West Indies.

Britton Hill, St. Michael's, B.W.I.

May 24th, 1915.

"I received your sample of Gin Pills and would say that I was suffering from a very intense pain in the small of my back for some days. After I had taken the sample, the pain was gone.

Sanford Weeks."

All druggists sell Gin Pills at 50c. a box, or 6 boxes for $2.50. Sample free if you write to

NATIONAL DRUG & CHEMICAL CO. OF CANADA, LIMITED

Toronto, Ont. 72

Tired of Giving?

Tired of giving to the Patriotic Fund, are you?

Well, Tommy is probably tired of fighting in the trenches, but he isn't dropping his rifle and striking the rail for home!

The fact is, we Stay-at Homes have to see this thing out, like it or not tired or not. We stand pledged to support the wives and children of the men who have thrown their civil employment and are now fighting our battles.

Don't let us ever lose sight of that fundamental fact. It is for us and us alone that these men are risking their lives. This war is our war—ours to lose or win. These men are placing their lives in jeopardy every day in order that we may win. They will carry the fight to a victorious finish only if we give them their courage by taking care of their families, and by sending them all necessary reinforcements up to the limit of our ability.

We who stay at home are escaping all too freely if all we have to do is to give of our surplus money. How trifling are such gifts compared with the gifts of precious lives the men so freely offer.

An Irish magistrate, one of the old school, was summing up a case in the Dublin court. The plaintiff was a handsome woman and her good-looking daughter was one of the witnesses. 'Gentlemen of the jury,' said his honor, 'everything in the case seems plain—except, of course, Mrs. O'Toole and her charming daughter.'

Children Cry

FOR FLETCHER'S

CASTORIA

The citizen gazed helplessly at the piles of drifted snow that lay on the sidewalk in front of his house.

'What would you take to clean this walk?' he asked the first man who came along.

'A shovel, mister,' said the fellow as he plodded on his way.

Nerves Are Exhausted.

When you have frequent headaches, find yourself easily irritated and annoyed, feel discouraged and down-hearted, cannot rest and sleep well, and find appetite fickle and digestion bad, you may know that the nerves are in bad condition. Don't wait for these symptoms to become chronic, but start in early with the use of Dr. Chase's Nerve Food and head off disaster.

A carload of eggs bought in Indiana, recently passed through the hands of more than eight persons before they reached the ultimate consumer. They were bought for 24 cents, and the consumer paid 43. That incident furnishes one of the explanations for the high cost of living.

Minard's Liniment Cures Dandruff.

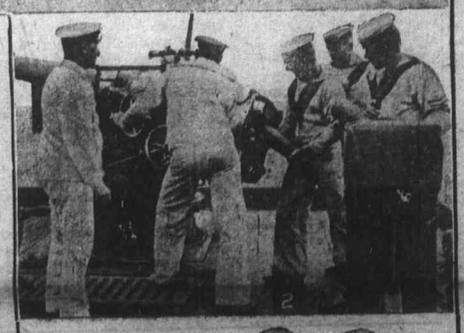
On Active Service Abroad

PASSED by the censor, and approved for circulation abroad, these pictures have been forwarded to this country by Mr. George McLaren Brown, European manager of the Canadian Pacific Railway. The first illustrates life-boat drill on a troopship, the second a naval quick-firing gun and one of its operators, and the third the remains of a German Howitzer gun that had been struck by a British shell.

The three pictures are a suggestion for reflection on three different phases of the war. The transportation of troops from the overseas dominions to the motherland and from the motherland to the different spheres of military activity with which the motherland is concerned, has been a huge problem that has been solved with very little loss of life, despite the watch which the enemy submarines have kept out for them. The picture of life-boat drill on the troopship shows that troops crossing the seas are prepared for emergencies. Several of the Canadian Pacific liners have been engaged in conveying troops from Canada to England. They have also been occupied on other missions in the same transportation task, and so far there have been no casualties. The view of the quick-firing gun and its manipulator gives us some conception of the equipment of the navy. These guns are wonderful weapons of destruction when fights are being fought at a close range. The Jack Tars in charge of them are skilled marksmen, and should the German fleet ever take the open sea for a straight combat, they are sure to display the same grit as was shown by their ancestors who made the British rulers of the waves. How one of the fiercest of destroyers may be destroyed is illustrated for us by the third picture. German ingenuity is not proof against the ingenuity of Great Britain and her allies, and the greatest of German guns are rent to pieces by the force of a little British shell.

The Canadians who have gone overseas play no small part in the big gun fighting that is done on the Western battle-front. Heavy and light artillery batteries have been raised and put through a course of training in many parts of the Dominion and sent to England, where they completed training before proceeding to the front. In the firing zone their good markmanship often paved the ground for the advance of the British infantry, and the pavements that strewed the way were—levelled German trenches, smashed barbed wire entanglements, shattered enemy guns and corpses of the Kaiser's soldiers.

British Battleship Drill



MR. George McLaren Brown, European manager of the Canadian Pacific Railway in London, has forwarded the accompanying pictures, which allow those of us who are safe at home a glimpse of those who are keeping us safe at the risk of their own lives. The first illustration portrays musketry drill aboard a British battleship in the Mediterranean Sea, and the second shows a number of Jack Tars loading a naval quick-firing gun.

Undoubtedly the greatest force engaged in the present conflict is the British navy. Ever since the outbreak of war it has guarded the motherland and the dominions jealously as a tigress protects her young. Silently the navy moves about the waters of the deep in search of enemies that might be out on errands of destruction. Seldom they appear in sight, but when they do appear a few barks from her mouth terrifies and chases them away.

For the deck, it was their field of fame,
And the ocean was their grave.

Thus wrote Thomas Campbell of the old-time British marines. It is true that the ocean is to the sons of Britain as familiar a field of activity as the land is to the sons of other nations. Lord Byron represented the thought of the average Britisher when he wrote:

And I have loved, thee, Ocean! and my joy
Of youthful sports was on thy breast to be
Borne, like thy bubbles, onward; from a boy
I wanton'd with thy breakers—they to me
Were a delight; and if the free'hning sea
Made them a terror—'twas a pleasing fear,
For I was as it were a child of thee,
And trusted to thy billows, far and near,
And laid my hand upon thy mane—as I do here.

But the sons of the British Empire are amphibious creatures. They can live, and fight, and die as well on land as on the sea. The third picture portrays British soldiers dressed in their winter clothing somewhere in France in the vicinity of the trenches.

Children Cry

FOR FLETCHER'S

CASTORIA

'Some day we'll be telephoning through the air without wires.' 'Maybe; but won't it be queer to have an operator call back at you and say: 'The air is engaged just now?''

Children Cry

FOR FLETCHER'S

CASTORIA

Refreshing Tea

In any season—Summer or Winter—there is nothing more enjoyable than a delicious cup of tea. The flavor must be *"just right,"* though, and that's where KING COLE TEA excels.

"You'll like the flavor"

KING COLE TEA

TO INVESTORS

THOSE WHO, FROM TIME TO TIME, HAVE FUNDS REQUIRING INVESTMENT MAY PURCHASE AT PAR

DOMINION OF CANADA DEBENTURE STOCK

IN SUMS OF $500, OR ANY MULTIPLE THEREOF

Principal repayable 1st October, 1919.

Interest payable half-yearly, 1st April and 1st October by cheque (free of exchange at any chartered Bank in Canada) at the rate of five per cent per annum from the date of purchase.

Holders of this stock will have the privilege of surrendering at par and accrued interest, as the equivalent of cash, in payment of any allotment made under any future war loan issue in Canada other than an issue of Treasury Bills or other like short date security.

Proceeds of this stock are for war purposes only.

A commission of one-quarter of one per cent will be allowed to recognised bond and stock brokers on allotments made in respect of applications for this stock which bear their stamp.

For application forms apply to the Deputy Minister of Finance, Ottawa.

DEPARTMENT OF FINANCE, OTTAWA
OCTOBER 7th, 1916.

Wolville Time Table

DOMINION ATLANTIC RY
S.S. STEAMSHIP LINES
TO ST. JOHN VIA DIGBY
AND TO BOSTON VIA
DOMINION ATLANTIC RY
YARMOUTH Thence Steamers of the BOSTON & YARMOUTH STEAMSHIP CO.
— YARMOUTH LINE —
LAND OF EVANGELINE ROUTE

Effective March 1st, 1917.

Service daily, except Sunday.

ARRIVING

Express from Kentville	6.15 a m
Express from Halifax & Truro	9.58 a m
Accom. from Middleton	11.55 a m
Accom. from Windsor	1.30 p m
Express from Yarmouth	4.20 p m
Express from Halifax	5.59 p m

LEAVING.

Express for Halifax and Truro	6.15 a m
Express for St. John and Yarmouth	9.18 a m
Accom for Windsor	11.55 a m
Accom. for Middleton	1.30 p m
Express for Halifax and Truro	4.20 p m
Express for Kentville	5.59 p m

ST. JOHN AND DIGBY

Daily Service (Sunday Excepted)

Canadian Pacific Railway S. S. 'Empress' leaves St. John 7.00 a. m. arriving in Digby at 10.00 a.m. Leaves Digby 2.00 p. m. arriving St John 5.00 p.m., making connection at St. John with trains of Canadian Pacific Ry. for Montreal and the West.

Boston Service

Express train leaving at 9.58 a. m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing on Wednesday and Saturday for Boston.

Buffet parlor cars run each way, daily, except Sunday, on express trains between Halifax and Yarmouth.

R. U. PARKER
General Passenger Agent,
George E. Graham, General Manager
Kentville, N. S.

Professional Cards

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Dr. A. J. McKenna

Graduate of Philadelphia Dental College
Office in McKenna Block, Wolfville.
Telephone No. 43.
GAS ADMINISTERED.

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M.D., C.M. (McGILL)
One year post graduate study in Europe.
Office hours:—8—1 a. m.; 1—3, 7—9 p. m. Throat work a specialty.
Tel. 81 University Ave.

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Office at residence of late Dr. Bowles, Telephone 23.
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G. PURVES SMITH

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Consultation Hours: 10 a.m.—12 noon 2 p.m.—4 p.m.
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Westward Ho!, Wolfville, N. S.

R. J. Whitten & CO.

HALIFAX

Receivers and Sellers of all kinds of Farm Produce.

Consignments Solicited.

Prompt Returns.

E. B. SHAW

Repairing of Boots and Shoes of all Kinds

Has resumed business at the old stand in his new building.

Orders Solicited and Carefully Executed.

COAL! COAL! COAL!

Carefully Screened and Promptly Delivered.

Springhill, Albion Nut and Old Sydney.

GIVE US A TRIAL.

Burgess & Co.

FOR SALE!

Modern 8 room house and 60x150 lot, Prospect street, Wolfville. Bath, large basement with laundry, hot air furnace, fruit-trees. Magnificent view. Possession September, 1917. For particulars apply to MRS. L. C. Hutchinson, 2402 East Colfax avenue, Denver, Colorado, U. S. A.

PUBLIC NOTICE.

The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in thus trespassing will be prosecuted without further notice.

EVANGELINE D. BOWLES.
Wolfville, Sept 10th., 1915.

FOR SALE!

Those interested in building lots at the west end, would do well to confer with E. C. Johnson, as he is now offering for sale the only available lots at this centre.