The joy of life comes through

How beautiful are the changing seasons of the year! The other

CHATS WITH YOUNG

THE BRIGHT SIDE

There is many a rest in the road of

life, would only stop to take it, And many a tone from the better

If the querulous heart would wake To the sunny soul that is full of

hope, And whose beautiful trust ne'er

hang low, And to keep the eyes still lifted; For the sweet blue sky will soon the ominous clouds are

There was never a night without a

day, Or an evening without a morning, And the darkest hour, as the prov-

erb goes, Is the hour before the dawning. There is many a gem in the path of

Which we pass in our idle pleasure, That is richer far than the jeweled

Or the miser's hoarded treasure; It may be the love of a little child, Or a mother's prayer to Heaven; Or only a beggar's grateful thanks For a cup of water given.

Better to weave in the web of life A bright and golden filling, And to do God's will with a ready heart And the hands that are swift and

willing, Than to snap the delicate, slender threads

Or our curious lives asunder, And then blame Heaven for the tangled ends,
And sit and grieve and wonder.

PRINCIPLE

The only conclusive evidence of a man's sincerity is that he gives himself for a principle. Words, money, all things else, are comparatively easy to give away; but when a man makes a gift of his daily life and practice, it is plain that the truth, whatever it may be, has taken possession of him. From that sincerity his words gain the force and pertinacity of deeds, and his money is no longer the pale drudge 'twixt man and man, but a beautiful magic, that erewhile bore the image and superscription of God. It is thus that there is a genuis for goodness, for magnanimity, for self-sacrifice, as well as for creative

A friend is a person who is "for ou" always, under all circum-

He never investigates you. Whatever kind of a coat you are wearing, whether you have on a dress suit or a hickory shirt with no collar, he thinks it's fine.

He likes your success, and your failure endears him more. He wants nothing from you except that you be yourself.
Anybody stands by you when you

are right, a friend stands by you even when you are wrong. It is he that keeps alive your faith in human nature; that makes

you believe that it is a good uni-When you are vigorous and you like to take your

pleasures with him; when you are sick you want to see him; when you are dying you want him near.

-Michigan Tattler.

PROFESSIONS OF FAITH

Of the many simple and beautiful professions of faith, expressions by which we openly declare our belief, such as the sprinkling of holy water, sign of the cross, rising to our feet at the reading of the same along. And the only reason a road is good, as every wanderer knows, is just because of the homes, the homes to which it goes.

They say that life is a highway and holy water, sign of the cross, rising to our feet at the reading of the Gospel, etc., what is more touching and inspiring than the lifting of their hats by men as they pass the Church? The very act is a recital of the Apostles' Creed—"I believe," as plainly as if the words were spoken. Do our Catholic men fully realize the privilege which is their realize the privilege which is theirs in making this simple and beauti-

in making this simple and beautiful profession of faith.

The man going to or coming from his daily toil, the business and professional man, the student and little schoolboy should lift his hat. Think of all the open acknowledgments of Christ in one day by the simple act of lifting the hat. It is a sight to touch a heart and

"I can not agree that in becoming Pope I should cease to be a gentle-men," answered His Holiness.

men," answered His Holiness.

'Strangely enough, the punctilious Philip III., of Spain, would always politely salute the humblest peasant although he never permitted himself to return the salutations of grandees. But everyone, noble or commoner, was obliged to

account, he explained, of his low stature,—which reason one may accept or not, as one pleases.-

WORK A SACRED DUTY

The common complaint so frequently heard these days of the failure of men in all walks of life to fulfil the duties of their state is but another commentary on the lack of a religious motive in such

The conception of work as a task And whose beautiful trust ne'er faileth,

The grass is green and the flowers are bright,

Though the wintry storm prevaileth.

Better to hope, though the clouds hang low,

And to keep the eyes still lifted:

shirks.

That the task before us in the state of life to which we are called is made holy by the motive of patient and cheerful faithfulness in executing it, is part of the comfort that makes possible Christian perseverance through these years of probation.

It is part, therefore, of a Catholic man's religion, that he do his day's work faithfully and well; and while not excluding his purpose of pro-viding for himself and those dependent upon him to the best of his ability, he nevertheless lifts that work by his high motive out of mere drudgery into a sacred duty

fying his day's work, and that he can be held as an efficient contributor to the common weal, whatever be his station in life. The man who says his morning prayer beginning the day, and closes that day in like manner with prayer, who every Sunday asks his God at Holy Mass to bless the week that is done, and to give him strength and courage for the week that is beginning, who every month unites himself in Holy Communion with his Sacramental Lord—such a man brings the spirit-ual motive of his whole life to his day's work in such fashion as to exclude the deplorable traits that would make him unworthy of the friendship and the love of Him who deigned to be reputed the Son of a Carpenter.—The Pilot.

OUR BOYS AND GIRLS

ROOFS The road is wide and the stars are out and the breath of night is

sweet. And this is the time when wanderlust should seize upon my feet, But I'm glad to turn from the open road and the starlight on my

face, to leave the splendor of out-of-doors for a human dwelling And to leave the splendor of out-of-

I've never seen a vagabond who really liked to roam

All up and down the streets of the world and not to have a home: The tramp who slept in your barn last night and left at break

Will wander only until he finds another place to stay. A gypsy man will sleep in his cart

when with canvas overhead; Or else he'll go into his tent when it is time for bed.

He'll sit on the grass and take his ease as long as the sun is high, to keep away the sky.

If you call a gypsy a vagabond, I think you do him wrong, For he never goes a-traveling but he takes his home along.

They say that life is a highway and its milestones are the years, now and then there's a toll-gate where you buy your way

with tears. a rough road and a steep road and it stretches broad and far, But at last it leads to a golden Town where golden Houses are.

—JOYCE KILMER

THE GENTLE GIRL The gentle girl is still among us,

though we rarely see her picture in the papers. She does not care for that kind of thing and possibly she does not earn a place in the columns of the daily press. For her ambi-tion is not to be known as a star of the daily press. For her ambition is not to be known as a star swimmer, jumper or baseball player or movie star. She shines in the home. Her gentle word soothes father; her ready services save mother many a step; and her wise, kind advice to the younger children prevents many a squabble. The big brother thinks she is second only to mother, and often her quiet. "I wouldn't do it if I were you," induces him to give up a project or perhaps she sets him thinking so earnestly that the head of the Church should not acknowledge official salutations in that manner.

"I can not agree that it."

I wouldn't do it if I were you," induces him to give up a project or perhaps she sets him thinking so earnestly that he sees the right way open before him and follows it resolutely.

One marvels at her habitual cheer.

"I can not agree that it."

I wouldn't do it if I were you," induces him to give up a project or perhaps she sets him thinking so earnestly that he sees the right way open before him and follows it resolutely.

One marvels at her habitual cheer.

"I can not agree that it."

one marvels at her habitual cheerfulness. Her sunny disposition
quiets the insignificant disturbances
that often mar the harmony of the
average household. She is "oldfashioned" in almost everything

"I am a richer man than you
are," said the poor man to the
rich one.

"How do you make that out?"

how firm the quiet, little girl can be when a question of right and wrong is raised. Her tranquil eyes see clearly, and her words make plain that there can be but one course—the one that conscience whispers, "follow."

beauties and then pour out benefits into the craving hearts of others.

But if we strive only for our own gain and selfish comfort, before many years we come to realize how empty and barren the search and effort have been.

We need the gentle girl today more than ever. May she be found appreciating and giving. in more homes, to give them joy and content, and to bring a blessing on all lives that touch hers. The evening as I drove home from work boisterous girl, the athletic girl, the I marveled at the loveliness of the social success, have their day, but if they have no other recommendations to favor, it is only a day. The clamorous, boastful girl soon loses vogue; a better swimmer or jumper may retire the athletic girl even in one brief contest; and the social in one brief contest; and the social country the white snows of winter success may after all be only the most pitiful kind of a failure. But unfoldings of spring. But the gentle home-girl endures. She is the type of true womanhood that the world needs more than ever today.—The Echo.

It wasn't so very long ago that I rather dreaded the passing of summer and its beauties, its memories, its appeals that amiled

GOOD HABITS

A well-known author writes, "Youth is the seedtime upon which depend the years of maturity and those of old age." It is above all the time when good habits should be acquired. The abild who had all the time when good habits who had all the time when good habits who had all the time when good the security. acquired. The child who has had the great good fortune of being trained to piety from his earliest years, who has been taught to lisp the Holy Name Jesus and Mary at his mother's knee, will have throughout his life a reverence and love for these blessed Names. acceptable to his Maker.

It is with confidence, therefore, obscured in the turmoil of life, but that we maintain that the practical they are never entirely forgotten, and many an eleventh hour constant finds in the ordinary duties and many an eleventh hour constant is only a renewal of early

version is only a renewal of early holy habits. Good habits cannot be commanded at will when we need them, and if they are not acquired in early life they become, as the years go by, more and more difficult to form. Habits of piety that feed and nourish the soul tend to the true development of the mind and soul, leading to that delight in interior solitude which makes it possible to live without excitement and distraction. The Church, with the insight of a true mother, has provided her children with many solid devotions, in the practice of which the soul is nourished in prayer which the soul is nourished in prayer and reflection. One of these is the First Friday Communion. When the world had grown cold, she set hearts on fire with the flame of devotion to the Sacred Heart, one phase of which is the First Friday Communion. This speet and con-Communion. This sweet and con-soling devotion has grown as "the seed planted in the night," until now it is a mighty harvest filling the whole earth. Wherever the Name of Jesus is known, there will be found the habit of the First Friday Communion. This holy habit of going to Communion on the First Friday of each month expect be too.

He Who is never outdone in

generosity will not fail to shower

abundant graces on the soul who

seeks to honor Him in that last and most generous proof of His love for

mankind, His Presence in the Blessed Sacrament.—The Monitor.

BRIGHT WATERS-HAPPY

LANDS

The Indians who gave the name "Kawartha," meaning "Bright Waters and Happy Lands" to the enchanting chain of lakes which lies East and North of Toronto,

selected a name which was truly

At an altitude of 600 feet above

the level of Lake Ontario the pine and balsam scented air of the Kawartha region is healthful and

The cool, fresh water of the lakes which mirror the foliage overhanging, and hide the sportive lunge and pike offers the vacationist unexcelled boating, bathing and fishing. Hundreds of miles of shore line caters to the camp lover, and for those who wish more comfortable quarters there is excellent hotel accommodation at different points.

descriptive.

invigorating.

certain promise of perseverance, because the happy recipient of the Precious Body and Blood and is brought ever nearer to Jesus. A happy union of heart and interests with Him is thereby fostered and if the live pure appears the significant of the state "to live pure, speak true, right wrong, follow Christ the King, else wherefore born?" becomes the un-questionable and only aim in life.

ASTHMA NEVER CAME BACK

Since Taking The Fruit Treatment in "Fruit-a-tives"

Read this letter from Mrs. J. M. Pennington of New Rockland, P.Q. "In 1919, I was taken with Bronchial Asthma and no one knows what I suffered during the winter. I began having choking spells and would just gasp for breath and could not speak. The doctor said he could do nothing

for me.

In the spring of 1920, I started taking "Fruit-a-tives" and soon the choking spells became easier and I have not had one since May 7th, 1920. It is such a relief to be able to go to bed and have no thought of having to get up in the night for an hour or more as I did all that winter, but never have to now, all because I take a "Fruit-a-tives" tablet every night. 25c. and 50c. a box—at all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

from every nook and corner of God's great universe. But now every season is full of interest and beauty. The joy of life is never hidden hidden. Monotony alone is uninteresting and unbeautiful.—Selected.

If you want knowledge, you must toil for it; and if pleasure, you must toil for it. Toil is the law Pleasure comes through toil, and not by self-indulgence and indo-When one gets to love work, his life is a happy one.-Ruskin.

memories, its appeals that smiled



Answers for last week, Parable f the Unjust Steward read as the Gospel in the previous Sunday's Mass. TRANSFIGURATION.

This is a big week for Our Lady! Besides Her Assumption (Aug. 15) we have a special Feast for Her father (our Lord's grandfather.) father (our Lord's grandfather.) Here is his name, MIHCAOJ. Look it over carefully to get the right angle on it. Some times we see things quickly, at other times we



Our Lord was usually very meek and humble in His actions, but now and then He found it necessary to be more stern. An account of the event represented in our picture was read at Mass last Sunday. In what part of the Mass? Careful, now, there's

Baby's Things

How fresh and sweet-soft and comfortable-everything about Baby must be kept! Nothing must irritate his tender skin.

Wash Baby's bedding in Lux-his soft linens, his dainty little clothing. The pure, mild .Lux suds will keep such things always soft and sweet.

Sold only in sealed





Cooksville Brick

in Red or Full Range of Colors

Samples and Prices gladly forwarded.

Cooksville Shale Brick Company

26 Queen Street East

Toronto, Ontario

Farm Sale Notes

Farmers should realize the desirability of depositing their Sale Notes with a bank for safe keeping as well as for collection when due.

We invite farmers to utilize this Bank's services.

190 Branches in Dominion of Canada.



RELIGIOUS ARTICLES

For Church, School and Home

ORDER FROM

Canada Church Goods Company, 149 Church St., Toronto Limited

Wonderful Egyptian Remedy "Samaria" Prescription for drunkenness, which science has proved is a disease and not a habit and must be treated as such. Prohibition legislation does not help the unfortunates. "Samaria" may be given in Tea, Coffee, or any liquid food. Send stamp for trial treatment.

> SAMARIA REMEDY CO. 142 MUTUAL STREET, TORONTO, ONT.

Silverwoods

"Smoother than Velvet"

Ice Cream

ENJOYED BY EVERYONE SOLD EVERYWHERE

FOR SERVICE PHONE 6100

SILVERWOODS LIMITED LONDON

Branches - Chatham, Windsor, St. Catharines, Brantford, Sarnia, Lucknow

DIRECT FROM COBH (Queenstown) TO CANADA

The Irish Free State now has its own direct sailings to Canada. Splendid White Star-Dominion Ships—Doric, Celtic and Cedric—are now maintaining a regular service for Irish people. These are three of the most favorably known ships on the Atlantic.

If any of your friends in Ireland contemplate com-ing to Canada you will be especially interested in White Star-Dominion Line prepaid passages. Further information, rates and sailing dates from



186 Main St., Winnipeg, Man. 93 Hollis St., Halifax, N. S. 41 King St. E., Toronto

WHITE STAR-DOMINION LINE

Seven Day Lights "SANCTUA"

NOTE-With an order of 50 lights, we give absolutely FREE a very nice Ruby Glass and a Brass Shield

Sold by all dealers of Church Ornaments in Ontario Also sold Direct from Montreal

F. Baillargeon Limited 865 Craig St. East



Stained Glass Windows

For Commemorating Lives and Events are Most Satisfactory ...

Special Designs Sent on Request Estimates cheerfully given

The Hobbs Manufacturing Co.

MONTREAL TORONTO

WINNIPEG