#### TORONTO S. O. E. NOTES.

The following notes reached us too late for insertion in our last issue:

-The garden party held at Small's Grove under the auspices of Hammersmith Lodge was a decided success. The weather was everything that could be desired. The grounds were tastefully decorated with Chinese lanterns and electric lights, which gave the place a beautiful appearance when lit up at night. The kindness of Bro. ex-Ald. Small in throwing open his grounds will not be forgotten, and Hammersmith must be congratulated on this their first attempt.

Sherwood Lodge, Eglinton, intend running an excursion to Niagara Falls via steamers Chippawa, Cibola and Chicora, on August 18th. The committee are hustling and quite a number have signified their intention of taking

-Albion lodge had a good turn out at their quarterly meeting on the 21st ult., considering the hot night. One proposition was received. Bro. H. T Benson was elected delegate to the Hospital Board. Other general business went through with a rush, and the lodge closed at 10 o'clock the earliest

for their mistakes and shortcomings; you threaten them with discharge; you talk cruelly. Do you ever praise them when they do well? Do you ever say one kind, appreciative word to those whose task it is to please you? Such a word would sweeten life to them. It would be like manna in the wilder ness. It might inspire their whole future lives. Do you ever say it?

It is a cruel, heedless world.

"God save the Queen" is sung in nearly twenty different languages.

JOHN BULL WILL TAKE A LOOK IN

A curious development of Russian activity on the frontier in the latest Nihilist panic is engaging the attention May 20 the registered mail bag for England containing over one hundred letters was delivered by Russian mail agents at the Austrian frontier with the exdrenched with water.

On examination at London the letthe whole in water to provide an exthe envelopes. The matter has been referred to the British Foreign Office, and correspondence on the subject is

### THE SCIENCE OF MEDICINE.

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nervous prostration and the tired feeling therefrom, the after effects of la grippe, diseases depending upon humors in the blood, such as scrofula, chronic erysipelas etc. Pink Pills give a healthy glow to pale and sallow complexions, and are a specific for the troubles peculiar to the female system and in the case of men they effect a radical cure in all cases arising from mental worry, overwork, or excesses of any nature.

Bear in mind Dr. Williams' Pink Pills are never sold in bulk, or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. Ask your dealer for Dr Williams' Pink Pills for Pale People and refuse all imitations and substitutes.

Dr. Williams' Pink Pills may be had from all druggists, or direct by mail from the Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N.Y., at 50 cents a box or six boxes for \$2.50. The price at which these pills are sold makes a course of treament comparatively mexpensive as compared with other remedies or medical treat-

comparatively inexpensive as compared with other remedies or medical treat-

## THE TRADE OF CREAT BRITAIN.

In 1840 the foreign trade (exports and mports) of Great Britain amounted to of the British postal authorities. On £123,000,000. In 1890 it reached the colossal sum of £748,000,000. It is as large to-day as the combined commerce of Austria, France, Germany and Italy, though those countries have planation that it had accidentally been an aggregate population of 160,000,000 against 40,000,000 in the United Kingdom. In no European country has the ters were not only soaked through population increased so rapidly as in and most illegible, but in a number of Britain, and in none is the average of cases the solid end of the envelope had comfort so high. Wages have increased been cut with a knife. It is clear that in money value over 100 per cent., and the officials had ransacked the bag, read the cost of living has been greatly re all suspicious letters, and then dumped duced. In 1849 the navigation laws were repealed. The tonnage of the cuse for the mutilated condition of British mercantile marine was then 3,500,000 tons. It is now 7,750,000. She owned one-third of it now, and of the steam tonnage about 75 per cent. The savings bank deposits are larger

per head than the deposits in the United States. In 1842 there was one able-bodied pauper to every 38 of the population of England and Wales. In 1890 the rate was one to 300, notwith-

and try me, and see for yourself. The class of Mouldings I keep in stock are of the best design and finish. Prices low enough to suit everyone.

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# EVERYONE is liable sometime to get out of sorts, fee sick without knowing just what alls them.

# MICROBE

J. S. Dingman, General Agt., 67 O'Connor St., Ottawa

DO YOU WANT IT.

Just before the writer took up a pen to write this item, the following editorial article, from the Chicago Ledger, was brought to his attention. It says: "Nearly every day the newspapers give an account of some eminent man falling suddenly dead at his desk from heart disease. As a rule, no middle-aged man in active business dies thus suddenly unless poisoned, and that poison, in the majority of cases, is tobacco. Meanwhile the slaughter goes on. The press and pulpit seem muzzled, the majority being participants in the popular vice, and those who are not seem hypnotized and afraid to speak out."

Right here is the time and place for you to decide if you want a cure for the tobacco habit, and determine that you will forever rid yourself of this disease. A package of No-to-bac, sufficient to cure an ordinary case, will cost you \$1 Three packages are guaranteed to cure any case, or money refunded. As a tobacco user you go on feeding the diseased nervous system, at a cost of 5 to 50 cents a day, or even a \$1 a day or more in some cases, so it is surely not the cost of No-to-bac that will cause you to continue to be a tobacco user. No-to-bac is put up in tablet form, is pleasant to take, and will be sent free by mail to any address for \$1 per box. Address J. S. Dingman, 67 O'Connor street, Ottawa, Ont. Pamphlets showing why and how No-to-bac cures the tobacco habit, and giving testimonials, etc., mailed free on application.

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