

MISCELLANEOUS

SILVER POLISH

1 cup methylated spirits, 2 tbsp. household ammonia, $\frac{1}{4}$ cup precipitated whiting. Mix ingredients and keep in closely corked bottle. Shake thoroughly before using. Precipitate whiting by putting in jug with water, leaving over night, and in morning pour off water.—

Macdonald Institute, O.A.C.

COUGH MIXTURE

1 teacup linseed, $\frac{1}{4}$ lb. raisins, 2 oz. licorice, $\frac{1}{2}$ gal. water. Boil together till it is reduced to 1 qt., then strain. When cool add $\frac{1}{4}$ lb. powdered rock candy, or loaf sugar and a little vinegar or lemon juice (about 1 tbsp.) Take a dessertsoonful frequently during the day, or whenever the cough is troublesome.—

Mrs. Netten.

BAKING POWDER

1 lb. cream of Tartar, $\frac{1}{2}$ lb. soda, 1 pkg. corn starch. Sift all well together three or four times, put away in air tight sealers. Use the amount recipe calls for.

Ruby Derochie.

HAND LOTION

2 oz. linseed meal, 1 qt. soft water. Boil to $\frac{1}{2}$ the quantity, strain through cheese cloth. add 4 oz. glycerine and bring to boil. Just as it is taken from stove add 1 tsp. carbolic acid.—

Mrs. Munroe.

HAND LOTION

$\frac{1}{2}$ oz. gum stragithin, 5c. worth cologne, 5c. worth glycerine. Steep the gum overnight in 1 cup water. Mix altogether and add water to make as thin as desired.

HELPFUL HOUSEHOLD HINTS

As substitutes for beef, bacon and wheat, use fish, poultry, rice, cheese and beans

Instead of flour for thickening purposes use corn starch.

Allow 1 tsp. corn starch mixed with 6 tbsp. salt to prevent salt from lumping.

A sprinkle of salt added to white of egg will make it beat up more quickly, 1 tbsp. water also adds to bulk and lightness.