

**TREAD LIGHTLY**

Did you know?

- Until coconut imports became unavailable during World War II, household cleaners were made primarily of non-toxic, coconut based cleaners.
- To ensure North Americans need not face uncleanly homes, scientists quickly developed current day chemical 'super detergents.'
- Cleaners now consist of petroleum, oil-derived phosphates and other nasty chemicals which are not only non-renewable resources, but also destroy the earth's delicate ecosystems and are generally harmful to humans and animals.
- Some of the chemicals in these cleaners are considered carcinogenic, and are linked to birth defects and male infertility.

The good news is you can save money, the earth and your health by using these green cleaner recipes:

**All Purpose Cleaner:**

Mix one teaspoon of vegetable based soap with two teaspoons of borax and enough water to fill a squirt bottle.

**Eco-Bleach:**

Make you whites whiter with a half a cup of baking soda, borax or white vinegar per wash load.

**Ring-Around-the Tub Cleaner:**

Mix baking soda and vinegar into a thick paste. Spread this on the sides and bottom of the tub and let sit for fifteen minutes. Then scrub and rinse to annihilate that offensive bathroom mold!

**Window cleaner:**

This one is simple — just spray white vinegar on the glass, and you can even use old newspapers instead of paper towel. Did anyone else's mom do this?

If you just cannot stand the smell of vinegar, add essential oils such as rose oil (which also happens to have cleansing properties). Good luck and happy scrubbing.

**Looking for an artist!**

**CONTEST:** for submissions of a caricature for "Green Girl" to appear regularly with the column "Ask Green Girl".

**DEADLINE:** Monday, October 3<sup>rd</sup>

**PRIZE:** Other than prestige? Free pizza.

Submissions may be dropped off in SUB Rm 312

**ASK GREEN GIRL?**

**QUESTION:**

What can I put in the curbside compost bin?

— anonymous.

**ANSWER:**

Thanks so much for your question, Ms. Anonymous! For those of you who are completely composting illiterate, I shall provide a short definition. Composting is the process of decomposing organic material into a soil-like product called humus (not to be confused with the much more tasty and palatable hummus). This end product can be used as an excellent, earth-friendly fertilizer. The Halifax

Regional Municipality now has two large centralized composting facilities to handle the curbside composting program. This initiative, along with curbside recycling, has resulted in thirty-five percent of waste in Nova Scotia being diverted from land-fill sites, and used for practical purposes.

But I digress — compostable materials include the following:

- Fruits and vegetables
- Baked goods, pasta and rice
- Tea bags, coffee grounds and filters
- Egg shells
- Organic yard waste
- Meat, fish, bones and dairy products
- and some non-recyclable paper products such as toilet paper rolls, egg cartons and wax paper

Remember, the only purpose of my abstract existence is to answer your questions — without them my life is meaningless! Drop off your queries at the Gazette office. Tell them I sent you!

**WANTED:**

The whereabouts of these environmental activists I have heard so much about. Where are they when an editor desperately needs writers? Is this not the perfect forum to put out your environment message?

If you see anyone who seems to care about the earth, humans and animals, please send them to SUB 312, preferably during Gazette meetings on Monday afternoons at 4:30. (Although anytime is acceptable as beggars cannot be choosers!)

**2nd Annual Halifax Joint Career Fair**

World Trade & Convention Centre

1800 Argyle Street

September 30, 1999

10a.m. to 4p.m.



Canada's most modern aircraft fleet!

**AIRPORT STANDBY FARES**

ONE WAY FARES - HALIFAX to:

<b>VANCOUVER</b> \$300* Plus tax \$46.13	<b>CALGARY</b> \$290* Plus tax \$44.63	<b>EDMONTON</b> \$290* Plus tax \$44.63
<b>TORONTO</b> \$150* Plus tax \$23.63	<b>ST. JOHN'S</b> \$100* Plus tax \$16.13	

\* NAV fee add \$7.50 per passenger

**FLIGHT SCHEDULE - HALIFAX DEPARTURES**  
SEPTEMBER 1999

TO	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>VANCOUVER</b>	18:55	13:45 <sup>1</sup> 20:45 <sup>2</sup>	18:55	13:45	18:55	—	—
<b>CALGARY</b>	18:55	—	18:55	13:45	—	—	—
<b>EDMONTON</b>	—	13:45 <sup>1</sup> 20:45 <sup>2</sup>	—	—	18:55	—	—
<b>TORONTO</b>	—	15:00	11:45	16:55 20:20	11:30 13:40 15:50	10:10	18:25
<b>ST. JOHN'S</b>	—	19:55	—	18:45	—	—	—

<sup>1</sup> Begins Sept 13 <sup>2</sup> Week of Sept 6 only

**AIRPORT STANDBY FARES:** Are subject to available seats prior to departure. Passengers may register 2 1/2 hours prior to the scheduled departure of flight. Fares are subject to change without notice. Travel on any specific flight is not guaranteed. Payment (Cash or Credit Card only) must be made on departure. One way travel only. Schedule subject to change without notice.



Reliable Affordable Air Travel

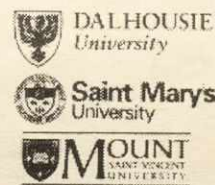


Set Sail for Your Future

- Admission only with valid university I.D. (FREE)
- Free bus service from all schools
- Bring resumés & cover letters
- Excellent networking opportunity

Hosted by:

Sponsored by:



Visit us at <http://careerfair.interuniversity.ns.ca>

Continuous bus service between SUB and WTCC beginning at 9:45AM in front of SUB.

**EST. 1980**

**PEDDLERS'**  
PUB & EATERY

GRANVILLE ST. HALIFAX 423-5033

PIZZA • PASTA  
WINGS • STEAK  
SEAFOOD

ALEXANDER KEITH'S FINE BEERS

**SUPER SUPPER SPECIALS 4-10 PM** Beverage Purchase Required For Specials

Mon	Tues	Wed	Thurs	Fri	Sat
<b>STEAMED MUSSELS ONLY</b> \$1.69	<b>BURGER PLATTER OR BREADED SHRIMP ONLY</b> \$1.69	<b>8" PERSONAL PIZZA ONLY</b> \$1.69	<b>WING NITE ONLY 15C EACH</b> <b>TRY OUR WINGS FROM HELL</b>	<b>NACHOS ONLY \$1.69</b> <b>5oz. GRILLED STRIPLOIN W/FRIES \$3.99</b>	<b>BRUNCH 11-3 &amp; MATINEE 4-7pm WITH THE SWELL GUYS NO COVER</b>

**Famous Steak Specials Nightly 4PM - Close** FEATURING **12 oz T-Bone Steak w/ fries \$4.99 plus tax**

**FREE ADMISSION NITELY TO J.J. ROSSY'S WITH A FOOD OR BEVERAGE PURCHASE AT PEDDLERS' PUB**