

that this Association, believing that what was necessary was not to assail Fashion but to teach Hygiene, took measures for the public delivery of a series of free lectures to women concerning the structure of their dress and the important natural laws with which it conflicts. Believing that no views could be so intelligent, and no words so effective, as those of experienced female physicians, they selected four ladies, regularly educated, and able members of the medical profession, and urged them to lecture upon the theme: "Dress as it affects the Health of Women." One of these ladies has been for thirty years a well-known and successful practitioner, and during that period has had a wide acquaintance with the physical sufferings of her sex. Another is President of the Ladies' Physiological Institute of Boston, and for a long time has taken charge of an important dispensary at the North End. Two are regular professors and one a lecturer in the Medical Department of the new Boston University; and all are practising physicians of good repute. These ladies, without thought of recompense, consented to lecture, animated simply by a benevolent desire to stay the tide of misery and weakness which they are daily called upon to observe, and their words are surely worthy of careful attention. The lectures were delivered to crowded and eager