MC 2035 POOR DOCUMENT



Edwards' Soup is good as a soup by itself, it is good as a strengthener of other soups; good as a thickener of gravies; good for hashes, good for stews—too good to. be spoiled by insufficient boiling.

But you must give them half-an-hour-

Pure Full-cream milk and the extract of selected malted grain, reduced to powder form.

Delicious, Invigorating Nourishing The Food-drink for All Ages.

Juperior to tea, coffee, cocoa. A quick lunch digested by the weak-est stomach; prepared in a moment by briskly stirring the powder in hot or cold water. Keep at home or when travelling. In Lunch Tablet form, also, ready to eat.

Ask for HORLICK'S Original-Genuine

All Chemists, Hotels, Catés and Stores. FREE SAMPLES UPON REQUEST. Spoly to Gimour Bros. & Co., Dept. M., Montreal, Can.

DENT'S

WASHABLE)

MADE IN ENGLAND

AT LAST THE PERFECT

WASHABLE GLOVE.

and makes it very easy for you to always wear clean, white gloves.

INSIST ON DENT'S NEUVEL. (The genuine have the name inside the glove.)

You can wash Dent's Neuvel gloves with the itive knowledge that after each washing the final soft, new, velvety finish is completety ored. The Neuvel process is exclusively Dent's

BEST DIET for INFANTS and INVALIDS

Get the Well-Known

Round Package

ORLICK

ALTED MI



Three vasieties-Brown, Tomato' and White. 5C but the 25c. tin same Your Greese has them. 5C comes cheaper. WM. H. DUMN, 396 St. Paul Street, Montreal. presentative for Quebec and the Maritime Provinces.

Thin Blood is Poison To the Nerve System Headaches, Irritability, Sleeplessness, Discouragement Result—Dr. Chase's Nerve Food the

Great Restorative

Schooners Not Cleared. Arthur M Gibson, 296, J W Smith. Calabria, 481, J Splane, laid up. Centennial, 86, A W Adams; Cora May, 117, N C Scott. E M Roberts; 295, R C Elkin. Elma, 299, A W Adams. Fred B Belano, 215, A W Adams. Harry Miller, 246, J W Smith. Hattie Barbour, 266, A W Adams. Hunter, 187, D J Purdy. Isaiah K Stetson, 271, J W Smith. J Arthur Lord, 189, A. W Adams. Jessie Ashley, 122, J W Smith. J L Colwell, 99, J W Smith. John B Coyle, 607, — Laura-C Hall, 99, C M Kerrison. Lucia Porter, 284, P McIntyre. Magaret May Riley, 241, A W Adams. Oriole, 124, J Splane Co. Orozimbo, 121, A W Adams. Priscilla, 117, A W Adams. Priscilla, 117, A W Adams. W E & W L Tuck, 395, Gregory. Wanola, 272, J W Smith. A nervous temperament may be in-inherited, but nervous troubles only come when the nerve centres fail to de-rive nourfishment from the blood. Under ordinary circumstances the loss caused by wear and tear on the nervous system is restored by the nutrition con-tained in the blood. When the blood gets thin and watery the nerves are starved and poisoned, and troubles of a serious nature appear. Brain fag, headaches, sleeplessness, ir-ritability, low spirits, and discourage-ment are among the symptoms of a starved nervous system. The nerves met are among the symptoms of a starved nervous system. The nerves met in methics like Dr. Charge

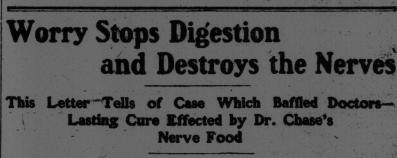


W hatever stores you visit don't forget to look through our up-to-the-minute show-rooms. It will pay you—everything needed for the home is here—and at the most moderate prices. Should you not require delivery until later, we will store your pur-chase FREE of charge.

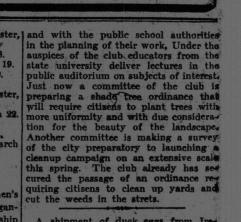


discharge cargo for Manchester. The Manchester Mariner, 2,672, Manchester Inventor will load here for Manchester. March 15. Manchester Manner, 2,012, Manchester March 15. Virginian, 6,827, Liverpool, March 18. Shenahdoah, 2,400, London, March 19. Tyrolia, 4,846, Liverpool, March 20. Athenia, 5,528, Glasgow, March 21. Manchester Importer, 2,588, Manchester

Bjorgvin, 1,785, W C E, W M Mackay, No 1. Caraquet, 2,975, West Indies Wm Thom-son Co, Pettingill's. Saturnia, 5,494, Glasgow, Robt Reford Co, No 4. Schoaners Not Cleared. Arthur M Gibson, 296, J W Smith. Calabria, 481, J Splane, laid up. Contennial, 86, A W Adams; Cora May, 117, N C Scott. E M Roberts, 295, R C Elkin. Elma, 299, A W Adams.



If you only worry enough, digestion will stop entirely. Worry and anxiety consume nerve force at a tremendous rate. Blood rushes to the brain to re-new the wasted nerve cells, and other parts of the body must suffer accord-ingly. When nervous energy is being consumed by the brain in worry, there is not sufficient left to run the machinery of digestion. This is why nervous, ir-ritable, worrying people usually suffer from indigestion and fail to derive from the food they eat the nourishment essen-tiat to the maintenance of health. "Laugh and grow fat" is an old say-ing laden with value for nervous people



fanchester Importer, 2,000, March 21. March 21. Lakonia, 8,046, Buenos Ayres, March 22. Mount Temple, 6,661, Antwerp. Montrose, 5,402, London, March 19. Royal George, 5,685, Avonmouth, March PROGRESSIVE WOMEN McMinnville, Ore., has a women's

