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"SALADA" Per 25 Pounds cents

Delicious in flavor, absolutely pure. No other firm has ever dared to offer the Tea consuming public, anything approaching such value.

BLACK OR SEALED LEAD PACKETS ONLY. MIXED. REFUSE ALL SUBSTITUTES.

SHIPPING

ALMANAC FOR ST JOHN, JAN 19, A.M. P.M. High Tide... 8:00 Low Tide... 11:48 Sun Rises... 8:02 Sun Sets... 5:07 Time used is Atlantic standard.

PORT OF ST JOHN

Arrived Yesterday Sir Louisburg, 1182, Hardt, Louisburg, Starr, with coal. Sir Astarte, 717, Young, Louisburg, Starr, with coal.

STEAMED YESTERDAY

Sir Hochelaga, Tudor, Sydney. Steamed Saturday. Sir Manchester Inventor, Everest, Manchester via Halifax.

CANADIAN PORTS

Halifax, Jan 18—Ard, str Russia (Rus), Libau; Dominion, Corsican, Liverpool. Sid Saturday—Sir Stephano, New York; Lake Michigan, London and Antwerp; Tunisian, Liverpool. Sid Sunday—Sir Russia (Rus), New York.

BRITISH PORTS

Liverpool—Ard Jan 17, str Empress of Britain, Halifax. Fishguard, Jan 18—Ard, str Carmania, New York. London, Jan 18—Ard, str Montrose, St John. Belfast, Jan 18—Ard, str Inishowen Head, St John. Liverpool, Jan 17—Ard, str Sibirian, Boston; Manchester Corporation, St John. Liverpool, Jan 17—Sid, str Alastair, Laurentic, Halifax. Glasgow, Jan 18—Sid, str Pretorian, Boston.

FOREIGN PORTS

Boston—Sid Jan 14, schs Eva C, Lunenburg (NS); King Josiah, Parrishora (NS); Mina German, Meteghan (NS). Ard 14th, sch Clifford I White, Apple River (NS), via Machias. New York, Jan 17—Ard, sch William C Smith, Lunenburg (NS); Helen Montague, Calais. New York, Jan 18—Ard, str Waconsta, Sydney (NS); schs Gladys B Smith, Lunenburg (NS); Lillian Blauvelt, Weymouth (NS). New York, Jan 18—Sid, schs Jost, St John; Eva A Danenhower, Eastport. Vineyard Haven, Jan 18—Sid, schs Mary E Morse, New York; Sunlight, do. New York, Jan 18—Ard, strs Carolina, Liverpool; St Louis, Southampton. Philadelphia, Jan 18—Ard, str Monaghan, Glasgow.

MARINE NOTES

Dominion Coal steamers Astarte and Louisburg arrived yesterday from Louisburg. Manchester Inventor left Saturday for Manchester via Halifax. Manchester Exchange, from Manchester direct, is due. Steamer Hollington is out nineteen days from Newport, England, bound here to load for Australian and New Zealand. Masters of tugs and schooners have

FORMER ST. JOHN GIRL WON FAME AS GRACE DARLING.

High Tributes Paid to The Late Ada M. Foster

WAS THE MEANS OF SAVING MANY LIVES

For More Than 20 Years in Lonely Egg Rock Lighthouse off Lynn, Mass.—Stories of Her Vigilance, Resourcefulness and Bravery Recalled

(Correspondence) Salisbury, N. B., Jan. 16.—Born in Westmorland County, for some years a resident of St. John, Miss Ada M. Foster, to whose memory a reference was made in the Telegram some weeks ago, left behind her a record of heroism in which the deeds of Grace Darling were emulated and which won for her along the Massachusetts coast the noble title of "Angel of Deliverance." Moreover, her bravery had brought to her a national reputation.

Her father, Andrew Foster, was born in Albert County, and her mother, whose maiden name was Margaret Steeves, was a daughter of the late Perigo Steeves, of Steeves Mountain, in Westmorland County, N. B. Miss Foster was born at Steeves Mountain on June 20, 1877, the year of the great St. John fire. A short time after the birth of their daughter, Mr. and Mrs. Foster removed to St. John, where they resided for some five years, after which they removed to Lynn, Mass., where they have since resided. The late Miss Foster was a niece of Judson E. Foster, parish court commissioner of Salisbury, and also a niece of Messrs. Gilbert and Millage Steeves of Steeves Mountain. Her parents and many other relatives are settled in the United States. Several of the prominent American papers had, at the time of Miss Foster's death last November, lengthy articles in praise of her life and work. The Boston Sunday Herald contained two large prints showing Miss Foster on duty at Egg Rock, and the following sketch of her life and work:

"WOMAN 15 YEARS ON EGG ROCK—GOOD ANGEL OF ALL MARINERS"

"Miss Ada M. Foster, who died recently, was twenty-two years in the life saving service—Many Brave Acts to Her Credit, Many Unrecorded—Some Stirring Scenes Witnessed."

"Miss Ada M. Foster, the Grace Darling of Massachusetts, who spent twenty-two years of her life as an assistant guardian of boats on the coast of Massachusetts bay, during her life devoted to noble work in the service of Uncle Sam, performed many acts and was perhaps responsible for the saving of many lives. "Many of her bravest deeds will never be known. Her life was given up for the age of fifteen years to the warning of travellers on the sea highways of peril on the coast. "It is barely a fortnight since she died in the Massachusetts General Hospital, at the age of thirty-six. Many friends and acquaintances in Lynn, where she spent her childhood, and mariners who traversed the waters in the vicinity of Lynn and Boston harbors, mourn her, while she has passed to a greater reward, she leaves behind a bright memory. "Fifteen years of her life were spent in the lonely beach of Egg Rock, three miles off the Lynn shore. Although completely cut off from the world on that lonely isle of rock, among the constant roar of the sea in summer and winter, it was the sort of life she craved. She was the faithful assistant of George Lyons, the keeper of the rock, and it was there that she performed her

STEAMERS BOUND FOR ST JOHN. Hollington, 2728, Newport, Dec 29. Ruthenia, 4714, Naples, Jan 7. Manchester Exchange, 2649, Manchester, Jan 3. Caraque, 2898, Demerara, Jan 8. Montezuma, 3358, Antwerp, Jan 7. Manchester Port, 2662, Manchester, Jan 10. Ramore Head, 2918, Glasgow, Jan 10. Pomeranian, 2694, Havre, Jan 10. Kanawa, 2492, London, Jan 15. Royal Edward, 5609, Bristol, Jan 14.



valiant deeds, for which many sailors and boatmen distributed along the entire coast have at one time or another been grateful. Her deeds have won for her the title 'Angel of Deliverance.'

On Lookout Day and Night

"Her sole companion on the rock was Keeper George Lyons. During the big storm in November, 1898, Mr. Lyons was very ill. Miss Foster remained on the lookout both day and night. At that time a landing on the rock was made by means of an iron post, which was set in the rocks and to which was lashed a monster boom. During the storm Miss Foster discovered that the boom was lashing the ropes loose. She could not repair the ropes alone. Mr. Lyons therefore left his sick bed and went to the edge of the rock where they worked together in securing the boom with the railing staff by means of a timber hitch. "It was with great difficulty that the boom was fastened in the teeth of the terrible gale and high sea, which, when it struck the rock, splashed high above them. Miss Foster was holding the boom by means of ropes which, despite her strength, was a heavy task. When the work had been completed Keeper Lyons was exhausted. He was covered from head to foot with a coating of ice several inches thick, which forced him to carry an additional weight of fifty pounds. But for the aid of Miss Foster he would never have reached the lighthouse. "In the vicinity of Egg Rock the ocean currents are very strong, making it especially dangerous for small craft in calm weather. It is a difficult task making a landing and at times it is an impossibility, because of the tides. Skiff Turns Turtle. "On one occasion Miss Foster, who was always alert during the day for craft in distress even during the calm weather, saw a skiff some mile out in the bay turn turtle in the teeth of a sudden squall. Through the glass she could discern several people in the water. She sent up a signal for help, which was seen at the Nahant life saving station. The crew launched a boat to go to the rescue. The distressed craft was beyond the view of the life station, but as they approached the rock the gale died and the crew were rescued as a result of her vigilance. "On numerous occasions she had discovered fishermen and amateur boatmen in distress off the rock. At such times Keeper Lyons launched a boat and invariably effected a rescue. In this way several parties have received a hospitable welcome on the rock. "During the great storm in January, 1899, in which the schooner Charles S. Briggs was wrecked on Shore Beach, Nahant, Miss Foster was the first to

discover the wreck. Seven lives were lost. Keeper Lyons and Miss Foster were powerless to accomplish a rescue or even to get word to shore, because of the great storm. They could only sit in the tower of the lighthouse and witness the pounding to pieces of the lumber laden vessel. "She also witnessed numerous other wrecks along the coast during the great winter storms in her fifteen years spent on the rock. The dangerous currents in the vicinity of their abode made it necessary for Miss Foster always to assist Mr. Lyons in landing. She would operate the landing gear which drew the boat on shore. During his stay at Egg Rock Keeper Lyons effected a more modern landing gear from the post and boom and this remains in position today.

Pay her Tributes.

"No one of the outside world knew Miss Foster better than Charles A. Lawrence, of Lynn. He pays her a beautiful

tribute, touching upon the life which she lived on that desolate mound of rock off the Lynn Shore. His memoir in part follows: 'Probably no woman of her age ever left a wider circle of acquaintances to mourn her going than this remarkable employe of the coast light service. No one will have a brighter memory of warm hearted hospitality and kindly deeds. Bred to a life that few women could have physically endured, but in which she found great contentment and happiness, her place will be indeed hard to fill for those associated the closest with her. "Miss Foster engaged as helper at the Egg Rock light station when a girl of about fifteen years of age and will be remembered by many as a slight but attractive young woman in the early years of her stay on the rock. The conditions of life on the rock soon transformed the slight girl into a woman of superb physical development with the strength of an ordinary man. The stalwart keeper,

George I. Lyons, has more than once owed his life to her timely help when landing in bad weather. Her quickness of eye and good judgment added to a woman's natural intuitive methods, made the glance and the act as one.

"Several years ago Keeper Lyons was transferred to Graves Light in Boston harbor, and Miss Foster went with him. He was stationed there about two years when he was appointed head keeper at the Nobiska station at Moods Hole, Mass. It was there that Miss Foster was stricken."

It is understood that Miss Foster's funeral was one of the largest ever seen in Lynn, many friends being present from different sections throughout the New England States.

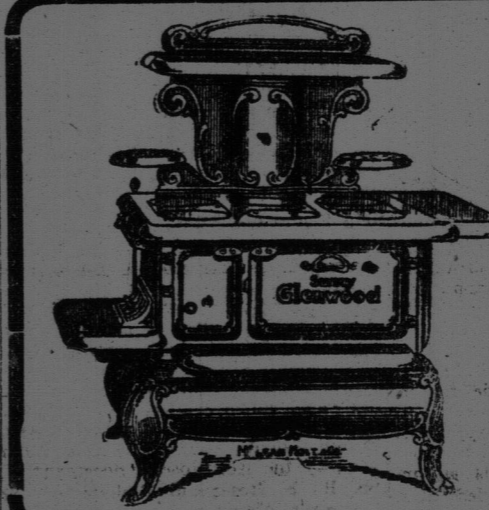
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Glenwood Ranges Make Cooking Easy!

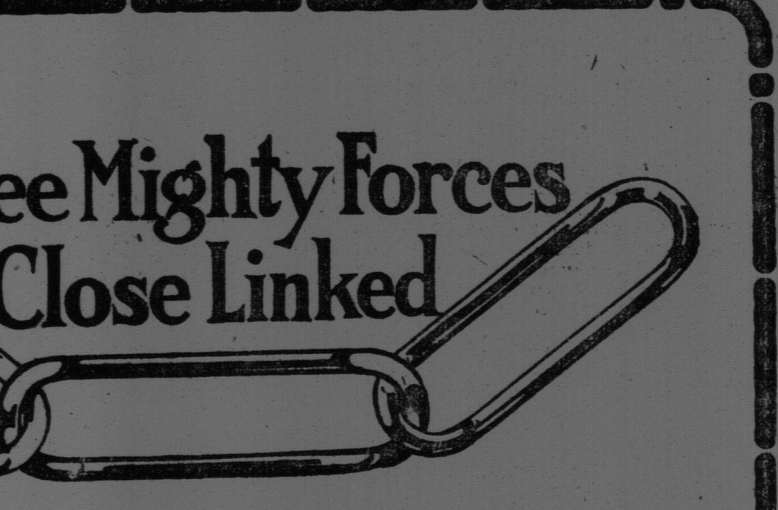
If you are in need of a new range, it will certainly pay you to call and examine the GLENWOOD LINE before purchasing. We can supply you with a range to burn wood or coal, with tea shelf, mantle shelf, hot closet or reservoir. Over forty different styles to choose from. Every range is guaranteed to give satisfaction, and they are made in St. John, where supplies are always at hand.

McLean Holt & Co. Limited 155 Union St. St. John N. B.

STARTING THE DAY RIGHT

Do you begin the day with a groan? Are you tired in the mornings? Do you fail to benefit by the restorative influence of sleep, which should make good the energy and vitality consumed by the day's work? Then you are rapidly becoming bankrupt so far as health is concerned. You should look to your habits of eating, make sure that you get lots of fresh air in your sleeping apartments, and restore wasted vitality by using Dr. Chase's Nerve Food.

This great food cure does not induce sleep by any drugging effect, but when you have been using it for a few days, and get the nervous system into condition you find yourself resting and sleeping naturally and healthfully. By keeping up this restorative treatment you will be able to make good the waste and fill the exhausted nervous system with new vigor and energy. This means thorough cure of such symptoms as headache, sleeplessness, indigestion and tired, listless feelings.



Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

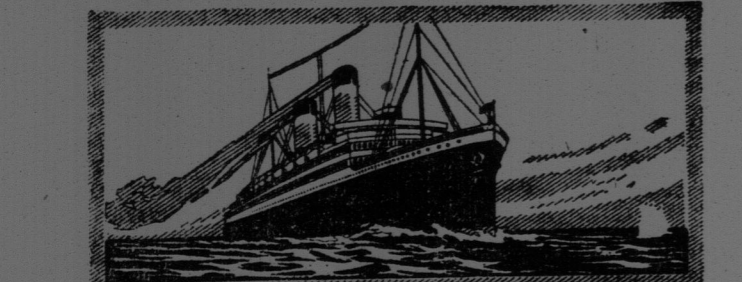
On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast. This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, 'lean forward and listen intently.'

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have: Sincerity -- Enthusiasm -- Advertising: Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 505, Lumsden Building, Toronto.



Enjoy Every Hour of your Ocean Voyage Now in Commission R. M. S. ALSATIAN. Largest and Most Luxuriously Equipped Steamer on Canadian Route. Public Rooms include Lounge, Library and Writing Rooms, Grill Room on Upper Promenade Deck, Gymnasium and Smoking Rooms. 4 Electric Elevators serving all Passenger Decks. 4 A Special Feature is the large number of state rooms fitted for one passenger only. Orchestra carried. WILL SAIL FROM HALIFAX, N.S. Saturday, January 31st. FOR RATES AND ALL FURTHER PARTICULARS, APPLY

ANY AGENT OR THE ALLAN LINE STEAMSHIP CO. H. & A. ALLAN GENERAL AGENTS MONTREAL

WILSON'S INVALIDS' PORT a la Quina du Pérou THE BIG BRACING TONIC

What the Doctor ordered

That Most Dreaded Disease Tuberculosis. More people die of Tuberculosis annually than of any other disease, in fact, one-seventh of the total death-rate. Wilson's Invalids' Port (a la Quina du Pérou) is a most excellent tonic for patients suffering from this disease of the lungs, because they can take it continuously and rapidly absorb and assimilate it, and above all, it has a directly curative effect upon the tubercular process itself. The results obtained in the various Sanatoria for the treatment of Tuberculosis depend entirely upon the increased carbonic acid formation in the body from enhanced nutrition. Wilson's Invalids' Port by its appetizing and digestive qualities causes constitutional improvement and increased strength, thus attaining the same end as the Sanatoria in a more simple and potent way.

ASK YOUR DOCTOR BIG BOTTLE ALL DRUGGISTS