

written is still a factor in the world's work. I speak from experience, for during the nine years last past of my life, Rev. E. R. Lathrop, of Hastings, Minn., made me the recipient of good letters like the above at regular intervals, never suffering the correspondence to flag because of my inability to respond regularly.

In this way I have been kept in touch with my Conference, the events of the country where I labored, and the principal movements of our own times. By his thoughtfulness, he has conferred a positive benefit upon me, much greater than he can realize. Would that every one who can would lay hold upon this source of power, and thereby "strengthen the weak hands and confirm the feeble knees "

If you meet with anything in your reading that is especially helpful to you, make a note of it, or clip it and pass it on. What will nourish your soul may strengthen and cheer some one else.