

Sunday, April 7, 1900

Don't Boys and Girls.

WATCHING THE TONGUE.

Watch on your words, my children. Words are wonderful things: they are sweet like the bees' fresh honey—

They may dash through the brain like lightning. They may fall on the heart like lead. They may smother the soul if they're cold and cruel.

They may guard your lips, and ever, through the time of your early youth, they may be the words that you daily utter in the words of the beautiful truth.

THE MANNERLY. A person is very much judged by his or her manners. Manners carry your lips, and made to order for special occasions. There is a certain grace in your manners.

HONESTY.—Be honest in all your dealings with your comrades or companions. Sometimes dishonesty starts in school by taking pens, pencils, books, etc., which belong to others.

Mr. Black, the eminent and wealthy banker, called one of his oldest clerks into the office the other morning and tendered him a large sum of money.

it, John," continued Mr. Black. "I really owe you the money." "I don't understand." "Let me tell you," and he dropped his voice to a whisper.

SHOW KINDNESS.—Be kind at all times and to all persons. The old adage says: "One good turn deserves another."

What is your name and address?" I told him. Instantly he took out of the cap he wore, with the gilt band about it, and held out his hand, "I should like to shake hands with you," he said.

Years have gone by. I had grown up and quite forgotten it all, until one day I had gone to the station of one of our main lines.

"If you please, sir, I haven't money enough to pay my fare. I have all but a few pennies, and I tell the clerk if he will trust me I will be sure to pay him."

a kindly hand, you must pass it on to them." "I will, sir; I will," cried the lad, as he shook my hand, and his eyes flashed with earnestness.

AN INDEX TO CHARACTER.—I could see into a girl's room. I could always tell the character of the occupant, for the mind almost invariably reflects the manner, just as the manner reflects the mind, says a writer.

There is truth indeed in these concluding paragraphs.—Men regard women's eternal picking up of bits and papers from the floor and hanging up of coats, and hats as a hobby, and their mania for washing dishes as a kind of mad fancy.

A HERO.—A few years ago a fire broke out in a charming little Swiss village. In a few hours the quaint frame houses were entirely destroyed.

"I feel as if I should fly to pieces." How often those words are on a woman's lips. They express to the uttermost the nerve-racked condition of the body, which makes life a daily martyrdom.

Small Fruit Culture. In a recent number of the "Canadian Horticulturist," Mr. S. H. Mitchell, of St. Mary's, Ont., has given some very practical and interesting notes of information concerning some small fruits, such as currants and strawberries.

HOUSEHOLD NOTES.

In one of Dorothy Dix's Talks, we find a very truthful picture drawn of the duties and unrecognized labor of the good housewife.

Whatever grievances the man with the hoe has against society, it is the woman with the broom who has the banner injustice of the world. When one thinks that the woman who either does herself, or superintends, the cooking, cleaning, washing, mending, making, purchasing, saving, baby-spanking of a family, and who, besides, sick nurse, comforter, consolator and counselor, has no recognized place in the world of labor, and no fixed rate of compensation, the wonder is that she has not long ago brought the other end of the broom into play and made a fight for her rights.

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and she is expected to be properly grateful to the man who takes her work and gives her her board and clothes for it. There is no other piece of sarcasm equal to that which makes us speak of the average man as "supporting" his wife.

There is truth indeed in these concluding paragraphs.—Men regard women's eternal picking up of bits and papers from the floor and hanging up of coats, and hats as a hobby, and their mania for washing dishes as a kind of mad fancy.

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SMALL FRUIT CULTURE.

In a recent number of the "Canadian Horticulturist," Mr. S. H. Mitchell, of St. Mary's, Ont., has given some very practical and interesting notes of information concerning some small fruits, such as currants and strawberries.

CHERRANTS.—Cherry.—Is the largest and most showy of all red currants, but with me it has been a failure.

White Grapes.—With me has always been a success for the last twenty-five years, giving me an average crop even in frosty seasons when other kinds have been a failure.

Black Currants.—All kinds are a failure on my soil. The bushes grow well, but never produce a paying crop. I believe the cause of failure to be too dry a sub-soil, my land being at the depth of from two to three feet underlain with dry, loam gravel.

STRAWBERRIES.

Bubach.—I received from our F. G. A. some years ago, but I did not make a success of it. It bore well when I could get good young plants; some seasons I failed to get good young plants almost entirely.

Provide for the Morrow. Take out a policy in The Co-Operative Funeral Expense Society; it will cost you nothing. After a few years you will pay no more, and still you will be sure of a first class Funeral. For full particulars, telephone and our Agent will call. The Co-Operative Funeral Expense Society, 1756 St. Catherine St., near St. Denis. TELEPHONES—Bell "East 1925." Merchants 563.

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Society Directory. LADIES' AUXILIARY to the Ancient Order of Hibernians, Division No. 1.—Meets in St. Patrick's Hall, 92 St. Alexander Street, on the first Sunday, at 4 p.m., and third Thursday, at 8 p.m., of each month. President Sarah Allen; Vice-President, Statia Marks; Financial Secretary, Mary McMahon; Treasurer, Mary O'Brien; Recording Secretary, Lizzie Howland; 353 Wellington street.—Application forms can be had from members, or at the hall before meetings.

A.O.H.—DIVISION NO. 2.—Meets in lower vestry of St. Gabriel New Church corner Centre and Laprarie streets, on the 2nd and 4th Friday of each month, at 8 p.m. President, Michael Lynch; Recording Secretary, Thomas Donohue, 312 Hibernian street.—to whom all communications should be addressed, Peter Doyle, Financial Secretary; E. J. Colfer, Treasurer. Delegates to St. Patrick's League—J. J. Cavanagh, D. S. McCarthy and J. J. Cavanagh.

A.O.H.—DIVISION NO. 3.—Meets on the 1st and third Wednesday of each month, at No. 1863 Notre Dame street, near McGill. Officers: D. Gallery, President; P. T. McVoldrick, Vice-President; Wm. Rawley, Rec-Secretary, 78 Mansfield street; John Hughes, Fin-Secretary; L. Brophy, Treasurer; M. Fennel, Chairman of Standing Committee, Marshal, Mr. John Kennedy.

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C.M.B.A. OF CANADA, BRANCH 26.—(Organized, 13th November, 1883.)—Branch 26 meets at St. Patrick's Hall, 92 St. Alexander Street, on every Monday of each month. The regular meetings for the transaction of business are held on the 2nd and 4th Mondays of each month, at 8 p.m. Applicants for membership or any one desirous of information regarding the Branch may communicate with the following officers:—Jas. J. Costigan, President; P. J. McDonagh, Recording Secretary; Robt. Warren, Financial Secretary; Jas. H. Madden, Treasurer.

ST. ANN'S YOUNG MEN'S SOCIETY organized 1885.—Meets in its hall, 157 Ottawa street, on the first Sunday of each month, at 2.30 p.m. Spiritual Adviser, Rev. F. Strubbe C.S.S.R.; President, D. J. O'Neill; Secretary, J. Murray; Delegates to St. Patrick's League: J. Whitty, D. J. O'Neill and M. Casey.

ST. PATRICK'S COURT, NO. 95 C.O.F.—Meets in St. Ann's Hall, 157 Ottawa street, every first and third Monday, at 8 p.m. Chief Hanger, James J. Fosbre, Recording Secretary, Alex. Patterson, 197 Ottawa street.

ST. ANN'S T. A. & B. SOCIETY, established 1863.—Rev. Director, Rev. Father Flynn, President, John Killfeather; Secretary, James Brady, No. 97 Rosol Street. Meets on the second Sunday of every month, in St. Ann's Hall, corner Young and Ottawa streets, at 8.30 p.m. Delegates to St. Patrick's League: Messrs. J. Killfeather, T. Rogers and Andrew Cullen. The receipt of a sample copy of this paper is an invitation to subscribe.

ABBEY'S MEDICAL TALKS. Biliousness. Biliousness is a condition of the system caused by the inaction of the liver, which allows the bile to accumulate in the glands and ducts of that organ. After a time the bile is thrown into the intestines in large quantities, and some of it regurgitates back into the stomach. This usually causes severe headache through the eyes and temples, and culminates in nausea and vomiting, which is frequently followed by a bilious diarrhoea. A teaspoonful of Abbey's Effervescent Salt in a tumbler of water (not iced) night and morning stimulates the peptic glands of the stomach and increases the contraction of its muscles from above downward. This action is communicated to the intestines, and increases the flow of intestinal juice, and stimulates the ducts of the liver to pour out the bile, when it is carried downward by the laxative action of the Salt. A person subject to biliousness or bilious headache will get relief and cure from the use of Abbey's Effervescent Salt. FOR SALE BY ALL DRUGGISTS. Price, 60 cts. per large bottle. Trial size, 25 cts.