NOTES AND REFLECTIONS.

A WRITER in the Sacred Heart Review, A in treating the subject of cheerfulness, says women have always esteemed bad temper a trivial fault and have been very far from giving it its due importance as a factor in the happiness of the family. As a matter of fact, sify, rather than destroy or keep within, and lacked that, she can not atone for it. A woman may be frugal and industrious. and a pattern of all other wifely virtues. yet make her husband miserable by her o nstant complaints and continued freting. She may slave herself to death for her children, yet nag, and find fauit. and scold until they flee from her as from a pestilence. Such a woman always considers herself a martyr to the ingratitude of those about her. 11.7 k. she says, at my toil-worn hands; 1 // 2 how I have sacrificed youth and golooks for my family, and no one cares for me, while there is Mrs. B, whose husband and children adore her, and she is doing nothing but laughing with them half the day.

On Sexagesima Sunday at Grand Mass in the Cathedral, Archbishop Brachesi. speaking from his throne, referred in pointed terms to the style of evening dress now frequently worn by ladies. He said he fully appreciated the requirements and customs of society and approved of all legitimate amusements and pustimes, provided they were not abused and were kept within reasonable bounds. within the limits the Church prescribed. Fathers and mothers should never forget the good example they are required to give to their children, and young girls and young men should remember that one of the most important and most serious duties of their lives is the preservation of their virtue, as the guarantee of their future happiness. On this point, he said, there is a very serious im propriety to which I should call your attention and which I should use all my powers to put down. It is the highly unbecoming character of certain toilettes which are so freely and so unblushingly worn. Judging from the conduct of some people, one would think that such a word as shame was unknown or that its meaning was not understood. They bring the blush to the cheek of all right-feeling and right minded people. though they show no sign of blushing themselves.

What a fatal mistake this is, with Caristian wives and mothers who profess so much religion and charity, Daughters will naturally follow the example of their mothers. These are the things that contribute to bring the moral tone of a pectile to a low level; it is impossible to tell the horror and trouble that follow in their wake. 'I am speaking" said His Grace " of what noticed with pain and mortification, on public occasions. I ascribe it to thoughtleasness and frivolity, rather than to any wrong intention.

The remedy is easy, and it is my duty to prescribe it, because I have to render an account to God of the souls entrusted to my care. It seems to be thought that the exigencies of society require a certain style of dress. This appears to me to be a great mistake and higher toned fashion proves that it is a false impression. But, if people consider it absolutely indispensable that they should comply with these requirements of etiquette, let them at least retrain from making it an abuse, as out of place as it is criminal, and let them not scandalize s ciety by ignoring the first rules of Christian modesty.'

Having severely criticised and denounced the prevailing style of ball dress, he referred to darking and quoted St. Francis de Sales in support of his own view. "Dances and balls," said the Saint. "are barmless in themselves, but, according to the ordinary ways attending them, they have a strong tendency towards evil and are a consequent source of danger "

"In this relation," said the Archbishop, "liberty soon degenerates into license, and under the pretext of amuse ment, a free rein is given to passion. People expose themselves to a thousand dangers with the most incredibly light hearts and ease of conscience. You all know this is no exaggeration." After referring to the fact that certain dances were more dangerous than others, and should be so regarded and treated. His Grace said that he would add with the same good Saint he had alrea by quoted, "that these whom circumstances obliged to frequent the ball-room should never forget their duty and their dignity." "Let your dancing," said he, "be characterized by modesty and freed from all evil thought; above all, let there be a proper reserve, decency and modesty in your dress, prudence in your relations; watchtuiness over all your acts; respect yourselves that others may respect you; and avoid every occasion of scandal."

"Heads of families, Christian mothers," said the Archbishop, in conclusion, "I count on yourfull observance of these funto which I have directed your attention. The necessary reforms can easily be effected, if you are so dis; osed, and you will thus accomplish an essentially good work, for which God will not fail to bless you.

THIS IS THE WAY OF IT.

The glycerine in Scott's Emulsion soothes the cough and irritable throat The hypophospoites tone up the nerves And the cod liver oil heals and strength air cells.

HOUSEHOLD NOTES.

M ARS. S. T. RORER lays down these IVI rules for "Cooking for the Sick and Convalescent," in the Ladies'

heat is necessary to bring out and intenhave been taken from the fire. All fried ever expectant mass a things must be avoided.

Gruels, or semi-starchy foods, require long, slow cooking Meats must be cooked, but not overdone. Under no cir of disease germs.

THE manipulators of the fashion feature of some of the new stuffs, and months in the endeavor to plans wise lines, and waved stripes are very some new and attractive feature of much liked. One of the latest novelties In cooking for the sick a moderate headgear and wearing apparel for the is a pattern gown of corded allk, which taking time by the forelock, as they striped in bayadere graduated groups, nothing else is so important, and though the delicate flavorings of the materials have, with the opening days of the in which the cords are woven more she had all other virtues in the world, used. Where receipts call for butter it Lenten season, commenced the work of closely together, and which form the must be added to hot dishes after they putting the results of their labor before white trimming. A striped portion is must be added to hot dishes after they putting the results of their labor before used for the front of the bodice, and the

> To describe the coming Easter hats comstances should raw meats, raw beef Isabel A. Mallon. In the March Ladies' This does not mean the extreme of bring the conviction that the vague down one side. gives the widest range as to shape of

ribbon, a drapery of velvet or satin—under the brim on the left side, so massed as to have it come well on the ribbon, a drapery of velvet or satin-

Bayadere stripes have the lead among all novelty materials this season, among the prettiest of which are the grensdines and crepe de chines. Puckered satin stripes, with cords between, are a world, who have been busy for again the stripes resemble tucks.

Easter season, evidently believe in resembles bengaline. For example, one r st of the gown is plain pink. and bonnets must sorely try the pen of is made of estin, in a pink pearl color A pretty blouse waist for the theatre even so capable a writer on feshions as like the inside of a shell, tucked around from the shoulder to the belt, which is juice, or raw beef tea be used. Pasteur Home Journal she pictures the tentimine of turquoise blue velvet. It is cut out :zation is necessary to remove the danger | headdress that will have les first airing around the neck to show a yoke of tine on fashion's great snow day - Easter | écra embroidery, which also forms the A bit of attractive frivolity that has in arranging the tray keep everything headdress, and that the plumage of cancht the feminine fancy is the big as dainty as presible, using white or almost every known bird will be called chiffon muff. It is black, or of any rich

The element of coming Spring pervades the whole store. Every departies its own FASHIONABLE ARRIVALS to announce and NEW GOODS are Serve hot foods not : cold foods cold The united eff rt of pen and pencil collar, and turquoise buttons faster it ing in faster than it is possible to tell you about them. France, the birtholace of all that is most fashionable, sends many things the predict will be SIYLE LEADERS for 1898. THE BIG STORE his as many a dexiling array of SPRING NOVELTIES, the like of which has never before equalled on this continent.

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the business of our mail order department to attend to

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Styles in New Spring Jackets that speak with the eloquence of enthusiasm ductions in Ladica' Spring Capes are interested the many and varied things that The Cloth Cape, the Velvet Cape, the Dame Fashion decrees are the correct styles for Spring. Our collection but neat, others elaborately trimined embraces all the leading makers latest with silk, jet, lace and monadian creations, and prices range from \$4 00 to

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March 5, 1898

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necessary trimming, with possibly a little lace and ribben for the finish on the waist.

Tucks as yet have lost none of their

prestige in the shulle of fashion which is going on, and on bodices and skirts are quite as lavishly tucked as ever. Y t their common use necessitates some other mode of trimming if you would

have something distinctive in style. Lace which has become yellow with age is exactly the right tint required by Imitation of Cloth, without illus'n. fashiop.

Fleur de scie is a soft, glossy silk, very durable and light in weight, delightful to the touch, and well recommended for

The bolero, in all sizes and shapes, is to be worn again and it is sometimes made of lace, quite close fitting in the back and full in front.

Lice shawls are also used for skirt dr. pery over satin dinner gowns. The centre is cut enough to admit the waist, and the points fall in front, at the back, and at either side.



PUBLIC NOTICE.

We, the undersigned real estate owners in the County of Hochelaga, give notice that a meeting of the real estate owners of the Counties of Hochelaga. Jacques Cartier, Laval, Terrebonne and L'Artompti n will be held on Friday, the eighteenth day of March next, at two o'clock in the aftermoon, at 1614 Notre Dame street, in the City of Montreal, to consider the opportunity of establishing a Mutual Fire Insurance Company, according to the Revised Statutes of the Province of Quebey, article 5264 and following articles:

Benjamin Benoit, J. Horace David, F. X. Roy, J. A. Girard, G. E. Baril, M.D.; A. J. H. St. Denis, P. C. Lacosse, Anthine Dubreuil, W. J. Proulx, W. Reeves Chistophe Messier, H. J. Elliutt, Leandre Onimet, Sr., Leandre Unimet, Jr., Wiffrid Quimet, Pierre Milot, Hor, isdas Choquette, Adolphe Bissonnette, G.C.; J. V. Picotte, M.D.; D. A. Hamel, Maurice N. Delisle, Napoleon Deslauriers, C. A. Laframboile, Joseph Levesque, L. F. Larose and J. B. Dubreuil.

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flowers, with not too decided an odor, will prove an added attraction. Roses, are advisable for their daintiness and absence of heavy odor.

PIE OF SWEETBREADS AND OYSTERS.-A delicious old Virginia dish,' a Good Housekeeping correspondent characterizes this, and truly it had a tempting

Boil the sweetbreads tender, stew the oysters and season them with pepper around the hips and widens gradually skirts and waists. Of course these are and sait and thicken with cream, butter, I toward the edge, where it has a width of not to be wash suits, and of course they the yolks of eggs well besten and flour. I'ut a buil paste at the bottom and ing material is employed for this, the limited wardrobe, but the matter is significant the limited wardrobe, but the matter is significant. the oysters up carefully with a spoon, lay them in the bottom and cover them with the sweetbreads. Fill the dish with the oyster gravy, put a paste on the top and bake it. This is a most delicious

pio. An old fashioned but delicious treat is 'maple sugar on snow.' Use either adding a little water in melting it. Boil the maple sugar or the sirup. If the until, when dropped on snow, it remains on the surface and becomes waxy. When it has reached this stage, spread it upon the surface of snow or ice. This will be found, as every sugar maker knows, one of the most delicious treats obtainable.

A pure apple salad, as distinguished all colors, are used for the new spring from an apple and celery salad, is made hats, as well as an absolutely new straw with a half dozen tart apples. These braid with a satin finish not unlike the are cored, peeled, and cut into very thin silk covered brai s which obtained dur slices. The bottom of a glass dish is ing the winter Sailor hats, that always filled with a layer of these slices and a have an assured position, are in a new little powdered sugar and cinnamon material in the form of woven bulrushes, sprinkled over them; then another layer which, after being braided, are shaped of apples is added and more cinnamon and kenerally edged with a narrow black and sugar until the apples are all used. velvet ribbon. Linen crash is also used A gill of sherry is poured over it and it for this kind of hat. The most striking damental laws of evangelical morality, is set in the ice box for an hour before of all are those of white or gray felt, in serving.

Mothers should be careful about their children's teeth. Until the little ones are old enough to attend to them themselves, the mothers should not neglect the young teeth, but should have them cleansed night and morning. Children's nails should be watched, too, and neatly and regularly trimmed and kept clean.

For washing flatirons drop half a tablespoonful of melted lard into two quarts of warm water. Wash, dry thorens the inflamed bronchial tubes and oughly and put in a warm place until putting the trimming-that may take the moisture is evaporated.

very pale colors. A simple vase of upon to supply the ornamentation. The dark color that you please, has ample velveta and ribbons may be as rich as the purse can buy, and the woman can is painstakingly shirred on a foundation violets, lillies of the valley or bouvardias | select almost anything in the way of | and lining of rich bright satin. Somecolors or combinations and yet be entirely within the bounds of vogue.

> referring to the interesting subject of dings and is likely to figure at those gowne, says :--

> With the newest Easter gowns comes; a soft, supple skirt which clings closely are being made up with spangles on the between four and five yards. No stiffen- are only for women of practically unoften, to produce this effect, a separate and rather elaborate underskirt is for- the early shoppers, for this material is nished. The bodice which has the in

> back with a semi-loose plastron. Sleeves continue to be quite closefitting, with a slight fullness at the top. tinct craze for making up all tness wash The neck dr ssings are less complicated, Among the colors best liked are champagne, brown, blue, pink, heliotrope. bronz green red, black (4s a matter of course) and white, most important of

Leghorn, Manilla, chip and rassa, in tended for summer wear.

Rich ribbons of velvet, silk, satin and moiré are all used, being plaited and shirred, while piece fabrics heavily embroidered with beads and spangles, also obtain. The fashionable colors are peri winkle blue, anemone blue, heliotrope, champagne, the light shades of ruby brown, pearl gray, pink and pale green. Fanciful combinations are noted in the flowers. There is a decided fancy for the form of a bunch of flowers, a bow of

tlounces on either end, and the chiffon times a knot of violets or pansies or primreses is tastened on the outside, and within the mulf is perfumed like a satchel. This ephemeral bit of pretti-Another writer in the same journal, in ness was widely used at pre-Lenten wed following Easter week.

French linens and Scotch gin, hams nificant, nevertheless. The French linens are having a marked influence on nished. The bodice which has the in only linen in part, is regarded as of visible fastening continues in vegue, tougher quality than the best ginghams, although many costumes have a tight and is beautifully checked and striped back with a semi-lose plastron. in every possible variation of red and blue. The dressmakers say there a disgoods on the bias, and embroidery by thousands of yards is also consumed for the spring making of cotton materials. The muslins, and they are nearly all in bold primary colors, embroidered in black quite fancifully, demand face in their composition, and it is a popular fancy to edge the countless rottles on skirts and waists with narrow black satin ribbon.

> The variety in transparent materials for summer gowns is bewildering in extent as well as color, and among lace grenadines, canvas organdies, mohair Swiss, the various pineapple weaves and lace zephyrs it is difficult to choose. The silk and wool bareges are very sheer and thin this season, and the new nun's veilings are as cobwebby as possible.

The shawl-shaped caps made of black lace over colored silk is one of the spring novelties in wraps, and the edges are finished with ruches of chiffon or lace. This will prove a very useful fashion for those who have lace shawls stowed away in their cedar chests, for they can be utilized with great effect in one of these novel garments.

The new foulard silks are supplied with a border which furnishes all the

ECONOMY in taking Hood's Sarsaparilla, because "100 doses one dollar" is peculiar to and true only of the One True BLOOD Purifier.