

TEMPERANCE.**THE DRINK BILL OF ENGLAND**

The Temperance Chronicle, the or Why is it, we may well ask, we make so little impression? No doubt there are many reasons to be assigned. The terrible prevalence of public-houses, the licensed temptations which stand at every corner of our street, tempting the poor weak man whose physical nature is already more or less steeped in alcohol, and within whom there is raging the terrible disease of inebriety, and who, however hard we may try through the various agencies of our Society, and of kindred societies, to save and lift up, is being continually overthrown by temptation and dragged down by the environments of his life. The annual exposure of the expenditure in strong drink ought to cause Temperance Societies a considerable amount of heart searching. Are we viewing drunkenness right? Do we realise the evils of national custom and the growth of habit? Do we either in our own minds or in our own actions draw a sufficiently clear dividing line between indulgence and disease, and in all our methods and ways of trying to raise and to reform do we give a pitying, or a really helpful hand to the victims?

Again, in our work for the young, are we sufficiently in earnest in teaching the proved facts on which the Temperance movement rests. Then in our methods again: Are we content with declamatory speeches, or do we in our branches try really to sustain those whom we are trying to save, and to help them not only by strengthening their powers by kind association, but by giving them information and instruction which will enable them to understand and appreciate their position, and the importance of personal abstinence? Is there any persistent looking after members of branches, are they visited in their homes, are they strengthened in their temptations, or is it considered sufficient to bring them together once a month for a concert or entertainment and there to leave them?

Above and beyond all do we base all our Temperance work in the parish, in the diocese, in the whole Society, on the only true and solid foundation—the Word of God? Do we make use as we ought to do, of the Prayer Union of the Society? Do our branches make use, as they ought to do, of the devotional side of their work? Do we understand that if Temperance work is to make any real advance, now or in the future, it can only do so in so far as we realise that it is God's work, and in so far as those to whom is entrusted the carrying out this work are relying upon His help and guidance?

A FEW months ago the cable flashed the news that the popular soldier-editor, Major Bundy, had died in a hotel in Paris, and the dispatch gave this particular: "On the table by his bedside was found an American Prayer-Book, open to the service for the day." Although Major Bundy was not an Episcopalian, yet the Prayer-Book was his companion in a

strange land, and it was his consolation on the last Sunday of his life on earth. Think to how many persons who are not Churchmen its pages might minister comfort and hope! how many it might lead from error and confusion into truth and light! —*Rev. Dr. Langford.*

A TRAVELLER'S EXPERIENCE.**THE LIFE OF A COMMERCIAL MAN NOT ALL SUNSHINE.**

Constant Travel and Roughing It on Trains Weakens the Most Robust—The Experience of a Halifax Merchant While on the Road.

Acadian Recorder, Halifax, N.S.

Mr. Percy J. A. Lear, junior partner in the firm of Blackadar & Lear, general brokers, 60 Bedford Row, Halifax, N.S., comes from a family of commercial travellers. His father, James Lear, was on the road in Lower Canada with dry goods for twenty-three years, and few men were more widely known and esteemed, and the genial Percy himself has just retired from the ranks of the drummer, after a varied experience as knight of the grip, which extended over seventeen years and embraced almost every town and village in Canada from the Atlantic to the Pacific. He is an extremely popular young man, a leading member of the Oddfellows' fraternity, an officer in the 63rd regiment of militia, and a rising merchant.

"How comes it that you are so fat and ruddy after such a term of hustling railroad life and varied diet, Mr. Lear?" questioned the reporter.

"Well," was the answer, "it is a long story, but one well worth telling. I weigh 190 pounds to-day, and am in better health than I ever before enjoyed in my life. Two years ago I got down to 155 pounds. Constant travelling, roughing it on trains and in country hotels broke me all up and left me with a nasty case of kidney complaint and indigestion. My head was all wrong, my stomach bad; I was suffering continual pains and dizziness, and my urine was extremely thick and gravelly. I began to get scared. I consulted several physicians in Montreal, Winnipeg and other cities, but their treatment did not give me a particle of relief. One day I bought a box of Dr. Williams' Pink Pills, and I made up my mind to give them a good trial. They seemed to help me, and I bought a second, third and fourth box, and they cured me. My stomach was all right, the dizziness left my head; no more lassitude, and all traces of my kidney disease disappeared. I was a new man, and gained flesh immediately, and have never been troubled since. I consider my case astonishing, because kidney complaint, especially gall stones, is hereditary in our family. It helped to hurry my father to an early grave, and an uncle on my mother's side, Dr. Whittle, of Sydney, Australia, had been a chronic sufferer from gall stones from boyhood. I was so impressed with the virtues of Dr. Williams' Pink Pills that I took the

trouble to send Dr. Whittle two boxes all the way to Australia. Since my discovery of the benefits of these wonderful little pink coated exterminators of disease, I have recommended the remedy far and wide, and I could enumerate dozens of cases where they have been efficacious."

An analysis shows that Dr. Williams' Pink Pills contain in a condensed form all the elements necessary to give new life to the blood and restore shattered nerves. They are an unfailing specific for all diseases arising from an impoverished condition of the blood, or from an impairment of the nervous system, such as loss of appetite, depression of spirits, anæmia, chlorosis or green sickness, general muscular weakness, dizziness, loss of memory, locomotor ataxia, paralysis, sciatica, rheumatism, St. Vitus' dance, kidney and liver troubles, the after effects of la grippe, and all diseases depending upon a vitiated condition of the blood, such as scrofula, chronic erysipelas, etc. They are also a specific for the troubles peculiar to the female system, building anew the blood and restoring the glow of health to pale and sallow cheeks. In the case of men they effect a radical cure in all cases arising from mental worry, overwork or excesses. Sold by all dealers or sent by mail, post paid, at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Company, Brockville, Ont., or Schenectady, N.Y. Beware of imitations and substitutes alleged to be "just as good."

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"Living Though Once Dead."

BY

REV. EDWARD W. GILMAN, D. D. Corresponding Secretary of The American Bible Society, Author of "Before Easter": From Easter to Ascension Day.

T. WHITTAKER, New York.

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