

part of the hoarding. The distant vision of some of the eighteen statues which adorn these premises at once inspired him to write an indignant protest against their hideous immorality. Although the silly season is not yet due, the editor seems to have discerned by a flash of journalistic genius that the pose of outraged modesty has distinct possibilities even in the middle of June. From this point of view the editor and his staff must be congratulated on their foresight and enterprise, for they have provoked the man in the street to look for offence where none is, and have set the town talking about the "Strand statues." And what, after all are these statues? They are single, symbolical figures, some draped, some nude, placed at a height of forty or fifty feet above the ground, and totally devoid, in our opinion, of indecency, or immorality. Personally, we do not admire them as works of art, and in spite of the warm approval of many distinguished artists and critics, we maintain that several of them are ugly. But to find the remotest suggestion of impurity in these figures seems to us to presuppose in the mind of the observer, if not impurity, at least a talent for smelling out unintentional nastiness, which is even worse than prudery.—*The Hospital*.

### **Sugar.**

Sugar is often given a bad name from a physiological standpoint, but in many instances it is questionable whether it is deserved. It seems inconceivable that the bountifulness with which the world is supplied with sugar should mean anything else than that it is designed for human food. Sugar is one of the most powerful foods which we possess, as it is the cheapest, or, at any rate, one of the cheapest. In muscular labor no food appears to be able to give the same powers of endurance as sugar; and comparative practical experiments have shown without the least doubt that the hard physical worker, the athlete, or the soldier on the march is much more equal to the physical strain placed upon him when he has had included in his diet a liberal allowance of sugar than when sugar is denied to him. Trophies, prizes, and cups have undoubtedly been won on a diet in which sugar was intentionally a notable constituent. It has even been said that sugar may decide a battle and that jam after all is something more than a mere sweetmeat to the soldier. The fact that sugar is a powerful "muscle food" accounts probably for the disfavor into which it falls, for a comparatively small quantity amounts to an excess, and excess is always inimical to the easy working of the digestive processes. A strong