

them. But if this young man aforesaid had to wave his arms to keep the mosquitoes away he would surely grumble. Another popular exercise is automobiling; with the awfully rich it often takes the form of joy-riding, for the richer you are, the more fines you can cough up. The automobile itself is a fit subject to exercise upon. It is composed of a spark plug connected by one hundred parts to the tail light and then back again by another hundred to the exhaust pedal. Buy an auto for nine hundred dollars and you will have all the exercise you want; outdoor exercise into the bargain. Autos also exercise horses and mules who are forced to move them when they are tired or the gasoline wont gas.

Among the notable exercises of the day we find the husband. No matter how many whacks he pulls he has to walk to work, expel burglars, do Swedish gymnastics on the tough end of a steak, trot around after forgotten things, hang onto street car straps when he does take a car, and keep his shoes together when he retires. He also has considerable exercise paying millinery bills and buying coal. But he cannot out-do the college boy who exercises at times by stealing trolley-poles, Chinese laundry signs, and "smacks."

In all the walks of life we meet with exercise, in one form or another, half the time when we don't want it. However, "a healthy mind in a healthy body" is a good maxim, and ought to be followed; for exercise, that is moderate exercise, never hurts anyone. If a few more people in this world would take exercise there would be fewer grouches and soreheads. Yea verily.

FRANK A. LANDRIAU, '15.

THE AMERICAN THANKSGIVING.

The American students commemorated their feast day of Thanksgiving by having a "feed," thanks to the Bursar and Rector, the latter of whom very kindly favoured the occasion with his presence. After the meal, which was a very good one, all adjourned to the gymnasium, where a pleasant programme was carried out. Music, cards, dancing and pool caused the time to pass so quickly that the signal to disperse was a distinct surprise to all. Too much thanks cannot be given to the Rev. Moderator, Fr. Finnegan, to whom is owing the pleasure afforded by such an enjoyable evening.