these young men go gaily onward, spendng every farthing they receive, and hope to gain like comfort in later years.

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The young man who spends all his earnings for present enjoyment will surely want in the years when it would be pleasant to "ease off" a little in business life. There are thousands who are being benefited to-day by the proceeds of an assurance policy, as a result of careful habits of saving in their younger days. They found it hard perhaps to meet the annual premium, but they prepared for it, and the little acts of sacrifice attendant upon heir saving for this end means much to hem to-day.

Young men, don't squander your noney! Every cent above your necesary living expenses and other calls, which will keep you from being called tingy by your associates, should be safely placed away for future years. It is not ecessary to be mean and stingy, meanless and economy are two different things; he one is a weakness of character, the ther is self-sacrifice, the stingy man would feast himself, in hiding, from his ellows for fear of the expense of haring; the economical man would like o have luxuries, but is man enough to ay "I cannot afford it.". The world espises the one and admires the other.

An assurance policy has claims upon young men inasmuch as the investment is nade easy by its instalment feature, and esides this the protection afforded in the yent of death is of great value.

What is to be the amount of your policy with the Sun Life of Canada?

## The August Numbers

In justice to the photographer, printer, agraver and others who have a hand in the make-up of SUNSHINE, we think it a ropos that we should let them know that is thought of their work by others. The Review, that excellent magazine,

published at London, England, has the following regarding the August number: "Sunshine for August has been received by us from the Sun Life of Canada, and for semi-private publications of the kind it is unique. This issue contains some splendid photographic views of Palestine, the reproduction of which shows the printer at his best. gentleman whose camera was responsible for gleaning the illustrations certainly has expert hands and possesses artistic The letter-press, not only contains matters of interest to the agent on assurance topics, but there are many crisp and entertaining stories that can be enjoyed quite apart from business affairs. This magazine should be prized, if only for its pictorial attractiveness."

## His Eyes are Opened.

A policyholder, in New York City, in a letter enclosing his premium on a policy in this Company, writes: "After an interview with your Mr. Higinbotham, I have decided to take out another policy, fifteen year endowment, which I should have done long ago instead of wasting funds in the Royal Arcanum."

"The Sun Life of Canada has three strong points in its favor. Owing to strict selection of risks the mortality claims are low. In the next place the investments are exceptionally productive; and, thirdly, the new ordinary premium income represents considerably more than one-fifth of the whole. Lastly, it may be pointed out that the existence of a share capital does not appreciably affect the position of the policyholders, as a quite insignificant sum is divided among the shareholders each year. intents and purposes, indeed, the office is a mutual one, and profits pass into the pockets of the premium-payers."-The Insurance Observer, London, England.