River. In common with certain other low types of life they slough their skin, or rather a thin external membrane, not the true skin, which they afterward swallow. This membrane



FIG. 7.—HELL-BENDERS.

first becomes loose over the entire surface of the body, when it looks like an envelope or sack in which the animal is contained. By a series of violent efforts of the body, and wide gapings of the mouth, the skin parts at the lips and begins to fold