

Facts About Motherhood

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for her own self. Of course nearly every woman nowadays has medical treatment at the time of child-birth, but many approach the experience with an organism unfitted for the trial of strength, and when the strain is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results. There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, women will persist in going blindly to the trial. It isn't as though the experience came upon them unawares. They have ample time in which to prepare, but they, for the most part, trust to chance and pay the penalty.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy, and strong.

Any woman who would like special advice in regard to this matter is cordially invited to write to Mrs. Pinkham at Lynn, Massa. Her letter will be held in strict confidence.

Guide-Advocate

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Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, APRIL 28, 1911

SANDY MACDONALD'S SIGNAL.

Weel, Sandy, man; and how did ye like the sermon the day?

Weel, it's rather a venturesome pint to handle; but if ye'll forgie the freedom, I was jeeest gaun to say that in your discourse the day—weel no gang any further than the one the day—in the midst o't like, when ye was on the top o' an illstration, it struck me that every noo and then—but ye'll not feel offended

PURIFIED HIS BLOOD

Dr. Morse's Indian Root Pills Healed Mr. Wilson's Sores

When the sewers of the body—bowels, kidneys and skin ducts—get clogged up, the blood quickly becomes impure and frequently sores break out over the body. The way to heal them, as Mr. Richard Wilson, who lives near London, Ont., found, is to purify the blood. He writes:

"For some time I had been in a low, depressed condition. My appetite left me and I soon began to suffer from indigestion. Quite a number of small sores and blotches formed all over my skin. I tried medicine for the blood and used many kinds of ointments, but without satisfactory results. What was wanted was a thorough cleansing of the blood, and I looked about in vain for some medicine that would accomplish this."

"At last Dr. Morse's Indian Root Pills were brought to my notice, and they are one of the most wonderful medicines I have ever known. My blood was purified in a very short time, sores healed up, my indigestion vanished. They always have a place in my home and are looked upon as the family remedy."

"Dr. Morse's Indian Root Pills cleanse the system thoroughly. Sold by all dealers at 25c a box."

at what I'm going to say?

Say-aws man, I'll tell ye after. I'm comin' to the pint directly; all I was gaun to say was just this, that every noo and then in your discourse the day, I dinna say oftener than noo and then jeeest occasionally—'t struck me there was maybee, frae time to time, jeeest a wee bit o' exaggeration.

Exagger—What Sir?

There, there, there! I'll no say anither word! All I meant to say was that ye jeeest stretched the pint a wee bit! Stretched the pint! D'ye mean to say sir, that I tell lees?

Weell—a—but I didna gang ase far as that.

Did ever you hear the elders say that I exaggerated or stretched—the pint?

I wadna say but what they hae, too.

Oh! So the elders and the whole of ye call me a leer, do ye? Hau'd yer tongue, Sandy, it's my turn to speak now. Although I'm your minister, still I'm perfectly willing to admit that I'm a sinful, erring creature, like any one o' ye; but I've been to colleges and seats of learning, and it's just possible that being obleeged, Sawbath after Sawbath to expound the word to sic a doited set o' Naturals—for if I wasna to mak ilka thing as big as a "barn door" ye wadna see it at a—I say it's just possible I may have slippit into a kind o' habit o' magnifying things; and it's a bad habit to get into, Sandy, and it's a waur thing to be accused o' it; and therefore, Sandy I call upon you, if ever you should hear me say another word out o' joint, to pull me up then and there.

Loah, sir, but how could I pull ye up i' the kirk?

Ye could make some kind o' noise. A noise i' the kirk?

Ay! ye'r sitting down beneath me, so ye might put up yer head and give a bit whustle (whistles) like that.

A whustle? What! whustle i' the Lord's hoose o' the Lord's day?

Ye needna make such a disturbance about it. I dinna want ye to frighten the folk, but just a wee whustle, that naeboddy but our two selves could hear.

But would it no be an awful sin? Hoots, man, does na the wind whustle on the Sawbath?

Weel, if there's no harm in't I'll do my best.

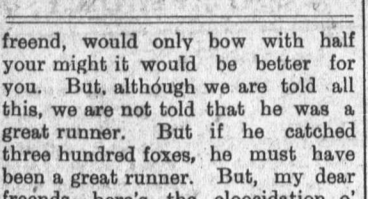
So it was agreed between the two that the first word of exaggeration from the pulpit was to elicit the signal from the desk below.

Next Sunday came; and had the minister only stuck to his sermon he would have had the laugh on Sandy. But it was his habit always before the sermon to read a chapter from the Bible, adding such remarks and explanations as he thought necessary. He generally selected such chapters as contained a number of ticklish points so that his marvelous powers of elocidation might be brought into play. On this occasion he had chosen one describing Samson as catching three hundred foxes, tying them tail to tail, setting fire brands in their midst and starting them among the standing corn of the Philistines. As he closed the discription he shut the book and commenced to elocidate as follows:

"My dear friends, I dare say you have been wondering in your minds how it was possible that Samson could catch three hundred foxes. You or me couldna catch one fox, let alone three hundred—the beasts run so fast. But lo! and behold! here we have one single man all by himself, catching three hundred of them! Now, how did he do it? That's the pint; and at first sight it looks a very ticklish pint; but it's not so ticklish as it looks, my freends; and if you give me your undivided attention for a few minutes, I'll clear away the whole difficulty and make what now seems dark and incomprehensible to your uninstructed minds, as clear as the sun in it's noonday meridian.

"Well, then, we are told in the Scriptures that Samson was the strongest man that ever lived; and, furthermore, we are told in the chapter next after the one we have been reading, that he was a very polite man; for when he was at the house of Dagon he bowed with all his might, and if some of you, my

CASTORIA For Infants and Children. The Kind You Have Always Bought



friend, would only bow with half your might it would be better for you. But, although we are told all this, we are not told that he was a great runner. But if he caught three hundred foxes, he must have been a great runner. But, my dear freends, here's the elocidation o' the matter. Ye'll please bear this in mind, that although we are not told he was the greatest runner, still we're not told he was'na, and, therefore, I contend that we have a perfect right to assume, by all the logic and scientific history, that he was the fastest runner that ever was born; and this was how he caught the three hundred foxes.

"But after we get rid of this difficulty, my freends, another crops up—how in the world did he tie their tails together? We all know that foxes' tails are not long enough for this operation; how, then, was Samson able to tie them all? Ah! that's the question; and it's the most ticklish pint you or me has ever had to elocidate. Common-sense is no good till; no more is Latin, or Greek, or Hebrew either; no more is ligic or moral philosophy; and I've studied them all. But it's a great thing for poor, ignorant folk, like you that there's been great and learned men, like myself ye ken, that instead of going into the kirk, like me, or into pheeisic, like the doctor, or into law, like the lawyer, they have gone travellin' into foreign parts.

"Now, among other places, some of these learned men have travelled into Cannan, some into Palestine, and some few into the Holy Land; and these last-mentioned travellers tell us that in these orientel climes the foxes there are a different breed o' cattle altogether from our foxes—that they're great big beasts; and what's the more astonishing about them, and what helps explain the wonderful feat of Samson, is that they have all got most extraordinary long tails; in fact, these travellers tell us that these foxes' tails are actually forty feet long (Sandy whistles); at the same time I ought to mention that other travellers, and later ones than the ones I've just been speaking about say that this statement is rather an exaggeration on the whole and that their tails are never more than twenty feet long (Sandy whistles.)

"Before I leave this subject altogether, my friends, I may just add that there's been a considerable diversity o' opinion about the length o' these animals' tails, so that the question has come to be regarded as a 'sair pint.' One man ye see says one thing and another another, and I've spent a good lot o' learned research in the matter myself, and after examining one authority and another, and putting one against the other, I have come to the conclusion that these foxes' tails on an average are seldom more than ten feet long! (Sandy whistles.)

"Sandy Macdonald! I'll no toak' another inch off the foxes' tails, even gin ye should whustle every tooth out o' your heid!"—Anon.

Her Secret

Why She Always Looked So Young

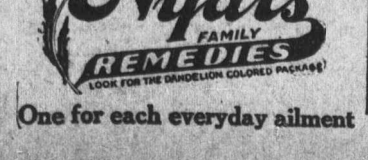
Everyone refers to her as one of the most attractive women in town. It wasn't her features, for while regular they were not unusual. But the charm lay in the head of splendid, vigorous hair that made a veritable crown. It had that peculiar lustre and the sun gave it an added brilliance—you couldn't look at her without unconsciously commenting on the beauty of her hair.

When asked how she kept it so beautiful she replied that it was no secret, simply proper shampooing, regular combing and the conscientious use of Hirsutone. She admitted it had not always been in that condition, but that she found Hirsutone the best thing she ever got for the hair. It gave the scalp such a cool, refreshed feeling, and the hair was so much easier to dress after its use.

There are plenty of heads that would be just as attractive for Hirsutone, soon brings the hair and scalp into good condition.

Your Nyal Drug Store will cheerfully guarantee Hirsutone to do all that is claimed for it, and every woman owes it to herself to try it.

Sold and Guaranteed by WATFORD DRUGGISTS.



One for each everyday ailment

Plants. Plants. Plants.

Planting time will soon be on hand and so will we with our RELIABLE BEDDING AND VEGETABLE PLANTS FOR MAY AND JUNE DELIVERY. Watch for our deliveries and place your orders for some of the plants that grow, from

MONTVIEW GARDENS, ARKONA
OPPOSITE CEMETERY.

PHIL. AUSTIN, Proprietor.

Information can be got at our agents,
N. B. HOWDEN EST., Watford.
A. BEATTIE & CO., Thedford.

Pure Bred Stallions For Sale.

Ten of the choicest and best bred IMPORTED CLYDESDALE STALLIONS from two to six years old ever brought into Canada. Got by the leading sires of Scotland. Correspondence solicited.

CRAWFORD & McLACHLAN,
Thedford and Ailsa Craig, Ontario,
BREEDERS AND IMPORTERS OF PURE BRED CLYDESDALES. 13-3m

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OUR FLOURS:

Ladies' Choice, Silver Leaf and Scotch Thistle.

The Best on the Market. All Tried and Proven.

FEED OF ALL KINDS.

Including a Big Shipment of Corn Just Arrived.

Best Attention Given to Gristing and Chopping
HIGHEST PRICE PAID FOR WHEAT.

Thanks for past favors, and we solicit further orders which will receive our prompt and careful attention.

G. A. DUNLOP, Proprietor.

FROST FENCE

This fence is made in Canada entirely of Canadian products. All the wires are full size true to gauge. Laterals and uprights are all No. 9 Hard Steel, well galvanized stock. Laterals are given a deep and continuous wave for "give and take." These coils or waves serve like a spring keeping the fence tight throughout all seasons and under all conditions. It is used by the principal farmers everywhere. The cost to you is no more than the price of other fence of equal weight. Insist on getting it.

DAVID ROSS, Jr., Warwick

Agent.
110-tf GEO. CHAMBERS, Watford, Sub-Agent.

OUR Furniture Sales

Continue to increase each year and we appreciate the very generous patronage that it has been our pleasure to enjoy during 1910 and during 1911 we shall be in a better position than ever to give you

The Newest...
The Best...
And the Cheapest **FURNITURE**

that the wholesale trade supplies, because we buy in large quantities and receive large discounts which means bigger values for our patrons. We cordially invite you to share in those advantages.

H. A. COOK,

Main St., Watford. Furniture and Undertaking.

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