

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its base is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK, CITY

Carpentier Had Sore Arm When He Disposed Of English Champion

NEW YORK, April 10.—Georges Carpentier knocked out Joe Beckett with a right arm he hadn't been able to use for almost a week, according to Jack Blumenfeld, the British middleweight.

Blumenfeld was one of the seven sparring partners who set out to go through a six weeks' course training the Frenchman for his bout with the British champion.

"I was the only one who was able to stick it out," said Blumenfeld, "more than a week before the

fight, Georges slipped in his training quarters and fell heavily on his right arm. The bones were bruised below the elbow and the muscles were strained. We kept it a secret. The public was not admitted to his quarters, and no one knew when he went into the ring that he had a lame arm," he said.

"This Joe Beckett is one tough bird, believe me. He's not the boob the Americans think he is. When Georges went in and put him away with one punch from his disabled arm, I made up my mind there that no living man can whip him.

"Has he a punch? Well, let me tell you he has. He not a murderer of sparring partners though. He always asks to be told when he's hitting hard. I told him more than once. And he can take a punch. He's awful hard to hit, being very fast and

shifty on his feet, and he never takes the same punch twice. His blows are short and snappy, and they come over with terrific steam.

"Another thing I like about him is the way he trains. He always wants about five or six weeks to get ready for a big fight, and that long grind is no more to him than a dance. He smokes cigarets, eats what he wants to and acts normal. He's not temperamental and never irritable. He studies, too.

"I've sparred with Joe Beckett and Bomby Wells, and I know what kind of a punch they can take. I know also that any man in the world is vulnerable to a punch on the right spot of the jaw. Carpentier knows that spot, and he's clever enough to put a right or left there the first chance he gets. If he gets that chance against Dempsey, he'll win the championship."

PROTECTING HUMAN LIVES

The Ontario Safety League continues to place a large amount of literature in the hands of motorists, school children, industrial workers, and others throughout the Province. In the first three months of 1920 the League has distributed an enormous amount of safety material, including 35,000 industrial safety bulletins; 32,400 school safety bulletins; 8,500 special bulletins; 8,500 traffic bulletins; 2,700 electric railway bulletins; 150,000 motorist's safety book-marks; 10,200 health bulletins; 5,500 news letters; 9,000 safety calendars; 12,000 leaflets to the "new man"; 125,000 gummed seals; 3,000 safety cards and posters.

The League will hold an annual meeting in Toronto, beginning Tuesday, April 13th at the King Edward Hotel.

AIRPLANE ROBBERY ALIBI

CAUSES TALK IN ENGLAND

LONDON.—The Benson Minnesota case of establishment of an apparent alibi in a robbery case by use of an airplane for a swift flight of 100 miles has attracted wide attention in Britain.

The little item arrived in the midst of a crime wave which has been baffling Scotland Yard. The press pounced upon it as a basis of questioning officials.

General Sir Neville Macready announced that the possibilities of certain classes of crime being undertaken by means of aeroplane is receiving attention. He points out that in his report to the home secretary he stated that the police were considering methods of coping with air crimes. The Scotland Yard view is that smuggling will be the chief item under this head and that it may be difficult to cope with it, due to the ease with which the channel may be crossed.

A GOOD MEDICINE FOR SPRING USE

Harsh Purgatives Should be Avoided — Tonic Will Restore Your Energy.

Not exactly sick but not feeling quite well. That is the way thousands of people feel in the spring. It is a sign that the trying indoor life of winter has left its mark upon you. Easily tired, appetite fickle, sometimes headaches and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order, and these symptoms may easily develop into more serious trouble.

Do not dose yourself with purgatives as so many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you that this is true. What you need in the spring is a tonic that will build up the blood and nerve. Dr. Williams' Pink Pills can do this speedily. This medicine enriches the blood, clears the skin, improves the appetite and makes tired, depressed men, women and children bright active and strong. As an example of the value of these pills we give this statement of Mrs. S. McBurnie, Tatamagouche, N.S., who says:—"I have good reason to speak in the highest terms of Dr. Williams' Pink Pills. I was badly run down, failing in weight, and suffering from dizzy spells and weakness. In fact my condition was such that I was hardly able to do my housework. A friend advised me to try Dr. Williams' Pink Pills and after using several boxes there was a noticeable improvement. I continued using the Pills for some time longer and found that I had fully regained my old time health and strength and was able to do my housework without feeling weak and worn out as I did before I began using the pills."

Dr. Williams' Pink Pills can be obtained from any dealer in medicine or by mail at 50c a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.

PAINT LENGTHENS LIFE OF BUILDINGS AND MACHINES

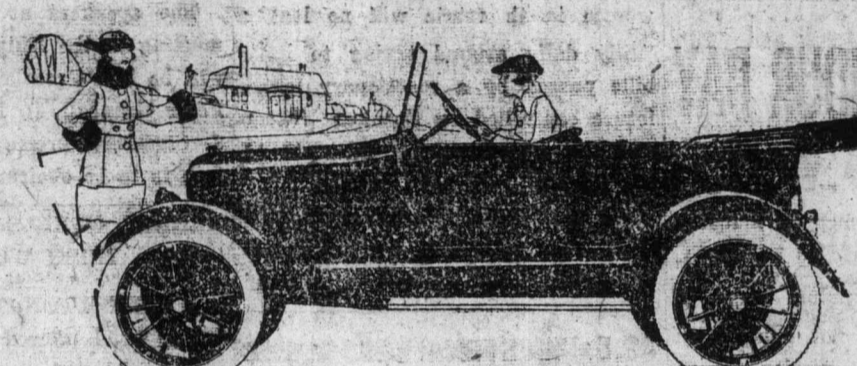
Many an old ship has stood the racket of ocean travel for years mainly on the strength of the tar or paint applied to her sides, but sailors do not wait for the ship's hull to become weather beaten before applying the first coat of paint. Farmers, on the other hand, seem much inclined to let their buildings reach a state of partial decay before making any special effort to safeguard them against the play of wind and water. As a matter of fact, nothing pays better than paint applied immediately after the building is constructed, in lengthening the life of the structure. The same applies to farm machinery parts especially the wooden parts and it will always pay to paint such repairs to machinery wagons, etc., as have to be made before the work season for these articles commences.

Good paint applied to farm buildings and machinery, not only prevents the good management employed in serves them, but calls attention to



THE Triplex Springs of new Overland 4 make possible the first light car with the steadiness of a heavy, long car.

Public appreciation of the new features of Overland 4 is shown in ever-increasing demand for this car. Upkeep cost is low because the Triplex Springs protect the mechanism from the usual road shocks. Light weight creates great economy of fuel and tires.



GILMORE & CO. - 250-4 ST. PAUL STREET St. Catharines. Telephone 826

Head Office and Factories: Willys-Overland Limited, Toronto, Canada
Branches: Toronto, Montreal, Winnipeg and Regina

SANTAL MIDY
CAPSULES
CATARRH OF THE BLADDER relieved in 24 HOURS

JERSEY CREAM
Canada's National Biscuit

McCormick's Jersey Cream Sodas
The soda biscuit is a Canadian institution—it is found on the big majority of Canadian dinner tables.
And of soda biscuits, McCormick's Jersey Cream Sodas are the leaders in Canada.
They have a reputation of sixty-one years' standing. What a test of the value of a food product!
Every one of the hundreds of thousands of Canadians who eat them know that the high quality is consistently maintained.

Sold fresh everywhere. In sealed packages.
Factory at LONDON, Canada. Branches at Montreal, Ottawa, Hamilton, Kingston, Winnipeg, Calgary, Port Arthur, St. John, N.B.

LIFT OFF CORNS!

Freezone is magic! Corns lift off with fingers without pain



Hurt? No, not one bit! Just drop a little Freezone on that touchy corn instantly it stops aching, then you lift that bothersome corn right off. Yes, magic! Costs only a few cents.
Try Freezone! Your druggist sells a tiny bottle, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezone is the mysterious ether discovery of a Cincinnati genius.

The Telephone Situation

What We Get For the Money!

On January 1st this year our total investment in telephone property—buildings, equipment, tools and supplies, plus what it has cost in actual cash to put this working equipment into service—was \$51,458,306. On the same date we had in operation 387,476 telephone instruments.

This means an investment of \$152 for each telephone instrument in service.

What has been provided for this investment of \$152 per telephone?

Here are some of the things:

An exchange telephone system in thousands of cities, towns and villages in Ontario and Quebec with substantial fire-proof buildings, the last word in sanitation and convenience; 96,750 miles of Long Distance wire on 9,500 miles of poles; 587,000 miles of wire in underground cables; many hundreds of miles of wire providing party service to rural communities besides exchange and pole line facilities to give exchange connection to 720 local telephone organizations serving over 103,000 subscribers, mostly farmers.

It takes some 11,600 telephone workers to operate the system and their wages in 1919 totaled \$9,400,000.

This goodly band of faithful workers, with those dependent on them, are a substantial element in the community. They are intimately concerned in its welfare—concerned most of all that the telephone service shall be adequate to its needs. They appreciate, just like the rest of humanity, the kindly co-operation of the public.



The Bell Telephone Company OF CANADA

Specialist
DRIVE EXHAUSTION, LES, ACNE, SKIN, D BLOOD, CONDITION ke yours is of much bene is again feeling well—the shoulders, I give every patented, licensed and registe est possible time.

Specialist
DRIVE EXHAUSTION, LES, ACNE, SKIN, D BLOOD, CONDITION ke yours is of much bene is again feeling well—the shoulders, I give every patented, licensed and registe est possible time.

Specialist
DRIVE EXHAUSTION, LES, ACNE, SKIN, D BLOOD, CONDITION ke yours is of much bene is again feeling well—the shoulders, I give every patented, licensed and registe est possible time.

Office Hours:
Wednesdays and Thursdays and
9 a. m. to 9 p. m.
9 a. m. to 6 p. m.
10 a. m. to

Dr. Ward
Leading and Most Successful Specialist
Buffalo, N. Y.