

CHARCOAL.

How Useful it is to the Health and Beauty.

It is known that charcoal is the most efficient purifier in nature, and of great value when taken internally for the same

reasons that the more it is used the better; it is not only easily absorbed but it also always presents a healthy condition of the intestines and the system.

It restores the breath after a cold or after eating indigestible or poisonous vegetables. It naturally clears and invigorates the system, whitens the complexion, and acts as a natural cathartic.

It is free from any injurious gases, and does not irritate the stomach and bowels, and does not cause catarrh.

It is the most valuable charcoal in one box, and probably the most for the money.

Stuart's Charcoal Lozenges are composed of the finest charcoal, and are combined with the most powerful antiseptics in tablet form, and are the most effective, and the most palatable, with honey.

These lozenges will not only improve general health, but they also improve the breath and purify the system, and the beauty of the face, and can result from their use, but on the contrary.

It is a pleasure in speaking of Stuart's Charcoal Lozenges.

Lozenges to all from gas in stomach and to clear the breath, and I also believe that the benefit of the daily use cost but twenty cents at drug stores, and I sense a patent medicine I get more for my money in Stuart's Charcoal Lozenges in any of the 12 tablets."

For a whole week not a word was seen.

Some young cubs in the woods they are hiding," said with a smile. "And as ready as such fellows I have them all."

He slipped by, another day, and Benny shook his head and said:

"I'm just laughing at us."

"I want to hear them?"

As he took down his rifle, Benny said:

"It has been several days that I'm

A New Cure for RHEUMATISM of which any suffering reader can have A Box Free!

On the theory "that seeing is believing," John A. Smith, of Milwaukee, wants every one to try his remedy for the cure of rheumatism at his expense. For that reason he proposes to distribute 25,000 free boxes among all persons sending him their address. Mr. Smith had suffered all the agony and torture from rheumatism, tried all the remedies known and yet utterly failed to find relief.

At times he was so helpless that he had to take morphine, and after considerable doctoring he gave up in despair. He began studying into the causes of rheumatism and after much experimenting, finally hit upon a combination of drugs which completely cured him. The result was so beneficial to his entire system that he called his new found remedy "Gloria Tonic." Those of his friends, relatives and neighbours suffering from rheumatism were next cured, and Mr. Smith concluded to offer his remedy to the world. But he found the task a difficult one as nearly everybody had tried a hundred or more remedies, and they couldn't be made to believe that there was such a thing as a cure for rheumatism. But an old gentleman from Seguin, Texas, wrote him saying if Mr. Smith would send him a sample he would try it, but as he had suffered forty-one years and wasted a fortune with doctors and advertised remedies, he wouldn't buy anything more, until he knew it was worth something. The sample was sent, he purchased more, and the result was astonishing. He was completely cured. This gave Mr. Smith a new idea, and ever since that time he has been sending out free sample boxes to all who apply. In Prosser, Neb., it cured a lady of 67 who had suffered 52 years. In Fountain City, Wis., it cured Hon. Jacob Sexauer, a gentleman of 70, who suffered for 33 years, and whom seven doctors had called incurable. In Perysburg, Ohio, it cured a gentleman 70 years old. In Marion, Ohio, it cured Mrs. Mina Schott after suffering 13 years, she then cured an old lady 82 years old. In St. Louis, Mo., it cured Mr. F. Faerber, of the Concordia Publishing House. In Philadelphia, Pa., 4521 N. 19th St., it cured Mrs. R. E. Thomas, after suffering from swollen joints and violent sciatic pains; she now enjoys excellent health. In Bennington, Vt., it cured an old man whom the best physicians of Worms and Frankfurth, Germany, called incurable. This old gentleman had walked for 20 years on crutches, both legs having been lame. He can now walk like a young man. Even prominent physicians had to admit that "Gloria Tonic" is a positive success, among them Dr. Quintero of the University of Venezuela, to whom it was recommended by the United States Consul. In thousands of other instances the result has been the same. It cured many cases which defied Hospitals, Drugs, Electricity, and Medical Skill, among them persons over 70 years old. "Gloria Tonic" is put up in tablet form and contains neither alcohol nor acids.

Mr. Smith will send a trial box, also his illustrated book on rheumatism, absolutely free of charge to any reader of The Churchman, for he is anxious that everybody should profit by his good fortune. Mr. Smith's address in full is:

JOHN A. SMITH,
2518 Gloria Bldg., Milwaukee, Wis.

sure that the bears can't run half as fast as I can."

And away he trotted beside Uncle William into the deep woods.

By-and-by Aunt Dorcas heard Benny calling to her. When she looked up there was Uncle William with such a load: the skins of a big black bear and two cubs.

"Uncle got one for each sheep they stole," laughed Benny.

"But I had help about that," said Uncle. "You see the cold nights had made these bears crawl into a big log. There they were sound asleep, when I happened to see their tracks on the leaves outside their house. But I knew at once that, if I tried to get them out, they might get away before I had a chance to shoot them. And if they turned on me before I could pick up my rifle, that might be still worse."

"So I said to Benny: 'If you will take a big stick, and strike hard on the log, the bears won't like it a bit, and I can shoot them as they come out.'"

"And Benny laughed: 'Oh, I know—the hole is so small that they can't all come out at once!' And away he pounded on the log, like some brave little drummer in the army. And when one bear came out, and I shot him, he pounded more slowly, so as not to have the others hurry too fast. So I shall give him the biggest bear skin. I couldn't have done this work without him."

"Oh, I was just a bear 'rapper,'" said Benny. "My stick shook just a little at first, and went rap, rap. But I wanted to help uncle all I could, and so I kept at it."

Benny is a man now, but he still keeps the bear-skin from the great Maine woods. And when any work comes up for him to do, though he may not like it at first, he keeps "rapping" at it—and great victories are won!—Charles N. Sinentt.

LAUGH AND LIVE LONG.

Thackeray truly remarked that the world is for each of us much as we show ourselves to the world. If we face it with a cheery acceptance we find the world fairly full of cheerful people, glad to see us. If we snarl at it and abuse it, we may be sure of abuse in return. The discontented worries of a morose person may very likely shorten his days, and the general justice of nature's arrangement provides that his early departure should entail no long regrets. On the other hand, a man who can laugh keeps his health, and his friends are glad to keep him. To the perfectly healthy laughter comes often. Too commonly, though, as childhood is left behind, the habit fails, and a half smile is the best that visits the thought-lined mouth of the modern man or woman. People become more and more burdened with the accumulations of knowledge and with the weighing responsibilities of life, but they should still spare time to laugh. Let them never forget, moreover, and let it be a medical man's practice to remind them that "a smile sits ever serene upon the face of wisdom."

The Man of the Hour carries an **ELGIN WATCH**

It brings the right man in the right place at the right time.

Every Elgin Watch is fully guaranteed. All jewelers have Elgin Watches. "Timemakers and Timekeepers," an illustrated history of the watch, sent free upon request to **ELGIN NATIONAL WATCH CO., Elgin, Ill.**

A WASHINGTON STORY.

It is about his copy book and his birthday. History says that the copy book is at Mount Vernon now. The story is this:

When George Washington was a little boy and when to school, there was a big snowstorm on February 21st. The boys planned to have a snowball fight the next day. George Washington was to be captain of one side, because it was his birthday. They were going to have the battle right after school. At recess they made piles of snowballs to fire at each other. Oh, they were going to have a grand time. They had to write in their copy books the last thing before school closed. George Washington was thinking so much about the snowball fight his writing was not nice at all. His teacher said: "George, I am surprised. Take this piece of paper, and write that all over again after school."

And George Washington had to stay in on his birthday. The boys got another captain in his place and had the snowball battle, and he wasn't in it.—The Myrtle.

THE MISER'S REVENGE.

In the city of Marseilles there once lived a very old man, who, though he was particularly industrious, yet, by his severe habits of privation and abstinence, came to be looked upon as a very rich miser, and whenever he appeared in the streets he was hooted at and pelted by the populace.

There came a day, however, when the old man died, and this is how, in his will, he heaped coals of fire upon those who had in his lifetime been his persecutors. "Having observed," he said, "from my infancy that the poor of Marseilles are ill-supplied with water, which can only be obtained at a great price, I have cheerfully laboured during my lifetime to procure for them this great blessing; and it is my wish and will that the whole of my property shall be expended in building an aqueduct for their use."

—Finish every day and be done with it. You have done what you could. Some blunders and absurdities, no doubt, crept in; forget them as soon as you can. To-morrow is

a new day; begin it well and serenely, and with too high a spirit to be cumbered with your old nonsense. This day is all that is good and fair. It is too dear, with its hopes and invitations to waste a moment on the yesterdays.

"Is Dr. Chase Your Doctor?"

HAVE YOU LEARNED TO CURE BILIOUSNESS, INDIGESTION AND CONSTIPATION WITH

DR. CHASE'S KIDNEY-LIVER PILLS?

A medicine, like a physician, is selected because of the actual results it is known to bring about. Most people are slow in choosing either physician or medicine until they know of cases in which they have proven successful.

In calling your attention to Dr. Chase's Kidney-Liver Pills it is only necessary to point to their success in the past, for they are known in nearly every home.

By means of their direct and specific action on the liver—causing a healthful flow of bile—they regulate and enliven the action of the bowels and ensure good digestion in the intestines. At the same time they stimulate the kidneys in their work of filtering poisons from the blood.

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It means a restoration of health, strength and comfort where there has been pain, weakness and suffering. It means a removal of the conditions which lead to backache, rheumatism, lumbago, Bright's disease, appendicitis and diabetes.

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Co., Toronto. The portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

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